

Board Self Review - Health and Physical Education Curriculum 2021

Comments/Questions

Discussion over physics of motion

Is it getting harder to teach this? Children are less active. Yes there is more resistance from children.

Is PE skills based or game based.

Children are very conscious of their bodies.

The child who enjoys basketball but not reading- how do you get them - use what they have in sport to transfer into other areas of learning.

Interpretation

Specifically address - body shape, bias in social media, TV adverts on body shape.

Resilience learnt in PE can transfer into learning.

This is aligned with mental health - the foundation of the house. Learn the resilience now.

Action

Ensure the information about nutrition for fuel is given, so not calorie cutting.

Make sure differences are not an issue - it is about learning, as in any other learning area.