

# OWL for 7<sup>th</sup> grade 2024-25 ~ Session Schedule

All classes 4-5:30p at 292 State St, unless otherwise noted

## Mandatory Parent Orientation: September 18th, 6:30-8:00 pm

- Sept 29, 4:00-5:30--Workshop 1: What is Sexuality?
- Oct 6, 4:00-5:30--Workshop 2: Examining Values
- Oct 13, no class, Holiday weekend
- Oct 20, 4:00-5:30--Workshop 3: The Language of Sexuality
- Oct 27 3:00-5:30 Special session--2 workshops:
  - Workshop 4: Anatomy and Physiology
  - Workshop 5: Personal Concerns About Puberty
- Nov 3, 4:00-5:30--Workshop 6: Body Image
- Nov 10, 3:00-5:30--Special session--2 workshops:
  - Workshop 7: Gender Identity
  - Workshop 8: Gender Expression, Roles and Stereotypes
- Nov 17, 4:00-5:30--Workshop 9: Sexual Orientation
- Nov 24, 4:00-5:30--~~Workshop 10: LGBTQ+ Guest Panel~~ 12: Healthy Relationships
- Dec 1 no class, Thanksgiving weekend
- Dec 8, 4:00-5:30--~~Workshop 11: Sexuality and Disability~~ 13: Relationship Skills
- Dec 15, 4:00-5:30--~~Workshop 12: Healthy Relationships~~ 11: Sexuality & Disability
  - (1st OWL Parent Discussion group- optional- concurrent with class)
- Dec 22 no class, holiday break
- Dec 29 no class, holiday break
- Jan 5, 4:00-5:30--~~Workshop 13: Relationship Skills~~ Workshop 14: Sexuality, Social Media, and the Internet
- Jan 12, 4:00-5:30--~~LGBTQ+ Guest Panel~~ Workshop 15: Bullying and Bystander Responsibilities
- Jan 19 no class (MLK Weekend)
- Jan 26, 4:00-5:30--~~Workshop 15: Bullying and Bystander Responsibilities~~ Workshop 16: Redefining Abstinence
- Feb 2, 4:00-5:30--~~Workshop 16: Redefining Abstinence~~ Workshop 17: Lovemaking
- Feb 9, 4:00-5:30--~~Workshop 17: Lovemaking~~ LGBTQ+ Guest Panel
- Feb 16 no class
- Feb 23 no class
- Mar 2, 4:00-5:30--Workshop 18: Consent Education
- Mar 9, 4:00-5:30--Workshop 19: Sexually Transmitted Infections
- Mar 16, 3:00-5:30--Special session, 2 workshops:
  - Workshop 20: Pregnancy, Parenting, and Teenage Parenthood

- Workshop 21: Unintended Pregnancy Options
- Mar 23, 4:00-5:30–Workshop 22: Contraception and Safer Sex
  - (2nd OWL Parent Discussion group- optional- concurrent with class)
- Mar 30 4:00-5:30--Workshop 23: Sexual Decision Making
  
- Apr 6, 4:00-5:30--Workshop 24: Communicating With a Sexual Partner
- Apr 13, 4:00-5:30--Workshop 25: Self-Care, Celebration, Closure (Parents, please join us at 5:00p!)
- Apr 20 no class, Easter
- Apr 27 no class, School Break
  
- May 4, 4:00-5:30--Make Up Date, if needed

Parent Resource! Please check out: [www.plannedparenthood.org/parents](http://www.plannedparenthood.org/parents)