EDITING/GENERAL FORMATTING COMMENTS:

1. **Abstract**
    a. Split up into correct sections *(If it is a research article).*
    b. Keywords
    c. **Graphical abstract** *(Should summarize the findings in your research/review)*

https://www.ffhdj.com/index.php/ffhd/article/view/1978/5178

2. **All required sections for the article**
    a. As an overview, please see examples of manuscripts below
        i. Review Article [HERE]
        ii. Research Article [HERE]
    b. Introduction
    c. Methods/Materials *(Research Article only)*
        i. The methods/materials section should be written so that it can be easily reproduced by other scientists. Make sure all methods, materials, and procedures are outlined and mentioned.
    d. Results *(Research Article only)*
    e. Discussion *(Research Article only)*
    f. Conclusion
    g. Include sections after Conclusion: Abbreviations, Author's Contribution, Competing Interests, and Acknowledgment/Funding.
        i. The list of abbreviations should be formatted as Abbreviation: word, Abbreviation 2: word 2, etc.
    h. References
        i. Proper in-text citations
            1. In-text citations for our journal are in the format with [#] where the number corresponds with what is in the reference
            2. Please have all continuous numbers separated with a dash. For example: [3-4]. [7-9].
        ii. Do not use the symbol "&" within the reference section.
            1. Per journal reference rules, symbols such as "&" cannot be used in the reference section and should be written out as "and."
        iii. URLs should be excluded or linked directly with the DOI.
            1. Per journal guidelines, there should not be any links to web addresses unless they can only be considered an internet resource. Online journal articles should use DOI links.
        iv. Please make sure each reference is properly formatted. The submissions page here: https://ffhdj.com/index.php/ffhd/about/submissions shows the proper formats under section "i. References"

            1. **Article within a journal:**

a. Last name First/Middle Initial, Last name First/Middle Initial, Last name First/Middle Initial: Title of article. Journal Year, Volume(Issue): Page Numbers. DOI LINK
EXAMPLE:

b. 1. Mardunts EV, Orengo SF, Bork P: BRCA1 protein products. Nat Genet 1997, 13(5):266-267. https://doi.org/10.1038/ng0796-266

2. **Internet resource/Webpage (Link/URL):**

a. Name of webpage title [Direct Link] Retrieved Date.

EXAMPLE:

b. The Mouse Tumor Biology Database (MTB) [http://tumor.informatics.jax.org/mtbwi/index.do]. Retrieved July 4, 2019.

3. **Double-check your Grammar/English quality**
    a. We offer an English/grammar fixing service
4. **Figures**
    a. Include these within the text of the article.
    b. Mentioned within the results section.
    c. Make sure the quality is good.
    d. Have good color.
        i. Include some color within the figures. This will add some extra depth and visual appeal, increasing the quality of the article.
5. **Tables**
    a. Include these within the text of the article.
    b. Mentioned in text.
    c. Organized correctly.
    d. Includes units.
6. **Author information on the first page**
    a. Include all author's full names (first, last) and corresponding affiliations.
    b. You can see this format in the manuscript example linked in Section 2
7. **General formatting**
    a. Section headers should be bolded.
    b. Readable font in size 12 within text.
8. **Correct use of the term Functional Food, as proposed by the FFC**
    a. The Functional Food Center (FFC) has developed its own definition of 'Functional Foods' and has proposed a 16-step process needed to label a product as a 'Functional Food'. The FFC is actively working to have this definition, labeling, and steps recognized by the FDA. Here, in our most recent article about the subject, you can read about the current definition and the 17 steps required to eventually have a product officially labeled as a

'Functional Food'
https://www.ffhdj.com/index.php/FunctionalFoodScience/article/view/1265

b. As the FFC is the company that publishes all our journals' articles, it is imperative that our articles follow the guidelines and criteria that the FFC sets for 'functional foods'. Make sure any use of the term 'functional food' corresponds with the FFC's standard.

9. References

a. Proper in-text citations
b. In-text citations for our journal are in the format with [#] where the number corresponds with what is in the reference
c. All Authors must be included, up to six names, then use et al..
d. Please have all continuous numbers separated with a dash. For example: [3-4]. [7-9].
e. Do not use the symbol "&" within the reference section.
f. Per journal reference rules, symbols such as "&" cannot be used in the reference section and should be written out as "and."
g. URLs should be excluded or linked directly with the DOI.
h. Per journal guidelines, there should not be any links to web addresses unless they can only be considered an internet resource. Online journal articles should use consistent clickable DOI links.
i. URL's citation text should begin with:
    i. DOI: https://doi.org/
j. Please make sure each reference is properly formatted. The submissions page here: https://ffhdj.com/index.php/ffhd/about/submissions shows the proper formats under section "i. References"

10. Plagiarism/Similarity Report

a. The Functional Food Center/Food Science Publisher takes plagiarism very seriously. We want to strive to make sure all articles being published are original works and that other author's words are not being taken word-for-word and used in new article submissions.
b. All article submissions are now being checked in our official Similarity Checker from iThenticate. After submission, we will send you a PDF copy of your results if needed.
c. Please review the results and make any changes to the copied and pasted *complete sentences/paragraphs* accordingly. You can see the sources where the text was found on the last pages of the document.