



Personal Information

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CUTTACK
Department
Name: ELECTRICAL DEPARTMENT
Degree Program: DIPLOMA ELECTRICAL
Semester/Year of
Study: FOURTH SEMESTER

Project Title

BEFORE I FEEL THE SOCIETY SOCIETY PROVED ME WRONG SO I TRIED MANY TIMES TO UNDERSTAND THE SOCIETY BUT THAT'S WHY I WANT YO KNOW PHILOSOPHY KNOWLEDGE FOR MY BETTER UNDERSTANDING THEN I SHOULD. ABLE TO HELP PEOPLE WHATEVER THE NEED SHOULD BE ACCORDING TO TIME

Project Overview

ECOR Foundation

16/109 SRA 30, Panachikkal
Near Rajesh Eye Clinic
Cheranallor P.O., Cochin, Kerala
India - 682 034

www.ecorf.org
info@ecorf.org
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**Society proved
me wrong despite
my sincere help
attempts; I
misunderstood
emotions, leading
to failures. This
self-study
dedicates to
worldwide
philosophy—Indi
a first (Bhagavad
Gita's nishkama
karma and
Upanishads'
samatva for
vairagya/detachm
ent from
kama/desires),
Greek-Roman
(Aristotle's
Golden Mean for
courage between**

**fear-recklessness,
Stoic control of
pathos), Western
(Mayer-Salovey
EI for
perception/use/ma
nagement)—to
gain confidence,
stability, and
fluent knowledge.
Now, I can help
people accurately
according to time
and need,
fostering
emotional
harmony in
Odisha society.**

Project

Summary:

Research Question:

Can sequenced philosophy study (Indian first > Greek-Roman > Western) fix my emotional misreads to help society confidently and fluently?

Hypothesis:

Indian philosophy (Gita/Upanishads' vairagya/samatva) builds base resilience against desires; Greek-Roman (Aristotle's Golden Mean, Stoic pathos control) adds reason-emotion balance; Western EI (perception/use/management) creates full fluency for accurate, time-sensitive people aid in Odiha.

Research Background

Indian Philosophy (Priority): Emotions arise from kama (desires); Bhagavad Gita's nishkama karma yoga teaches vairagya (detachment) for anxiety-free action—Krishna guides Arjuna to act without attachment. Upanishads' neti-neti (not this-not that) and samatva (equanimity) build self-awareness via meditation, reducing reactive feelings.



Greek-Roman: Aristotle's Nicomachean Ethics uses Golden

Mean—courage balances fear/recklessness; emotions serve virtue. Roman

Stoics (Epictetus, Seneca) control pathos (passions) by focusing on
internals (dichotomy of control) for rational ethics.

Western: Mayer-Salovey EI model (1990) breaks emotions into
perception, facilitation, understanding, management—enables decisions
without misreads.

Research Gaps: Diploma students lack sequenced, accessible synthesis
linking Indian resilience → Greek balance → Western fluency for real
emotional aid. Long texts overwhelm; no Odisha-focused application for
society help.

Rationale: This project fills gaps via prioritized self-study, testing on
locals for practical emotional harmony—aligns ECOR social science for
community stability.

Methodology

Parameters Chosen: Core texts by priority—Indian (Bhagavad Gita,

Upanishads for vairagya/samatva); Greek-Roman (Aristotle's

Nicomachean Ethics Golden Mean, Epictetus Stoic dichotomy); Western

(Mayer-Salovey EI model).

Data Collection: Free PDFs/YouTube summaries (1hr daily reading).

Track personal emotions via journal (pre/post-reading: anxiety levels, misread examples). Collect feedback from 5 locals weekly during help attempts.

Analysis: Simple reflection + comparison: Did Indian detachment reduce reactive feelings? Greek balance improve decisions? Western EI add fluency? Note success rate in understanding/help (e.g., "Before: 2/5 correct; After: 4/5"). No complex stats—personal growth metrics.

Experiments: Test philosophy application in real conversations for rapid emotional fluency.

Dissemination: Create simple manual sharing insights with Odisha locals.

Timeline:

Phase	Activities	Duration	Milestone/Deliverable
1	Indian philosophy: Read Gita/Upanishads daily; journal vairagya practice	Months 1-3	Base emotional detachment gained; anxiety reduced
2	Greek-Roman: Aristotle Golden Mean + Stoic control; test balance in talks	Months 4-6	Reason-emotion harmony; better decision-making
3	Western EI: Mayer-Salovey model integration; full fluency exercises	Months 7-9	Complete emotional understanding toolkit

4 Apply: Help 5 locals weekly; reflect + create manual

Months 10-12 Proven help success; dissemination manual ready

Project Budget

	Cost Component	Estimated Cost (INR)	Details
Total Cost of the Project:	Books/PDFs/Prints	4,000	Gita/Upanishads (India priority for vairagya), Aristotle/Stoics, EI texts
	Notebook/Journal	800	Durable emotion tracking + pens
	Local Outreach	2,000	Travel/meetings for 5 locals weekly + tea
	Online Courses	1,500	Paid philosophy summaries/apps
	Printing/Stationery	500	Notes/manual drafts
	Contingency	800	Misc travel/printing



Total Estimated Cost: ₹9,600/month approx (Fits small social science project; extra ensures complete Indian foundation for rapid emotional fluency).

Estimated Total

Economic Cost: Total Estimated Cost: ₹9,600 monthly (For nearly 1 year—₹1,15,200 total; funds sustained Indian philosophy prints/journal/outreach for deep emotional fluency in society help).

Justification for Funding

Need for

Funding:

Need for Funding:

Past society rejections from emotional misreads block my help potential; this philosophy project requires ₹9,600 monthly (nearly 1 year total ₹1,15,200) for prints (Gita/Upanishads priority), journal, outreach—resources diploma life lacks.

Breakdown Benefits: Funds buy Indian texts for vairagya base (Months 1-3), Greek-Roman balance (4-6), Western EI fluency (7-9), real tests (10-12)—turning failures into confident aid.

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Alignment with ECOR: Supports social science via emotional harmony in Odisha relationships (dharma via philosophy); creates manual for locals, reducing misreads community-wide.

Why Urgent: Without funding, society help stays misguided. ECOR bridges gap for stable, fluent impact—your investment yields empowered youth aiding per time/need.

Expected Outcomes

Research

Personal Fluency: Mastered Indian vairagya (desire detachment via Gita),

Outcomes:

Greek-Roman balance (Aristotle mean/Stoic control), Western EI—fixing misreads for confident, stable help (journal proof: anxiety down 80%, success up from 2/5 to 5/5 locals).

Practical Tools: Simple manual ("Philosophy Path to Emotional Aid") with sequenced steps, shared free via Odisha WhatsApp/print.

Conservation/Social Impact:

Emotional harmony in relationships (dharma via wisdom); locals apply for reduced conflicts.

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Livelihood Boost: Fluent understanding aids family/work decisions.

Policy/Outreach:

Recommendations for diploma programs: Add philosophy for youth resilience.

Awareness: Blogs/workshops on Indian-first emotional intelligence.

In summary, transforms personal pain into scalable Odisha emotional stability—ECOR's social science win.

Publications and

Conferences:

Peer-Reviewed Publications:

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Research article: "Sequenced Philosophy for Emotional Fluency: Indian-Greek-Western Path" in Odisha philosophy journals or ResearchGate. Detail Gita vairagya results + local tests.

Conference Presentations:

Odisha Philosophy Meet/Indian Science Congress: Present "Fixing Emotional Misreads via Prioritized Wisdom" (Months 10-12). Share manual, journal data.



Workshops and Community Outreach:

2 free sessions for Cuttack locals/students:

**Teach Gita detachment + EI basics for family
harmony. Demo help techniques.**

Digital Dissemination:

**ResearchGate/blog posts: Free manual
download ("Philosophy Aid Guide"). YouTube
summaries (India priority).**



All outputs acknowledge ECOR Foundation funding prominently.

Acknowledgment and Ethical Considerations

Ethical Approval No formal ethics needed—this pure self-study of philosophy texts harms
(if applicable): none, only heals my misreads through wisdom. All follows heart's
dharma; no human/animal tests beyond willing local chats.

Acknowledgment of Funding Agency:

If ECOR graces this with funds, every breath of gratitude exhausts my
words—from Odisha's soil, I bow endlessly. Every page turned, every
local helped, every manual shared shouts "ECOR made this possible!"
Posters, talks, blogs, life itself credits you first—tireless thanks till society
feels your light through my small hands. No end to this debt of honor.

Data Sharing Agreement:

All insights mine to guard; nothing leaves without ECOR's nod. Your
trust, my sacred vault.

No Promises, Only Heart:

Impact? Unknown—like Gita's uncertain fruits. I vow full sweat for
emotional fluency, but success bows to time's will. Judge not results, but

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this tireless try from one who failed before. add some things in the place
of no promise

Acknowledgment I agree to acknowledge ECOR Foundation in all project-related outputs,
of Funding including publications, conference presentations, workshops, manuals,
Agency: posters, and the dissertation. Proper credit will be given to ECOR
Foundation as the funding agency supporting this research. Endless thanks
from Odisha soil.

- **I agree not to share any research data, protocols, or findings**
with external parties without prior written consent from ECOR
Data Sharing Foundation. All data will remain the intellectual property of the
Agreement: project until authorized for dissemination.

References

Name: Shubharajyoti Pradhan
Position: Director of Mint Kart and Spinexy
Reference 1: Contact: 7735211634
Relationship: Personal mentor and supporter for philosophy project
Reference 2:

Additional Documents

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[Attached Bonafide Certificate]

**Bonafide
Certificate:**

BONAFIED HOSTELLER / BOARDER STUDENT DECLARATION CERTIFICATE

For the purpose of availing BOC Scholarship for ST, SC, OBC/ SEBC and Economically Backward Class (EBC) Students

This is to certify that student namely Shri/Kumari/Smt. SURAT PRADHAN S/O/D/O/W/O/C/O

Shri/Smt. Sanjay Kumar Pradhan having Admission/Enrolment no. 231001002148, pursuing DIPLOMA course/branch in ELECTRICAL (course year) during the Academic year 2025-26, is a bonafied student of Rhubananda Orissa School of Engineering (Name of the college/institution). This is to further certify that, Shri/Kumari/Smt. SURAT PRADHAN is a bonafied hosteller/boarder student of this College/Institute. He/ She is admitted/ continuing as a hosteller/boarder w.e.f; 16/08/2025 (Date of Admission to Hostel) and residing Inside/ Out Side campus of this College/Institute.

Surat Pradhan
(Full Signature of student)

16/08/2025
Hostel Superintendent
Gents Hostel
B.O.S.E., Cuttack

Principal
Bhubananda Orissa School of Engineering, Cuttack
(Signature & Seal)

The above-mentioned facts are true as per the College/Institute records and will be produced on demand for verification by any authorized functionary. If any facts are found incorrect or false, Institution will be liable for stringent action under the law including refund of the Scholarship Amount.

Principal
Bhubananda Orissa School of Engineering, Cuttack
(Signature & Seal)



Certificate confirming the project is within the department]

Declaration

Signature: [Subrat pradhan]

Date: [30/12/2025]
