

Week of 10/23

Israel Gudino



Seniors usually have a hard time dropping their PR by 1:25. After 4 years with the program, most kids simply don't have that much room to improve in one race. Not Israel. He took his running to a new level at TVL finals by dropping his 5k PR to 18:44 and helping our team move up to #4 in the league. Our varsity team has made good progress this season as we are trying to to rebuild a boys team that has been #1 in TVL since 2018. Israel's race yesterday was a big step in that process. Great job Israel, let's roll at Subs! Go Huskies!!!!