

Siloam Springs Track & Field 9th Grade Panther Relays - 2022

March 29, 2022

Meet Director: Chuck Jones, jonesch@gosiloam.com, 479-220-8774

Timer: Jim Yurwitz Starter: Brian Little

Location: 1500 W. Jefferson, on the Middle School campus, on the corner of N Holly and W Jefferson.

From Hwy 412, turn north at the Arvest Bank on N Holly St, then right on W Jefferson.

Schedule:

2:45 pm - Coaches meeting at the benches in the infield

3:00 pm - Athletes check in to field events, warm-up begins

3:30 pm - Field events begin

4:30 pm – 4x800 m relay

5:00 pm – All other running events begin.

Entries: 3 athletes per school for each individual event and one relay team per event. *Siloam Springs* will be entering a JV team, which will not be scored.

Cost is \$75 per gender team (\$150 for both boys and girls) or \$15 per individual athlete.

Checks payable to: SSHS Athletic Dept.

If mailing, to: Shona Simmons, Siloam Springs High School, 700 Progress Ave, Siloam Springs, AR 72761.

Awards: Plaques will be awarded to the first and second-place teams and to the high-point winners. Individuals placing 1st, 2nd, and 3rd will receive medals. *Medals will be awarded as the results become available at a table near the team camps. Athletes will pick these up on their own.*

Team Camps:

Teams will make camp in the grassy area on the north end of the track near the restrooms. Teams may also make camp on the south side of the press box in the bleachers. All teams will need to remain in their team camp area unless they are warming up, competing in an event, or using the restroom. **We will not allow athletes or spectators to stand along the fence near the track.**

Spectators should remain in the bleachers as much as possible.

Concessions will be available for purchase.

Restrooms for athletes are located on the north end of the track near the team camps. Restrooms for spectators are under the bleachers on the north side.

Implement weigh-in will be conducted near the throwing area.

RESULTS will be posted at <u>www.ytiming.net</u> and <u>www.ar.milesplit.com</u>.

INFIELD

The infield will be sectioned off. The west side of the infield will be used for warming up. The east side nearest the starting lines will be used for athletes reporting to the benches and starting lines ONLY.

ABSOLUTELY, no "hanging out" on the infield.

Coaches will be allowed to be on the west side of the infield while their athletes are competing.

Athletes may enter the infield through the opening at the end of the fence near the pole vault/jumping pits.

Athletes will EXIT the track through the finish line gate immediately following the conclusion of EACH of his/her events.

FENCE AROUND TRACK IS OFF-LIMITS to athletes and spectators. No one will be allowed to stand along the fence near the track.

FIELD EVENTS SCHEDULE (3:30 PM)

3 Jumps/3 Throws

Pole Vault - Girls followed by Boys Long Jump - Girls followed by Boys Discus - Girls followed by Boys Shot Put - Boys followed by Girls Triple Jump - Boys followed by Girls High Jump - Boys followed by Girls

TRACK SCHEDULE (Starts at 4:30 PM)

Girls Followed by Boys

4 X 800m Relay

100m / 110m Hurdles

100m

4 X 200m Relay

1600m

4 X 100m Relay

400m

300m Hurdles

800m 200m

4 X 400m Relay