

Resilient Kitchen Videos Summary, Checklists and Links

1. Resilient Kitchen Kit - Possible Items to Stock

(if you have advanced notice - check over these items)

(Remember you know your situation best - prepare in the way that's best for you and the people you live with)

For Drinking Water

- Containers to store Water
 - Collapsible bins
 - Box of gallon ziplock bags
 - 5-gallon food-safe bucket liners
- Sawyer-type Hollow Fiber Membrane Filter
 - Make sure it filters to 0.1 microns ABSOLUTE (no holes larger)
 - Keep written instructions
 - Squeeze bag or bottle for dirty water
 - Syringe or separate squeeze bag or bottle for clean water backwash
- Secondary Pathogen Destruction (Sawyer-type filter does not filter out viruses)
 - Either:
 - Camp stove and fuel (1 pound propane canister boils approx. 10-gallons of tap water - boil for 1 minute if less than 6,500 ft elevation, 3 minutes if living at a higher elevation)
 - UV Sterilizer (like Steri Pen)
 - Clorox (unscented, regular household, 5 to 9%) or backpacking water tablets
 - Dropper for adding Clorox to water (8 drops for 1 gallon)
- Chemical (Activated Carbon) filter
 - For added assurance, look for ones that are NSF/ANSI 53 certified for the chemical you're most concerned about

2. To Do in the 2 days before the storm

(if you have advanced notice)

(Remember you know your situation best - prepare in the way that's best for you and the people you live with)

For Drinking Water

- Stash ample + extra water from your tap for drinking BEFORE the storm hits (while the quality of tap water is still good)
 - Fill ziplock bags and seal
 - Fill other containers you have (clean & sterilize first)
- Fill bathtub with water for washing, toilet flushing and backup drinking water
 - Seal drain with silicone plug or plastic bag duct taped) in case there's a small leak in your drain
- Charge UV sterilization device (such as SteriPen) if you have this

3. To Buy Before the Storm

(if you have advanced notice)

(Remember you know your situation best - prepare in the way that's best for you and the people you live with)

For Drinking Water

- Camp Stove Fuel (1 lb propane canister boils approx 10 gallons of water - CDC recommends 1 gallon drinking water per day per person)
- Activated Carbon Filters (such as Brita) (NSF 53 certified if possible, but any will filter some chemicals)
- Ziplock Gallon Bags (for storing drinking water)
- Fresh Bottle of Clorox (unscented, regular household, 5 to 9%) or backpacking water tablet

4. Helpful Links

It's a good idea to read up on the latest recommendations and **print out any important information** to keep in your Resilient Kitchen Kit in case you don't have cell service after the storm.

For Drinking Water

- [CDC - How to Create an Emergency Water Supply](#)
- [CDC - How to Make Water Safe in an Emergency](#)
- [Ready.gov \(water\)](#)
- [EPA Emergency Disinfection of Drinking Water](#)
- [EPA - Identifying Drinking Water Filters Certified to Reduce PFAS](#)
- Sawyer Filters:
 - [User's Guide for the Mini Water Filtration System](#)
 - [HELPFUL TIPS AND TRICKS - Sawyer Squeeze](#)
- [SteriPen Users Guide](#)
- [NSF/ANSI 53 Carbon Filter Info](#)
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