

Athletic Recovery - \$250

A blend of essential vitamins and minerals delivered directly into the bloodstream for rapid absorption and maximum effectiveness. Our unique formulation includes Vitamin C, and a range of B vitamins (B1, B2, B3 as Niacinamide, B5, B6, and B12), each selected for their unique health benefits. This signature premier drip is designed to enhance energy levels, support the immune system, and improve overall well-being.

This IV drip also includes MULTI-AMINO ACID-6 IV Infusion which is specialized blend of essential amino acids delivered directly into the bloodstream for rapid absorption and maximum effectiveness. This formulation includes L-Glutamine, L-Arginine, L-Leucine, L-Ornithine, Glycine, and Taurine, each selected for their unique health benefits. MULTI-AMINO ACID-6 is designed to support muscle recovery, enhance immune function, and improve overall metabolic health.

Benefits: Athletic recovery, lean muscle support, improved stamina.

Who is it Appropriate For? Athletes, gym goers, or anyone experiencing muscle fatigue.

Ingredients:

1. Myers'-PLUS

Magnesium is involved in over 300 biochemical reactions in the body, including energy production, muscle and nerve function, and blood pressure regulation.

It helps relax muscles, supports cardiovascular health, and can alleviate symptoms such as muscle cramps, migraines, and anxiety.

Vitamin C:

- **Function:** A powerful antioxidant, Vitamin C protects cells from oxidative stress, supports immune function, and promotes collagen synthesis.
- **Action:** It enhances the immune response, accelerates wound healing, and helps detoxify the body by neutralizing free radicals.

Vitamin B1 (Thiamine):

- **Function:** Thiamine is crucial for carbohydrate metabolism and energy production, particularly in the brain and nervous system.
- **Action:** It helps convert glucose into energy and supports nerve function, which is essential for mental clarity and reducing fatigue.

Vitamin B2 (Riboflavin):

- **Function:** Riboflavin plays a key role in energy production and the metabolism of fats, drugs, and steroids.

- Action: It supports cellular energy production and acts as an antioxidant, protecting cells from oxidative damage.

Niacinamide (Vitamin B3):

- Function: Niacinamide is essential for DNA repair, energy production, and the metabolism of fats and sugars.
- Action: It supports skin health, reduces inflammation, and helps improve circulation and cholesterol levels.

Vitamin B5 (Dexpanthenol):

- Function: Dexpanthenol is a derivative of Vitamin B5, which is crucial for the synthesis of coenzyme A, necessary for fatty acid metabolism and energy production.
- Action: It supports adrenal function, helps reduce stress, and promotes wound healing.

Vitamin B6 (Pyridoxine):

- Function: Pyridoxine is involved in amino acid metabolism, neurotransmitter synthesis, and the production of hemoglobin.
- Action: It supports brain health, mood regulation, and the production of serotonin, a neurotransmitter that contributes to feelings of well-being.

Vitamin B12 (Hydroxocobalamin):

- Function: Hydroxocobalamin is a form of Vitamin B12 essential for red blood cell production, DNA synthesis, and nervous system function.
- Action: It supports cognitive function, energy production, and the formation of healthy red blood cells, which is vital for preventing anemia and fatigue.

Benefits:

1. Increased Energy Levels: The combination of B vitamins and magnesium helps boost energy levels, making the Myers Cocktail particularly effective for those with chronic fatigue or low energy.
2. Immune System Support: High doses of Vitamin C and B vitamins enhance immune function, helping to protect against infections and support overall health.
3. Improved Mood and Mental Clarity: The B vitamins, especially B1, B6, and B12, support brain health, improve mood, and reduce symptoms of depression and anxiety.
4. Relief from Chronic Conditions: Patients with conditions like migraines, fibromyalgia, and chronic fatigue syndrome often experience symptom relief with the Myers Cocktail.

5. Enhanced Athletic Performance and Recovery: Athletes benefit from faster recovery times, reduced muscle cramps, and improved overall performance.
6. Hydration and Detoxification: The infusion provides hydration and supports the body's natural detoxification processes, helping to flush out toxins and restore nutrient balance.

Who is it Appropriate For?

- Individuals with Chronic Fatigue: Those suffering from persistent fatigue or chronic fatigue syndrome may benefit from the energy-boosting effects of the Myers Cocktail.
- People with Frequent Infections: Individuals prone to frequent infections, such as colds or flu, may use this infusion to support their immune system.
- Patients with Chronic Conditions: The Myers Cocktail may be beneficial for those with conditions like fibromyalgia, migraines, or chronic pain.
- Athletes: Athletes looking to enhance performance, reduce recovery time, or alleviate muscle cramps may find this infusion helpful.
- Those Seeking Overall Wellness: Individuals looking to improve their overall health, boost energy, and support their immune system may opt for the Myers Cocktail as part of their wellness routine.

Side Effects:

- ☐ Mild Discomfort at Injection Site: Some individuals may experience minor discomfort, redness, or swelling at the site of the IV insertion.
- ☐ Flushing or Warmth: Magnesium in the infusion can cause a temporary sensation of warmth or flushing, particularly if administered too quickly.
- ☐ Dizziness or Lightheadedness: Some patients may feel lightheaded or dizzy during or after the infusion, often due to the rapid administration of fluids or a drop in blood pressure.
- ☐ Nausea: A small number of patients may experience mild nausea during or after the infusion.
- ☐ Lowered Blood Pressure: High doses of magnesium can cause a temporary drop in blood pressure, which may lead to lightheadedness or fainting in sensitive individuals.

Contraindications:

- Kidney Disease: Patients with kidney disease or impaired kidney function should avoid the Myers Cocktail, as the infusion contains minerals that may not be adequately processed by compromised kidneys.
- Heart Disease: Individuals with heart disease, particularly those with arrhythmias or heart block, should consult their healthcare provider before receiving the Myers Cocktail due to its magnesium content.

- Allergies to IV Components: Individuals with known allergies to any components of the IV solution should avoid this therapy.
- Pregnancy and Breastfeeding: Pregnant or breastfeeding women should consult with their healthcare provider before receiving a Myers Cocktail infusion, as the safety of high-dose vitamins and minerals in this population is not fully established.
- Severe Asthma: While some asthmatics may benefit from the Myers Cocktail, those with severe asthma should consult with a healthcare provider before undergoing this therapy.

2. Multi-Amino Acid-6

MULTI-AMINO ACID-6 delivers critical amino acids intravenously, bypassing the digestive system and allowing for higher concentrations to be absorbed by the body. The specific ingredients work together to provide several health benefits:

L-Glutamine:

- Function: Supports immune function, gut health, cortisol management and muscle recovery.
- Action: Enhances the body's response to stress, promotes healing, and helps maintain muscle mass.

L-Arginine:

- Function: Essential for nitric oxide production, which supports vascular health and immune function.
- Action: Improves blood flow, supports cardiovascular health, and aids in wound healing.

L-Leucine:

- Function: Crucial for protein synthesis and muscle recovery. Action: Stimulates muscle protein synthesis, aiding in recovery and growth. L-Ornithine: Function: Involved in the urea cycle, helping to detoxify ammonia.
- Action: Supports liver function and reduces fatigue by promoting detoxification.

Glycine:

- Function: Acts as a neurotransmitter and is involved in collagen formation.
- Action: Supports joint health, enhances sleep quality, and aids in detoxification.

Taurine:

- **Function:** Plays a role in bile salt formation, cardiovascular function, and muscle function.
- **Action:** Supports cardiovascular health, regulates electrolytes, and improves exercise performance.

Benefits:

1. **Enhanced Muscle Recovery:** The combination of L-Leucine, L-Glutamine, and L-Ornithine helps speed up muscle recovery, making it ideal for athletes and individuals recovering from illness or injury.
2. **Improved Immune Function:** L-Glutamine and L-Arginine boost the immune system, aiding in faster recovery from infections and stress.
3. **Increased Energy and Reduced Fatigue:** The infusion supports overall energy metabolism, helping to reduce feelings of fatigue and improve physical performance.
4. **Detoxification Support:** L-Ornithine and Glycine assist in the detoxification process, particularly in the liver, promoting overall health and well-being.
5. **Cardiovascular Health:** L-Arginine and Taurine support heart health by improving blood flow and regulating blood pressure.

Who is it Appropriate For?

- **Athletes:** Those looking to enhance performance, speed up recovery, and reduce muscle soreness may benefit from this infusion.
- **Individuals with Fatigue:** People experiencing chronic fatigue or those recovering from illness may find increased energy and reduced recovery time.
- **Patients with Metabolic Stress:** Individuals undergoing metabolic stress, such as from surgery or chronic illness, may benefit from the amino acids provided in this infusion.
- **Overall Wellness Seekers:** Those looking to boost their overall health, support detoxification, and improve immune function.

Side Effects:

- ☐ **Mild Discomfort at Injection Site:** Some individuals may experience minor discomfort, redness, or swelling at the IV site.
- ☐ **Dizziness or Lightheadedness:** Some patients may feel lightheaded or dizzy during or after the infusion, often due to the rapid administration of fluids.
- ☐ **Nausea:** A small number of patients may experience mild nausea during or after the infusion.
- ☐ **Flushing or Warmth:** The infusion may cause a temporary sensation of warmth or flushing, particularly if administered too quickly.

Contraindications:

- **Kidney Disease:** Patients with impaired kidney function should use caution with MULTI-AMINO

- ACID-6, as the infusion contains amino acids that may not be adequately processed in kidney insufficiency. Reducing the frequency of these infusions to allow adequate time for kidney clearance is recommended.
- Heart Disease: Individuals with heart conditions should consult their healthcare provider before receiving this infusion, particularly due to its L-Arginine content. This tends to increase blood flow.
- Allergies to IV Components: Individuals with known allergies to any components of the IV solution should avoid this therapy.
- Pregnancy and Breastfeeding: Pregnant or breastfeeding women should consult with their healthcare provider before receiving MULTI-AMINO ACID-6 infusion.
- Severe Asthma: Patients with severe asthma should consult with a healthcare provider before undergoing this therapy.