



<http://jamesmartialartsacademy.com/>

Time Demands, Children's Homework, Work Pressure, Health Concerns... Does This Sound Somewhat Familiar? Does This Sound Somewhat Familiar? Self-Defense in San Diego is not just a physical activity. There are additional components such as emotional and mental. Navigating and confused 11 living your life in San Diego is not always easy. When I first meet a new student, I quickly realize that the daily grinds of life are usually pretty (sorely) clear:

What parents are saying about our program...

“ My nine-year-old daughter has been learning Kosho-Ryu from "Sifu" Darryl James for several years now. Her self-discipline, overall physical conditioning and self-defense knowledge are noticeably stronger as she continues with Darryl's classes. Classes are small and each participant gets Sifu's full attention as they practice the Kosho-Ryu forms and techniques.

The classes are fun and disciplined at the same time. Darryl doesn't let anybody sneak by and move forward unless they're ready. Kosho-Ryu is not just an outstanding physical self-defense system, either... it incorporates philosophy regarding respect for others.

I would recommend the James Kosho-Ryu Academy for adults and kids alike!





<http://jamesmartialartsacademy.com/>

Contact Details

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Google Site: <https://sites.google.com/view/jamesmartialartsacademy>

Google Folder: <https://mgyb.co/s/r1kcZ>

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