

Physical Education Station Rotation Idea Doc

If you have ideas for how to engage students in a teacher-led, online, and offline station or "learning activity" in a blended or online learning mode, please share your ideas below!

Teacher-Led	online	offline
#1 Hook the Group Present a question about health, fitness, or the body and let kids discuss or challenge students to figure out how to do something new or unfamiliar. Pair or group students to discuss & solve Debrief as a small group Follow up with instruction and/or modeling #2 I do, We do, You do with movements and exercises • Explain and model • Run through an example as a group • Practice with a peer group giving each other feedback on form • Continue practice & applying individually Student led group placed in breakout rooms to discuss topic and reach consensus. Then they has to express what was best for their paticular group and what they felt they wanted	"21" On zoom I choose 9 students (participants) to be spotlighted for everyone. YOU control the order that everyone sees. The remaining students (gallery) each choose a participant that she/he thinks will not be eliminated.. On teacher signal, the participants can throw 1,2 or 3 fingers. Starting at player 1, they count off adding their finger total. Once someone lands on the number 21 THEY lose and you remove their spotlight and they become part of the gallery. The gallery & participants will perform 10 Burpees if they chose someone who lost OR 10 jumping jacks if their player remained in the game. Next round people in the gallery can choose the same or a different player. Repeat until only one participant is the winner.	Complete a WAD and capture data (e.g., heart rate) to report in a follow up reflection.

