#### Creating a zero waste home stay

Program Title: "Zero Waste Homestay: Where Sustainability Meets Comfort"

Program Overview: Experience the future of sustainable living at our Zero Waste Homestay, a pioneering venture that redefines hospitality. More than just a place to stay, it's an opportunity to reduce your ecological footprint while enjoying the comforts of a home away from home.

Location: Nestled in a pristine natural setting, our homestay offers an idyllic backdrop for your eco-conscious getaway. Surrounded by lush greenery, it's a haven for those who seek both tranquility and sustainable living.

## Program Highlights:

Zero Waste Lifestyle: Our homestay is designed around the principles of zero waste living. From composting and recycling to energy efficiency, every aspect of our operation minimizes waste and conserves resources.

Eco-Friendly Accommodation: Stay in thoughtfully designed accommodations that prioritize sustainability without compromising on comfort. Our eco-friendly rooms provide a guilt-free retreat.

Nature Immersion: Immerse yourself in the natural beauty of our surroundings. Explore nearby trails, engage in eco-friendly outdoor activities, and connect with the environment.

Waste Reduction Workshops: Participate in workshops and activities that teach you the art of reducing waste in your daily life. Learn practical tips that you can carry forward.

Community Engagement: Interact with like-minded travelers who share your passion for sustainable living. Exchange ideas, experiences, and inspiration. Local Cuisine: Savor delicious meals prepared with locally sourced, organic ingredients. Our culinary offerings reflect our commitment to sustainable, zero-waste dining.

#### Who Should Join:

- Eco-conscious travelers seeking sustainable and responsible lodging.
- Individuals and families committed to reducing their environmental impact.
- Anyone interested in learning and practicing a zero-waste lifestyle.

How to Get Involved: To be part of our Zero Waste Homestay experience, book your stay with us and immerse yourself in sustainable living. If you're passionate about eco-friendly practices and want to share your knowledge, get in touch to explore volunteer opportunities.

Our Zero Waste Homestay is more than just a place to rest; it's an invitation to be a steward of the environment. Join us in creating a world where sustainable living and comfort coexist harmoniously.

#### **Shifts**

8 am to 9 am breakfast

9 am to 9:15 am - transfer all biodegradable waste in composting unit

9:15 am to 12 am- Collect all dry waste and segregate them in different categories

12 to 1 - Lunch

2 to 3 PM Transfer all biodegradable waste into composting unit. Spread old compost in garden

3 pm to 5 pm : Make bio enzyme, or crafts from waste

Creating a zero waste homestay involves specific rules and regulations to ensure that sustainability goals are met and the property operates in an environmentally responsible manner. Here are rules and regulations for volunteers working in a zero waste homestay:

- 1. Waste Reduction and Segregation:
  - Volunteers must sort waste into designated bins for recycling, composting, and landfill waste.
  - Follow the homestay's guidelines for waste segregation and disposal.

### 2. Responsible Consumption:

 Conserve resources such as water and electricity by following established guidelines.  Use eco-friendly products and materials that align with the zero waste philosophy.

# 3. Composting Practices:

- Learn and implement proper composting techniques for organic waste.
- Understand what can and cannot be composted, and follow composting guidelines.

# 4. Recycling Efforts:

- Familiarize yourself with local recycling regulations and practices.
- Ensure that recyclables are clean and properly sorted.

## 5. Eco-Friendly Meals:

- Assist in meal planning that minimizes food waste and uses locally sourced, sustainable ingredients.
- Learn and practice portion control to reduce food waste.

#### 6. Sustainable Practices:

- Follow sustainable gardening and landscaping practices, including mulching, natural pest control, and water conservation.
- Assist with maintaining a chemical-free environment.

### 7. Waste Auditing:

- Participate in waste audits to track waste generation and identify areas for improvement.
- Collaborate with staff to find innovative ways to reduce waste.

#### 8. Environmental Education:

- Share your knowledge and enthusiasm for zero waste living with guests and other volunteers.
- Conduct workshops or informational sessions on waste reduction.

# 9. Monitoring and Reporting:

- Keep records of waste reduction efforts and report progress to the homestay management.
- Report any issues, malpractices, or non-compliance promptly.
- 10. Safety and Hygiene: Ensure that waste management practices adhere to safety and hygiene standards. Follow safety protocols when handling potentially hazardous waste.
- 11. Community Engagement: Encourage guests and the local community to participate in waste reduction efforts. Promote a culture of sustainability.
- 12. Continuous Learning: Stay updated on zero waste principles, techniques, and trends. Attend training sessions and workshops as offered.
- 13. Collaboration: Collaborate effectively with other volunteers and homestay staff to achieve waste reduction goals.
- 14. Code of Conduct: Adhere to the homestay's code of conduct and sustainability policies. Respect fellow volunteers, guests, and the environment.
- 15. Regulatory Compliance: Ensure that waste management practices comply with local, regional, and national regulations.
- 16. Confidentiality: Maintain confidentiality regarding waste management procedures and sensitive information related to the homestay.
- 17. Sustainability Commitment: Demonstrate a genuine commitment to the homestay's sustainability goals and principles.
- 18. Termination of Volunteer Services: Understand that volunteer services may be terminated if you do not comply with the homestay's rules, policies, or if there are concerns about your conduct or performance.

These rules and regulations should be communicated clearly to all volunteers during their orientation or training. Regular reminders and open communication can help ensure that volunteers understand and adhere to these rules, fostering a sustainable and responsible volunteer environment in the zero waste homestay.