Grade: 6-8
Unit: Swimming
Pacing: 10 days

PLC Question: What do we want all students to know and be able to do?

Grade Level Priority Standards:

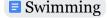
Movement Skills- The physically literate individual demonstrates competency and applies knowledge of a variety of movement skills, movement patterns, concepts, principles, and strategies/tactics as they apply to the learning and performance of physical activities.

Personal/Social Behavior- The physically literate individual exhibits responsible personal and social behavior that respects self and others and recognizes the value of physical activity for challenge, self-expression, and/or social interaction.

Supporting Standards:

Fitness - The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness (jogging up the ballfields).

Learning Targets



Essential Vocabulary

Key Academic Vocabulary:

Rhythmic breathing, Streamline glide, Flutter kick, Swim downhill, Prone, Supine

PLC Question: How will we know when students have learned?

Assessment and Evidence District Essential State Required Supporting Evidence Assessments Assessments 1. Movement Skills Classroom Assessment and 2. Fitness Skills **Evidence:** 3. Personal and Social 1. Daily work Skills 2. Review Questions 3. Checklists and observation

Swimming Skills Proficiency Scales

Swimming

PLC Question: How will teachers facilitate the learning?

Key Curriculum Resources and Instructional Strategies	Supporting Resources and Instructional Strategies
Bobs up and down, practice "humming" or exhaling air while head is under water. Push off side of pool to a streamline glide, flutter kick, underwater pull, 3 strokes out of water.	Proficiency Posters

PLC Question: What will we do when students have not learned?

Interventions	
Tier 3 - Intensive - Small group work with those that are struggling with a proficient swimmer.	Tier 2 - Strategic - Reteach/Review skill cues

PLC Question: What will we do when students have learned?

Enrichment

Delve deeper into strategy

PLC Reflections

How will we increase our instructional competence?

How will we coordinate our efforts as a collaborative team?