# **ST. OLAF ALUMNI & FAMILY TRAVEL**



## Dear Travelers,

I am delighted to share that our 2025 Greece tour is an official GO. It's time to start your planning.

#### **FLIGHTS**

Feel free to purchase your flights. We strongly recommend you consider adding flight cancellation insurance to that purchase, and that you also check the details of that coverage. Here are some additional notes:

- The tour starts and ends in Athens.
- You should time your travel to arrive in Athens by mid-afternoon on Friday, September 26. We will start the tour with a welcome meeting around 6 pm, followed by a group dinner.
- Feel free to depart Athens any time on Sunday, October 12.
- If you would like to arrive early or extend your stay, I can request additional nights at the group hotel. I will put this request in to the tour operator during the last week of April, and I will send a reminder to you shortly before then about this option.

You might also find it helpful to look at our **Booking Your Flights** page for some helpful tips.

### PREPARE FOR YOUR ADVENTURE

You'll get the most out of study travel if you research what to do during your free time. This allows you to reap the benefits of group travel, while also customizing the tour to your interests and activity level. Read more about <u>How to Be an Independent Group Traveler</u>.

There are a bunch of other general resources, tips, and suggestions on this page.

It's especially critical that you look at your passport now to confirm that it is valid for at least 6 months after this tour. If it will expire before April 12, 2026, you should start the renewal process now.

#### WHAT TO EXPECT

Finally, start thinking in earnest – if you haven't already – about the activity level required on this tour. As a reminder, movement between cities will be by air-conditioned private motor coach. Movement within each city and at cultural/historic sites will be on foot, requiring a lot of walking and standing, often over uneven ground. You should be capable of walking up to five miles per day over possibly uneven terrain, of climbing stairs that may not have handrails, of climbing in and out of various types of transportation, of keeping pace with an active group of travelers on long days of traveling, of dealing with the emotional highs and lows that can occur when experiencing different cultures, and of traveling with a group for several hours each day.

On most transfers, there will be porters available (at your own cost), but there will be occasions when — because of restricted access, narrow streets, or boarding ferry boats — it may be necessary for you to move/carry your own luggage; traveling lightly is highly recommended. I think this article from AMA Travel out of Alberta, Canada is really helpful. It mentions issues that can affect your stamina that you might not be thinking about (like excess heat) and lays out an easy plan to follow to get ready for being more active than most of us are in our daily routines at home.

As ever, I encourage you to contact me with any questions or concerns.

Best regards,

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