# "Don't worry about your eyes while using a screen from now on"

While a lot of people use their phones, TV, computers, etc.

In today's world, we need to use screens to do anything like working, studying, entertaining, playing video games, etc.

but excessive screen time has a negative impact on our health.

Not just for your eyes but for all your body.

Do you suffer from, eye strain, headaches, blurred vision, or dry eyes?

Or do you go to bed but can't sleep?

This happens to people who use screens a lot without protection. Because of the blue light that comes from screens

But for people who need to spend a lot of time in front of their screen, people who work, or study.

There is a solution for you, all you need is blue light glasses.

## What are blue light glasses?

Blue light glasses, also known as blue light blocking glasses, are specially designed eyewear that can help reduce the amount of blue light that enters your eyes.

By filtering out blue light rays, these glasses can potentially protect your eyes from damage caused by prolonged exposure to screens.

#### What is blue light?

Blue light is part of the visible light spectrum – what the human eye can see.

Vibrating within the 380 to 500 nanometer range, it has the shortest wavelength and highest energy.

About one-third of all visible light is considered blue light.

### Why do I need these glasses?

Research has suggested that excessive exposure to visible blue light also can cause eyestrain.

Up to 69% of computer users report eyestrain, also known as computer vision syndrome.

Blue light glasses help to reduce the amount of blue light that enters your eyes from digital screens.

which can cause eye strain, headaches, and disrupted sleep patterns.

By wearing blue light glasses, you can protect your eyes and improve your overall visual comfort when using digital devices.

With all the blue light glasses in the market, few of them really work.

## Our glasses are the best in the market, why?

Say goodbye to glare and dive right into work (and yes, play) on digital screens wearing these classic round glasses with hand-polished frames.

Digital eye strain is greatly reduced thanks to the brand's proprietary blue-light–filtering technology.

which effectively filters out up to 90% of the highest range of blue light and 50% of all blue light.

Felix Gray's grade A ophthalmic-quality lenses are clear and non-color-distorting with antiglare coating on both sides of each lens.

- 49mm lens width; 21mm bridge width; 140mm temple length
- 100% UV protection(UV radiation, which comes from the sun and other sources, can cause skin and eye damage, among other health issues).
- Adjustable nonslip nose pads
- CR-39 lenses
- Metal
- Made in Italy
- Includes premium microfiber lens-cleaning cloth

With only 110\$ you can wear this modern glasses and go anywhere you want.

You can use them while using a screen and while going outside.

These modern glasses make for a great gift for your loved ones, including kids.

Moreover, these glasses can be a thoughtful gift for your children, allowing them to enjoy their screen time without causing any harm to their health.



NOTE: I didn't find any reviews on this product so I didn't put reviews (this copy is for practicing).