

## Resource List

*The following is a list of organizations that provide information, support, and reporting resources for those with personal experiences related to abuse, harassment, and other abuses of power.<sup>1</sup>*

### *Discrimination & Harassment*

- U.S. Equal Employment Opportunity Commission: The EEOC is responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or employee because of the person's race, color, religion, sex (including pregnancy, transgender status, and sexual orientation), national origin, age (40 or older), disability, or genetic information. Most employers with at least 15 employees are covered by EEOC laws (20 employees in age discrimination cases). Most labor unions and employment agencies are also covered. The laws apply to all types of work situations, including hiring, firing, promotions, harassment, training, wages, and benefits. You can look up your nearest EEOC field office [here](#).
- Workplaces Respond to Domestic & Sexual Violence: A National Resource Center . This resource center offers training, tools, and resources to survivors, employers, co-workers and advocates for responding to sexual violence and harassment. You can review their recent publication, "Six Supportive Ways to Address Trauma that Shows Up at Work," [here](#).
- Many states and cities have local enforcement agencies. You can search for your state or city's name along with any of the following terms: "harassment enforcement," "discrimination enforcement," or "civil rights."

### *Sexual Violence*

- RAINN: National Sexual Assault Hotline. 1-800-656-4673.
- National Sexual Violence Resource Center: This center maintains a directory of organizations that lists state and territory sexual assault coalitions, victim/survivor support organizations, and local communities of color sexual assault organizations.

<sup>1</sup> Please note that the listed resources are not explicitly endorsed by The Orangetown Jewish Center and that some of the services described as "confidential" may still be designated as a mandatory reporter who is required by law to report situations of child maltreatment or imminent harm. If you have questions about confidentiality, be sure to ask.

- The Anti-Violence Project: This organization runs a hotline 1-212-714-1124, resource and referral center for LGBTQ+ individuals who have experienced or witnessed violence.

### *Domestic Violence/Intimate Partner Violence*

- Directory of U.S. Jewish Domestic Violence Programs: Jewish Women International (JWI) offers this list of programs available in 16 states plus Washington DC that offer services to support Jewish survivors and families impacted by domestic violence.
- Shalom Task Force: 1-888-883-2323. Shalom offers a confidential domestic abuse hotline; advocates speak Hebrew, Yiddish, English, and Spanish. Hotline hours are Monday/Wednesday from 9am-8pm. Tuesday/Thursday from 9am-10pm, and Friday/Sunday from 9am-12pm.
- National Domestic Violence Hotline: 1-800-799-SAFE (7233) or 1-800-787-3224 (TTY).
- National Domestic Violence Deaf Hotline 1-855-812-1001. The Deaf Hotline has advocates available 24/7 for crisis intervention, education, information, and referrals (contact through phone, email, or live chat).
- The Organization for the Resolution of Agunot: ORA seeks to eliminate abuse from the Jewish divorce process by working within the parameters of Jewish law and civil law to advocate for the timely and unconditional issuance of a *get* (a Jewish legal document that effectuates a divorce between a Jewish couple).

### *LGBTQ*

- Trans Lifeline: 1-877-565-8860. Trans Lifeline connects trans people to the community support and resources needed to survive and thrive.
- LGBTQ+ Support: The Trevor Project: 866-488-7386; TrevorText—text START to 678-678. Provides crisis support to LGBTQ + youth (ages 13-24).
- Jewish Queer Youth Crisis Line: (551) JQY-HOPE (551-579-4673). JQY provides crisis and support resources for Jewish LGBTQ teens, with a special focus on Orthodox, Chasidic, and Sephardic communities.

### *Mental Health*

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255). This free and confidential hotline provides crisis support and resources to people in distress and their loved ones. Calls are answered by local crisis lines whenever possible. Spanish-speakers can call 1-888-628- 9454; Deaf and Hard of Hearing callers can dial 711 then 1-800-8255.
- The Blue Dove Foundation: This foundation works to advance conversations about mental health and substance abuse in the Jewish Community, eradicate shame, and

educate the community. It offers various resources, including financial assistance for treatment, and designs for a variety of programs that can be easily replicated. Includes [a page](#) with lists of national, international, state-by-state, and digital/virtual resources.

- NAMI: National Alliance on Mental Health. NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. The NAMI Helpline can be reached Monday through Friday, 10 a.m. – 10 p.m., ET. 1-800-950-NAMI (6264).

#### *Substance Abuse*

- National Drug Helpline: 1-888-623-3239. This toll-free and confidential hotline is available 24/7.

#### *Child Abuse*

- Childhelp National Child Abuse Hotline: 1-800-422-4453. This hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources.
- State Child Abuse and Neglect Reporting Numbers: This link provides a list of state toll-free numbers and websites for specific agencies designated to receive and investigate reports of suspected child abuse and neglect.

#### *Elder Abuse*

- National Center for Elder Abuse: 1-855-500-3537 (number to report elder abuse). You can access the Eldercare Locator by telephone at 1-800-677-1116 to get connected to services for older adults and their families.