

Getting to Know You

- 1.) What are some examples of “speaking the truth” going well? What are some examples of “speaking the truth” not going well or as planned?
- 2.) What does it mean in our day to be a righteous man or woman? Whom do you consider to be a righteous person, and why?
- 3.) How do we *live out* truth and righteousness well? How might we *act out* truth and righteousness in an unhealthy way? How can we know the difference?

Into the Bible

- 4.) Read Ephesians 6:14. What does it mean to fasten on the belt of truth and put on the breastplate of righteousness? How can we do those things in our daily lives?
- 5.) Read this sampling of Bible verses about righteousness: Philippians 3:9; Galatians 2:21; 2 Corinthians 5:21; 1 John 3:10; and 1 Timothy 6:11. Sometimes righteousness seems to be based on our actions, and at other times it seems to be based solely on God through Christ. What is our role in living righteously?
- 6.) Ephesians 6:14 calls believers to stand firm in truth. In our culture today, in what area do you feel the truth of God is most disputed? How can you stand firm in that area?

Application

- 7.) What percent of your time do you spend hustling for the approval of God versus what percent of your time do you spend confident in God’s love and approval? In what ways are you hustling, and how can you begin to shift toward confidence in God?
- 8.) Is there an area in your life in which you feel God is calling you to submit to His truth and/or to change some of your ways toward His righteousness? How can you do that?
- 9.) Is there anything from the previous weeks that you would like to discuss further or update the group on? Share with your group any progress or positive steps you have taken so they can celebrate with you.