- "28 Days To A Client" -

The Real War Mode Day Plan + Report.

| | Priority Level | Task List For The Day (Set Tasks That Make Progress Towards MY Goals) |
|-------------------------|----------------|---|
| 1. 🔽 | 1 | Morning Routine: Make My Bed Say Good Morning To My Family Shower |
| 2. 🗸 | 1 | Morning Power Up Call |
| 3. 🔽 | 1 | 60 - 90 Minute G Work Session |
| 4. 🗸 | 2 | Have A Great Time With My Family While Fishing |
| 5. 🗸 | 1 | Think About How To Upgrade My Outreach And The Free Value + Improve My Marketing IQ |
| 6. 🗸 | 2 | Walk With Purpose To Relax My Mind After That G Work Session |
| 7. 🔽 | 2 | Eat |
| 8. 🔽 | 3 - | Prepare The Next Day Of War Mode Plan |
| 9. X | 2 | Stretch Routine For Back Injury (3 Times A Day) |
| 10. 🔽 | 2 • | Duolingo Session Read The Bible |
| 11. 🗙 | 2 | Hear Jordan B. Peterson's Podcast |
| 12. X | 3 - | Drink Lots Of Water |
| 13. 🔽 | 3 - | Read 60 Minutes |
| 14. X | 3 - | Meditate 10 - 15 Minutes |
| 15. 🔽 | 3 - | Catch 1 Fish With My Family Tomorrow Minimum :) |
| 16. 7 / X | 3 - | |
| 17. / /X | 3 - | |

| | Priority Level | Task List For The Day (Set Tasks That Make Progress Towards MY Goals) |
|-----------------------|----------------|---|
| 18. <mark>V</mark> /X | 3 - | |
| 19. 🔽/💢 | 3 - | |
| 20. 🔽/💢 | 3 - | |

Day Number: 12

Date: 9/April/2023

<u> Start Of The Day - Time: 9:00 - 23:00 or 8:00 - 23:30</u>

| | 🙏 3 Things That I Am Excited To Have In The Future? 🙏 |
|----|--|
| 1. | Financial Freedom |
| 2. | An Alfa Romeo Car For My Dad And A Mustang GT 500 Shelby For Me |
| 3. | A Big House For My Mom |
| 4. | Trips To My Sister And A Range Rover (But In The Moment She Crashes It I Will Not Buy Another Or Repair It) |



[Track+Measure=Improve]

| \$ Task: | \$ Task = Set The Task That I Intend To Complete This Hour? |
|---------------|--|
| 🔔 Intention: | Intention = What Is My Plan Of Action To Complete This Task For This Hour? |
| / Reflection: | Reflection = Did I Complete This Task For This Hour? If Not, Then Why? |

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!
 - 5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

| \$ 8 am: Task \$ | | |
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| \$ 9 am: Task \$ | | |
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| \$ 10 am: Task \$ | |
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| \$ 11 am: Task \$ | |
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| / Reflection / | |
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| \$ 12 pm: Task \$ | |
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| \$ 1 pm: Task \$ | |
| 🔔 Intention 🔔 | |
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| \$ 2 pm: Task \$ | |
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| \$ 3 pm: Task \$ | | |
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| \$ 4 pm: Task \$ | <u> </u> | |
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| \$ 5 pm: Task \$ | | |
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| \$ 6 pm: Task \$ | | |
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| \$ 7 pm: Task \$ | |
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| \$ 8 pm: Task \$ | |
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| \$ 9 pm: Task \$ | |
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| \$ 10 pm: Task \$ | |
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| \$ 11 pm: Task \$ | | | | |
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| 🔔 Intention 🔔 | | | | |
| / Reflection / | | | | |
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| | End-Of-The-Day Report: | | | |
| | ₩hat Did I Learn Today? | | | |
| I learned what qu promote a produc | lestions I need to ask after starting to write copy and how to take good photos to ct | | | |
| | | | | |
| | | | | |
| | What Do I Plan To Do Differently Tomorrow? | | | |
| Work more | | | | |
| | | | | |
| | wwwWhat Do I Plan To Do The Same Tomorrow? № | | | |
| I plan to keep invo | estigating how to make a better copy and improve my marketing IO | | | |

Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?
Nobody

Drink lots of water, hear Jordan Peterson's podcast, stretch back routine (I did it just once) and

meditate

Brain Dump: I quill start focusing more on my work like I've been doing lately and start playing less with my phone.