

9. SELECTED ASPECTS OF AFRICAN RELIGIOUS HERITAGE

(a) The African concept of God, Spirits and Ancestors.

1. (a) *Roles of ancestors in Traditional African Society*
 - *Provided protection from diseases and calamities*
 - *They blessed the living with livestock, rain and good health*
 - *Solved problems of the living by instructing them through dreams on what to do*
 - *Punished offenders and were the guardians of morality*
 - *They warned the living of impending danger*
 - *Mediators between the living and God*
 - *Helped people to become specialist*
 - *Ancestors provided people with a sense of identity*
 - *They are guardians of religious and cultural practices of the community*
 - *They received the souls of dead family members into the spiritual world* (Any 7x1=7mks)
- (b) *Occasions why sacrifices were offered in Traditional African Society*
 - *Sacrifices were offered during planting time*
 - *Harvest time*
 - *When an epidemic broke out in the community*
 - *During the birth and naming of children*
 - *When drought and famine occurred*
 - *During initiation*
 - *During marriage*
 - *During funeral or burial /rituals*
 - *When purification ceremonies were conducted*
 - *In time of wars, raids as the community asked for protection and victory* (Any 7x1=7mks)
- (c) *Aspects of Traditional religion which have been integrated into the Christian faith are;-*
 - *The use of vernacular have been adopted in worship in Christian churches*
 - *Traditional music instruments are used in Churches as Christians worship God through songs and dance*
 - *Christian churches perform cleansing rituals*
 - *Some churches are built using the Traditional African architectural designs*
 - *African tunes and melodies have been adopted in Christian songs*
 - *Some aspects of African marriage ceremony area accepted Christian church e.g. dowry , traditional marriage songs*
2.
 - *Unveiling hidden information or mysteries*
 - *Explaining difficult situations.*
 - *Foretelling coming occurrences.*
 - *Interpreting dreams.*
 - *Advising medicine men.*
 - *Combating witchcraft and witches.*
 - *Interpreting the language of the spirits and occurrences like droughts and earthquakes.*
 - *They reveal the hidden information.*
 - *They can also play the role of palmists.*
 - *They act as mediators between God, spirits and the people.*
3. *How people in the traditional African community prevented calamities from befalling them.*
 - *Maintaining good relations with God and the spirit world.*
 - *Strict observance of customs and taboos.*
 - *Educating all children to abide by social norms.*

- *Punishing wrongdoers.*
- *Rewarding the morally upright.*
- *Appeasing God with sacrifices.*
- *Banishing evil people from the society.*
- *Reconciling warring groups.*
- *Compensating the victims of evil.*
- *Treating each other well.*

4. (a) *6 roles of diviners in Traditional African society*

- i) *Predicted future occurrence*
- ii) *They warned against calamities*
- iii) *They advised people on various issues*
- iv) *They interceded on behalf of the community in time of trouble*
- v) *He presided over religious ceremonies in the community*
- vi) *They interpreted messages from the spirits world*
- vii) *He comforted the sick, and the depressed in the community (needy)*
- viii) *He identifies evil spirits causing trouble*
- ix) *He was consulted in case of bareness or impotence*

(b) *4 reasons which made traditional African communities to offer sacrifices*

- i. *To thank God for the good he has done for them e.g. giving rain, children, harvests and health*
- ii. *To ask for Gods forgiveness and mercy incase they had wronged him*
- iii. *To ask for help from God during difficult times e.g. during drought, famine, war and floods*
- iv. *During the making of the covenant e.g. peace covenant, solving clan dispute so that God can be a witness*
- v. *For appeasing the spirit of ancestors*

(c) *6 ways the Traditional Africans used to maintain their relationship with the ancestors*

- i) *Building shrines for the ancestors*
- ii) *Pouring libations to them.*
- iii) *Naming their children after them*
- iv) *Protection of their culture and ancestral land*
- v) *Obeying their wishes and wills revealed to them through dreams*
- vi) *Appeasing them through sacrifices and offerings*
- vii) *Inviting them to take part in celebrating of rituals*
- viii) *Men approaching ancestors for their minor needs*
- ix) *Approaching shrines with respect*

5. a) *7 roles of the Ancestors to the living in Traditional African Communities*

- i. *They are guardians/head of their families as seen when are invited to ceremonies*
- ii. *Encourage, bless and strengthen people during the rite of passage.*
- iii. *They welcome those who die in the spiritual world.*
- iv. *They guard the customs and traditions of families and communities against family and community*
- v. *They convey people wishes to god and vise versa*
- vi. *They protect the community against harmful spirits.*
- vii. *They advice the living members on both religious and sound matters through dreams, etc.*
- viii. *They warn members of the impending danger.*

b) *7 teachings about God from the Traditional African myths of creation.*

- i. *Self existence /self originating self sufficient.*
- ii. *The sole creator*

- iii. *All powerful/omnipotent.*
- iv. *He is good/gives everything good to man.*
- v. *Requires obedience from mom.*
- vi. *He is a protector*
- vii. *He is eternal/ever living/immortal*
- viii. *He punishes evil elders/just God.*
- ix. *God is a spirit /not represented by image /idols.*
- x. *He is the provider of everything/meets man's need*
- xi. *He is supreme.*

6. *a) 6 causes of death in the Traditional African Community*

- i. *Breaking taboos*
- ii. *Being cursed by elders*
- iii. *Breaking an oath*
- iv. *Disrespecting ancestors and spirits*
- v. *Failure to sacrifice to God as required*
- vi. *Witchcraft*
- vii. *Old age*

b) Africans demonstrated their belief that death was not the end of life

- i. *Burying the dead with property*
- ii. *Pouring libation to the dead*
- iii. *Ancestral veneration*
- iv. *Talking to the dead during funeral*
- v. *Inheriting the dead man's wife and bearing children for him*
- vi. *Belief in rebirth or reincarnation of the dead*
- vii. *Seeking advice from the dead*
- viii. *Seeking communication from God through the ancestors*

7. *(a) God punished people in African Traditional Society by:*

- i) *Through famine and drought*
- ii) *Through floods and earth quakes*
- iii) *Locust invasion*
- iv) *Diseases like leprosy*
- v) *Defeat in wars*
- vi) *Animal diseases like rinderpest*

(b) seven traditional African practices which demonstrated their belief in God

- i) *Praying to God*
- ii) *Offering sacrifices*
- iii) *Singing and dancing to God*
- iv) *Building shrines for God*
- v) *Pronouncing blessings and curses in the name of God.*
- vi) *Taking oaths in the name of God*
- vii) *Teaching morals and taboos.*
- viii) *Telling stories of creation*
- ix) *Consulting prophets about Gods will*

(c) five African understanding of evil

- i) *Africans believe God did not create evil*
- ii) *Dead ancestors offended by the living could cause evil*

- iii) *Some communities attribute evil to evil spirits*
- iv) *That magicians cause evil*
- v) *Lack of respect to the elders*
- vi) *Breaking of oaths*
- vii) *Breaking of taboos*

8. *7 ways in which Traditional African Communities demonstrated their respect towards ancestors were:*

- ◆ *By praying through the ancestors to God*
- ◆ *By pouring of libation*
- ◆ *By respecting the ancestors*
- ◆ *By obeying the will/wishes of the ancestors*
- ◆ *By naming children after the ancestors*
- ◆ *By building shrines for the ancestors*
- ◆ *By teaching children about the ancestors*
- ◆ *By making sacrifices to the ancestors*
- ◆ *By protecting land inherited by the ancestors*
- ◆ *By involving their names*
- ◆ *By thanking them after achievements*

9. *a) Ways through which Africans venerated their ancestors*

- i. *Pouring of libations*
- ii. *Consulting them through divines/ medicine men*
- iii. *By invoking their names in prayers*
- iv. *By naming the children after them*
- v. *Inviting them during family ceremonies & rituals*
- vi. *Conducting respective burials for them*
- vii. *By observing the community's traditions & customs*
- viii. *Offering sacrifices to them*
- ix. *Obeying their will*

b) How a Christian can show patriotism during the recent post election chaos

- i. *Preaching unity/ peace*
- ii. *Praying for peace to prevail*
- iii. *Giving material supports to the IDP's*
- iv. *Offering guidance & counseling services to the affected persons*
- v. *By serving as intermediaries in the political conflicts*
- vi. *By not participating in destruction of life and property*
- vii. *Condemning those who take part in fuelling chaos*
- viii. *By reporting those who participate in the chaos*

(b) African moral and cultural values

1. *Ways of acquiring partners for marriage in Traditional African Communities.*

- *In some communities the choice is made by the parents and this may be done even before the children are born.*
- *In some occasions, the boys choose for themselves an attractive girl in either function.*
- *The parents of the boy identify a girl or for their son through an intermediary.*
- *A senior or first wife of the polygamist may choose a wife for her husband.*
- *Widow inheritance is another common marriage practice in African Traditional communities.*
- *In some Traditional African Communities girls are given out to chiefs and kings by their subjects.*

- *There are cases where a debtor gives his wife to a creditor in order to repay a debt.*

2. *African cultural practices that have been integrated in a Christian worship today.*

- *Use of vernacular in worship.*
- *Use of traditional musical instrument such as drums and kayambas.*
- *Use of body movements in worship such as dancing, clapping and jumping.*
- *Shaking of hands and hugging.*
- *Having a communal worship.*
- *Spontaneous prayer.*
- *Performing cleansing rituals.*
- *Adopting African names at baptism.*
- *Building churches using traditional African architectural styles.*
- *Using traditional tunes and melodies in songs.*

3. *Challenges faced by modern families*

- i. *Childlessness which leads to divorce, separation, polygamy or extra-marital affairs*
- ii. *Divorce*
- iii. *Unfaithfulness*
- iv. *Wealth or lack of it*
- v. *Number and sex of children, too few, too many, male or female might make couple to quarrel & fight*
- vi. *Extended families especially in-laws*
- vii. *Widow hood as a result of death*
- viii. *Alcoholism & drug abuse*
- ix. *Role conflicts due to gender equality/ domestic violence*
- x. *Absenteeism/ abandoning of family due to careers or migration to towns*
- xi. *Separation/ careers*
- xii. *HIV/ AIDS/ STD's*
- xiii. *Financial problems/ poverty*
- xiv. *Difficult children/ lack of parental guidance*
- xv. *Generation gap hence misunderstanding between parents and children*
- xvi. *Unemployment/ under employment/ retrenchment*
- xvii. *Lack of communication*
- xviii. *Religious differences*
- xix. *Intermarriages and hence cultural differences*

4. *a) The role of priests in traditional African societies*

- i. *They offered sacrifices on behalf of the community*
- ii. *They counsel people on proper ways of living*
- iii. *They preside over cleansing rituals*
- iv. *They warn the community of the dangers ahead*
- v. *They mediate between people and God*
- vi. *They reconcile various warring parties*
- vii. *They cared for the sacred places*
- viii. *They offer blessings to members*
- ix. *They intercede for the people's needs*
- x. *They guard the community's customs & traditions*

b) Traditional African practices that lower the dignity of women today

- i. *The practice of female circumcision*
- ii. *Polygamy*

- iii. *Early marriages for girls*
- iv. *Wife inheritance*
- v. *Taboos on diet*
- vi. *Wife beating*
- vii. *Ownership of land/ property*

c) *What led to the increased social evils in the society today;*

- i. *Unemployment/ poverty/ idleness*
- ii. *Breakdown of traditional moral values*
- iii. *Leniency in the law – courts*
- iv. *Drug abuse*
- v. *Lack of role models*
- vi. *Negative mass media influence*
- vii. *Education system that does not emphasize on morality*
- viii. *Wide gap between the rich and the poor*
- ix. *Poor distribution of resources*

5. (a) *Role of kinship ties*

- *Gives a feeling of a strong bond towards each other.*
- *It enables people to help and share with others.*
- *It assists people to live peacefully in harmony with one another.*
- *It determines how members relate to one another*
- *It provided security to all concerned.*
- *It regulates marital customs rules and regulations.*
- *It gives an individual a deep sense of belonging.*

(b) *Factors contributing to harmony and mutual responsibilities in A.T.S.*

- *Political ties – power is allocated to ones status measuring individuals families fit in this wider political set up.*
- *Division of labour – Work is divided according to age and gender.*
- *Communal worship – during times of a crisis or happiness.*
- *Leisure activities are integrated with other activities after work.*
- *Rites of passage where the whole community is involved.*
- *Sharing of resources – E.g. among relatives or collectively by members of a given family.*
- *Social norms where people know what is right or wrong*

(c) *How Christians can contribute to conflict resolution.*

- *Upholding the rule of law.*
- *Encouraging/participating in dialogue.*
- *Being role models of peace.*
- *Offer guidance and counseling.*
- *Proper upbringing of children.*
- *Offer prayers.*
- *Funding the cause of conflicts with aim of resolving them.*
- *Encouraging reconciliation*
- *Preaching against tribalism and other social evil.*
- *Choosing honest leaders.*
- *Teaching people the importance of peace.*

6. a) *Changes taking place in property ownership in traditional African Communities*

- i. *Women/ children can now own property*

- ii. *Wealth is no longer determined by number of wives/ children*
- iii. *Introduction of money economy has reduced value of land*
- iv. *Role of elders in sharing property has been eroded*
- v. *Land is individually owned through issuance of title deed*
- vi. *People write wills to show/ decide who should inherit their property*
- vii. *Property can be owned outside ones ancestral home*
- viii. *Land can be sold/ auctioned*

b) Traditional African practices which show that life is sacred

- i. *Greetings which expresses a state of life & prolonged prosperous life*
- ii. *Taking care of the physical body through feeding, protecting it, nurturing and taking medication when sick*
- iii. *Establishing a good relationship with God and the ancestors through worship prayers and veneration*
- iv. *Seeking God's protection all the times especially in times of crisis*
- v. *Taking of ancestral land which links the living and the dead*
- vi. *Taking care of both domestic and wild animals by providing food and protecting nature*
- vii. *Protecting human life including the unborn*
- viii. *Respecting sexual intercourse for married couples only*
- ix. *Obeying the rules and taboos that govern the well being of the community*

c) Challenges facing the rite of initiation today

- i. *Female circumcision is now discouraged by the government*
- ii. *Elaborate ceremonies have been stopped in some communities- do not serve any purpose*
- iii. *The education of the young does not necessary depend on the sponsor (teachers, parents impart knowledge)*
- iv. *Seclusion period has drastically reduced (weeks not months) since the initiates have to go back to school*
- v. *It is no longer a preparation ground for marriage- concerned are too young*

7. *6 ways in which observance of blood kinship is important in Traditional African Communities.*

- i. *It instills virtue like respect humility hospitality.*
- ii. *It regulates behaviour towards each other.*
- iii. *It defines types of punishment.*
- iv. *Regulates marital relationships.*
- v. *It instills team spirit and collective responsibility*
- vi. *It gives a sense of belonging*
- vii. *It defines the role played by each members in community.*
- viii. *It promotes communal work.*

8. *a) 8 moral values acquired during marriage in T.A.S*

- i. *Friendship i.e. couples end up being friends as they share their family duties*
- ii. *Love- couples end up being emotional to each other as they also establish love to other family members*
- iii. *Responsibility – married members take up new duties in a community which calls for their accountability*
- iv. *Respect- married couples are respected because of their status*
- v. *Co-operation- they learn to work with other members in the society*
- vi. *Hard work- they are expected to be dedicated in their work*
- vii. *Patience- they should exercise patience in case of differences in marriages*
- viii. *Honesty- they should handle family resources in a trustworthy way*

- ix. *Self control- they should refrain from quarrels and fights*
- x. *Mutual concern and care- they are required to work for the well being of their partners and other family members*
- xi. *Obedience- they should follow rules and regulations of the community*
- xii. *Generosity- they are expected to assist members of the community when called upon*
- xiii. *Humility- they should humble themselves to their seniors and in laws*
- xiv. *Courage- they should face challenges of marriage with a lot of determination to succeed*

b) Precautions under taken by Africans to ensure that marriage was permanent

- i. *Dowry was paid to seal the marriage*
- ii. *Members of the community were involved in all stages of the marriage*
- iii. *Parents from both sides consulted frequently to ensure that minor problems in marriages are solved in good time before they blow out of proportion*
- iv. *People were allowed to engage in marriage at a mature age especially after initiation*
- v. *Unfaithfulness was heavily punished*
- vi. *There were go betweens who were always handy when problems crop up in marriages*
- vii. *Women were taught by through grand mothers before marriage to be subordinate*

c) Reasons that explain why polygamy is still practiced in our society today

- i. *Parents are assured of security in their old age because of their children*
- ii. *Parents are assured of continuity of their lineage when they die*
- iii. *It enables parents to have many children*
- iv. *It acts as a source of wealth to the family when children get employed*
- v. *In case of death the gap created is easily filled by other partners in marriage*
- vi. *The problem of childlessness is easily contained as other partners can solve the problem*
- vii. *The problem of orphanage is curtailed as the remaining parents take charge of the children*

9. *a) 6 reasons why unmarried people were undermined in African traditional society.*

- *Marriage was compulsory for everyone.*
- *Unmarried was regarded as a child and not a grown up.*
- *Lacked experience in sex, responsibilities and family matters.*
- *Such a person was considered impotent.*
- *Once he died, his place was forgotten.*
- *Seen as a fight against community expansion.*
- *It is parents who were highly valued.*

b) Importance of dowry in Modern Society.

- *It ensures lasting marriage relationships.*
- *It is an appreciation by the bridegroom to the bride's family for the care.*
- *It strengthens the relationship between families.*
- *It compensates the loss of a member.*
- *It seals the covenant between the bridegroom and the bride.*
- *The unites the two families together in celebrations.*
- *It shows the seriousness of the man in the marriage.*

c) Factors affecting traditional African heritage today.

- *Foreign religion e.g Christianity Islamic and Hinduism.*
- *Foreign cultures and values.*
- *Western education.*
- *Money economy.*
- *New forms of employment*

- *Improved infrastructure.*
- *Modern science and technology.*
- *New forms of government systems and policies.*
- *Rural – Urban Migration.*
- *Mass Media*
- *Modern Medicine.*

10. *Seven moral values that couples acquire in marriage*

- Married couples learn to respect one another*
- Married couples learn to be faithful to one another*
- They learn to be hospitable*
- They learn to be hardworking*
- They love one another*
- They learn to be responsible*
- They learn to tolerate one another*
- They learn to be patient to one another*
- Kindness*

11. (a) *The features of African traditional family*

- *Family is headed by the husband or grandfather*
- *It includes the extended family aunts, uncles, nephews, niece e.t.c*
- *Includes the ancestors and the yet to be born*
- *It was polygamous*
- *Family lived in a community*
- *Family members roles were well defined (division of labour)*
- *It was a religious unit*

(b) *Ways in which marriage contribute to social relationship in :-*

- *Creates a new relationship between woman and man*
- *Family relationships extend to include in-laws*
- *Wedding ceremony enhances interaction between the in-laws*
- *Meals shared encourages socialization*
- *Songs and dances during weddings encourage people to open up*
- *Customs on how to relate with one another & with in-laws determine boundaries in social interaction*

(c) *6 challenges to bride wealth*

- *Western influence discourages wealth*
- *It is commercialized*
- *Co-habitation*
- *Poverty makes it difficult to pay bride wealth*
- *Modernity*

12. (a) *Five ways in which one could become a diviner in the Traditional African communities are:-*

- ◆ *Through apprenticeship/learning the art of diviner*
- ◆ *Through inheritance*
- ◆ *Through visions*
- ◆ *Through dreams*
- ◆ *One could be possessed by spirits*

(b) Factors that have contributed to harmony and mutual responsibility in the Traditional African Communities are:

- ◆ *Marriage, two families were involved in the negotiations*
- ◆ *There was sharing of food*
- ◆ *Observations of norms /rules/regulations/laws*
- ◆ *Communal labour/ work was encouraged*
- ◆ *The presence of children that cement marriage*
- ◆ *Certain values/virtues e.g. honesty, hard work were instilled in the individuals*
- ◆ *Common belief in one God/religious beliefs and practices*
- ◆ *Social activities/people come together during initiation /marriage/harvest festivals*
- ◆ *Land was owned communally*
- ◆ *There was belief in common ancestor*
- ◆ *There was celebration of leisure activities*
- ◆ *Observing rites of passages*
- ◆ *Presence of strong kinship ties*
- ◆ *People shared political /economic organization*
- ◆ *There existed proper system of defence*
- ◆ *The widows /orphans /women/strangers were taken care of*
- ◆ *Education of children was based on societal values e.g. hard work*

13. *a) The old people prepare for death in the traditional African communities*

- *Bless their children*
- *Share out his property*
- *Choose is preferred place of burial*
- *Picks a success of among his children*
- *Enumerates what he wants to be after his death*
- *Pays /declares his debts*
- *Beseches the ancestors to accept him*
- *Bids farewell to family/relatives*
- *Reconciles with the parties he had differed with*
- *A fellowship meal is prepared so that he eats with other members*

b) 4 factors that contributed to harmony and mutual responsibility in the traditional African communities

- *division of labour-laziness was condemned*
- *communal ownership of land*
- *religious belief and practices*
- *kinship ties defines relationship with one another*
- *observance of social norms regulates human relationships*
- *communal sharing of material possessions*
- *rites of passage bring people together to celebrate life and show solidarity*
- *leisure activities bring people together*
- *political organizations reflects the need for harmony and mutual responsibility*

c) Six changes that have taken place in the African traditional concept of bride-wealth

- *it has been individualized /it is no longer shared*
- *it has been commercialized /no longer taken as a token of appreciation*
- *its no longer fixed but subject to inflation and bargaining*
- *it is sometimes fixed according too status, education and position of the girl*
- *its paid in cash money not in form of animals in some cases*

- *girls are viewed as an investment sold*
- *it dehumanizes the girl*
- *it has become a manifestation of greed and exploitation*

14. a) *Five ways initiation rites inculcated moral values in Traditional African Community*
- *The initiates were taught self control on matters of sex and therefore were expected to maintain acceptable standards*
 - *They were expected to behave maturely by enduring pain and hardships during initiation and throughout their life*
 - *They were trained to be humble and obedient. They are to show respect to their seniors*
 - *They were trained to be responsible parents and bread winners*
- b) *Five socio- cultural changes that have taken place in Traditional African Community*
- *Mode of dressing has changed*
 - *Some rites of passage have been dropped*
 - *New forms of worship have been introduced i.e. Christian and Islam*
 - *The ancestors are no longer considered part of the family*
 - *People practice family planning and are individualistic*
 - *Land is now owned individually rather than communally*
 - *The aged have been left on their own*
 - *Political systems and forms of government have changed*
 - *There is intermingling of communities due to migration and selling of land*
- c) *Five ways the Kenyan Government is providing African culture*
- *Creating permits to vernacular radio stations*
 - *Establishing of traditional courts*
 - *Organizing of drama and music festival for schools*
 - *Encouraging traditional rites of passage e.g. male circumcision*
 - *Integration – of African heritage in schools curriculum*
 - *Creation of museums at national and provincial levels*
 - *Establishing the ministry of culture and social services*
15. (a) *The elements of change in African traditional understanding of the old age*
- Many old people live in special homes*
 - Some old people end up in streets as beggars*
 - Young people ignore the contribution of old people in their lives*
 - People today prepare for old age in various ways e.g. pension schemes*
 - There are organizations which organize funds for the destitute old.*
- (b) *Changes that have taken place in the traditional African attitude to orphans are;*
- So many orphans' today that people find it difficult to care for them.*
 - Many orphans are mistreated and neglected*
 - Orphans are taken to orphanages*
 - Government gives bursary for the education of the orphans*
 - Many orphans today are a victim of child labour.*