

DEI Book Suggestions

Books

Decolonizing Therapy

By Jennifer Mullan, PsyD

My Grandmother's Hands

By Dr. Resmaa Menakem

Dear Elia: Letters from the Asian American Abyss

By Mimi Khúc

Pleasure Activism

By adrienne maree brown

How to be an Anti-Racist

By Ibram X. Kendi

The Pain We Carry: Healing from Complex PTSD for People of Color

By Natalie Y. Gutierrez, LMFT

Good Sex: Stories, Science, and Strategies for Sexual Liberation

By Candice Nicole Hargons, PhD

Anti-Racist Psychotherapy: Confronting Systemic Racism and Healing

Racial Trauma

By David Archer

The Body is Not an Apology: The Power of Radical Self-Love

By Sonya Renee Taylor

Raising Trans Kids: What to Expect When You Weren't Expecting This

By Rebecca Minor MSW, LICSW

Healing the Soul Wound: Counseling with American Indians and Other

Native Peoples

By Eduardo Duran

Rest as Resistance

By Tricia Hersey

Polysecure: Attachment, Trauma, and Consensual Nonmonogamy

By Jessica Fern

The Out- of-Sync Child: Recognizing and Coping with Sensory Processing
Disorder

By Carol Stock Kranowitz, M.A.

Me and White Supremacy

By Layla Saad