

ODYSSEY OF ONSLAUGHT

	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. 	 MISSION: Big OODA Loop on your failed client project and ask for advice in the expert channel.  Strategic Steps: Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons. Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic. Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
2. 	 MISSION: Review my year and think about the current progress.  Strategic Steps: Look up short guides from Alex Hormozi, Sabri Suby and TRW. Then review your whole year and current progress in your priorities in life.
3. 	 MISSION: Grappling Training  Strategic Steps: Warm-Up sets with the Big 4, neck, and grips Half Guard Passing and Half Guard Attacks.
4. 	 MISSION: MPU  Strategic Steps: Take notes. Apply the lessons immediately or schedule it for tomorrow
5. 	 MISSION: Copy Analysis  Strategic Steps: Analyze for 15 minutes a successful copy from my Swipe File.

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
	Review your recent copy and apply the lessons from the successful one.
6. ✓/✗	 MISSION: Master Thesis: Start to compare the Hackathon data with the RoundRobin data.  Strategic Steps: Collect and plot the Binary VLE data. Compare the Hackathon data with the RoundRobin data.
7. ✓/✗	 MISSION: Review my work and identify new ideas to test daily  Strategic Steps: Review my day with ODYSSEY OF ONSLAUGHT Look up what you can improve Plan the next day
8. ✓/✗	 MISSION: Do 100 Push-Ups with 1-2-1-2 cadence (pause 1s at the end of the motion, 2s for each motion) daily  Strategic Steps: Do Push-Ups before every task and after you stand up from your chair.
9. ✓/✗	 MISSION:  Strategic Steps:
10. ✓/✗	 MISSION:  Strategic Steps:
11. ✓/✗	 MISSION:  Strategic Steps:
12. ✓/✗	 MISSION:  Strategic Steps:
13. ✓/✗	 MISSION:  Strategic Steps:
14. ✓/✗	 MISSION:

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
	 Strategic Steps:
15. ✓/✗	 MISSION:  Strategic Steps:
16. ✓/✗	 MISSION:  Strategic Steps:
17. ✓/✗	 MISSION:  Strategic Steps:
18. ✓/✗	 MISSION:  Strategic Steps:
19. ✓/✗	 MISSION:  Strategic Steps:
20. ✓/✗	 MISSION:  Strategic Steps:

	July 17 Date of Determination July 17
Date:	27.12.2023

 Igniting Your Flame - Outshine Yesterday's Blaze 
Yesterday's Overall Benchmark Score to Surpass Today = 17/17

	 3 Blessings I Cherish This Morning 
1.	
2.	
3.	

	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	Big OODA Loop on your failed client project and ask for advice in the expert channel.
2.	Grappling Training.
3.	Review my year and think about the current progress.

Hourly Commitments & Reflections

(Design each hour with intention and reflect upon its journey)

Mission 	Mission: What will I do?
Strategy 	Strategy: How will I do it, step-by-step action?
Reflection 	Reflection: Was the mission accomplished? If not, what stopped me?
Score 	Hourly Score: How did this hour measure up to my standards? Good or bad...

5 AM: Mission 🏆	Drink water with salt Spiderman Push-Ups Big OODA Loop on your failed client project and ask for advice in the expert channel.
Strategy 🔍	Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons. Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic. Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
Reflection ✍️	OODA Loop about the client's project.
Score 🏆	Productive 1/1

6 AM: Mission 🏆	Big OODA Loop on your failed client project and ask for advice in the expert channel.
Strategy 🔍	Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons. Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic. Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
Reflection ✍️	OODA Loop about the client's project. ActiveCampaign added timestamps to my tags. Copy Conqueror Show Charlie A. Look up my resources. OODA Looping with Charlie Resources.

Score 🏆	Productive 1/1
---------	----------------

7 AM: Mission 🏆	Big OODA Loop on your failed client project and ask for advice in the expert channel.
Strategy 🔍	Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons. Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic. Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
Reflection 🖋️	OODA Looping with Charlie Resources. Alex Hormozi's Social Media content. Spent too much time on his socials because I didn't set an insight as a goal that I want to achieve. Talk with my brother about OODA Looping. Mobilization. Pushups.
Score 🏆	Productive 1/1

8 AM: Mission 🏆	Big OODA Loop on your failed client project and ask for advice in the expert channel.
Strategy 🔍	Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons. Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic.

	Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
Reflection 	Restructure my files to OODA Loop more often on all kinds of problems. Fill out the questions for the client's situation.
Score 	Productive 1/1

9 AM: Mission 	Big OODA Loop on your failed client project and ask for advice in the expert channel.
Strategy 	Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons. Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic. Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
Reflection 	Research on Top Player Matthew Hussey. Again, I didn't set an insight goal that I want to hit. This way I spend more time than necessary. Get the meat out of the fridge. Pushups.
Score 	Unproductive 1/1

10 AM: Mission 	Big OODA Loop on your failed client project and ask for advice in the expert channel.
Strategy 	Big OODA Loop on your failed client project. Write down all the possible reasons why the project failed. Find the biggest reasons.

	Watch Charlie A. Copy Conqueror show for advice. Ask for advice in the expert channel. Think about all the objections and solutions for your client's lead magnets topic. Take Alex Hormozi's approach from the \$100 M Offer course. See how much your client's approach and your competition's approach covers. If you still think that the context is the biggest and only thing that misses for the lead magnet then write a script for the context video.
Reflection 	Reflection. Write down my insights from the Top Player's Analysis. Fill out the OODA Loop questions for my client's current situation.
Score 	Unproductive 1/1

11 AM: Mission 	lunch 20 min nap
Strategy 	Prepare lunch
Reflection 	Write down my insights from the Top Player's Analysis. Fill out the OODA Loop questions for my client's current situation. ActiveCampaign. Lack of focus, not enough specific goals set to achieve. As a result I switched between tasks.
Score 	Unproductive 1/1

12 PM: Mission 	Master Thesis: Start to compare the Hackathon data with the RoundRobin data.
Strategy 	Collect and plot the Binary VLE data. Compare the Hackathon data with the RoundRobin data.
Reflection 	Prepare lunch. Lunch. Protein Peanut Butter Shake.
Score 	Productive 1/1

1 PM: Mission 🏆	Master Thesis: Start to compare the Hackathon data with the RoundRobin data.
Strategy 🔍	Collect and plot the Binary VLE data. Compare the Hackathon data with the RoundRobin data.
Reflection ✍️	Protein Peanut Butter Shake. Clean dishes. 20 min Nap. Brush teeth.
Score 🏆	Productive 1/1

2 PM: Mission 🏆	Master Thesis: Start to compare the Hackathon data with the RoundRobin data. Review my year and think about the current progress.
Strategy 🔍	Collect and plot the Binary VLE data. Compare the Hackathon data with the RoundRobin data. Look up short guides from Alex Hormozi, Sabri Suby and TRW. Then review your whole year and current progress in your priorities in life.
Reflection ✍️	Brush teeth. Reflection. Save all data into .csv. Plot at least one plot of each EoS in BinaryVLE. OODA Loop Master Thesis Data Analysis. Find the data Hackathon. Organize the data from the Hackathon in the same way as RoundRobin.
Score 🏆	Productive 1/1

3 PM: Mission 🏆	Review my year and think about the current progress.
Strategy 🔍	Look up short guides from Alex Hormozi, Sabri Suby and TRW. Then review your whole year and current progress in your priorities in life.

Reflection 	Organize the data from the Hackathon in the same way as RoundRobin.
Score 	Productive 1/1

4 PM: Mission 	Review my year and think about the current progress. Copy Review. MPU notes. Drive to the Grappling gym.
Strategy 	Look up short guides from Alex Hormozi, Sabri Suby and TRW. Then review your whole year and current progress in your priorities in life.
Reflection 	Copy Analysis. Prepare for Grappling. Drive to gym.
Score 	Productive 1/1

5 PM: Mission 	Grappling.
Strategy 	Warm-Up sets with the Big 4, neck, and grips Half Guard Passing and Half Guard Attacks.
Reflection 	Drive to gym. Grappling.
Score 	Productive 1/1

6 PM: Mission 	Grappling.
Strategy 	Warm-Up sets with the Big 4, neck, and grips Half Guard Passing and Half Guard Attacks.
Reflection 	Grappling.

Score 🏆	Productive 1/1
---------	----------------

7 PM: Mission 🏆	Drive home. Shower. Dinner.
Strategy 🔍	Finish the lead. Orient on your first lead magnet because both copies should have the same persuasion cycle. Do the mini design course and give feedback to your client for the covers. Start with the email marketing tool and segment the audience. Let a non-marketing person read my copy for the lead magnets.
Reflection 🖋️	Grappling. Burpees. Drive home. Dinner.
Score 🏆	Productive 1/1

8 PM: Mission 🏆	Dinner. Protein shake. Prepare the next day.
Strategy 🔍	Finish the lead. Orient on your first lead magnet because both copies should have the same persuasion cycle. Do the mini design course and give feedback to your client for the covers. Start with the email marketing tool and segment the audience. Let a non-marketing person read my copy for the lead magnets.
Reflection 🖋️	Dinner. Protein Shake. Clean dishes. Shower.
Score 🏆	Productive 1/1

9 PM: Mission 🏆	Grappling
Strategy 🔍	New Class topic
Reflection ✍️	Shower. Brush teeth. Ask an Expert for advice in TRW. TRW chats.
Score 🏆	Productive 1/1

10 PM: Mission 🏆	Grappling Prepare to sleep
Strategy 🔍	New Class topic
Reflection ✍️	TRW chats. Client Communication. Review and prepare the next day.
Score 🏆	Productive 1/1

11 PM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

12 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	

Score 🏆	
---------	--



Twilight's Review



Today's Learnings: Wisdom or lessons learned from the day

If you have problems to start with hard tasks, start with very little time frames and build the momentum. Until you become so strong and proud of yourself that you can easily start hard tasks and focus on them for an extended amount of time.

Think of the manual geared car and strong motor metaphor.

Use a words like “(See below.)” as a direct CTA to keep the reader reading and make use of the consistency principle.

Look more often into the resources that TRW has to offer. Plan it as your daily reward. Follow through with your daily reward more consistently.



Victories Celebrated: Accomplishments and successes of the day

Take notes from the Copy Conqueror show with Charlie A. and apply the OODA Loop importance.

OODA Loop my client's project.

Gain massive Marketing IQ with analyzing the Top Player in my niche even deeper.



Stumbles Along the Way: Points of difficulty or mistakes made.

I jumped between tasks during my Top Player Analysis and my OODA Loop.

I didn't set insight goals and time frames in my research of the Top Player.

 Tomorrow's Illuminations: Plan how to improve and progress the next day.

Set a clear reward for the end of the day that you don't waste so much time during the day.

Add more detail to your goals for the G-Session. Rethink the order of the tasks so you finish one after the other.

 Consistencies to Keep: Recognize what worked well and should be repeated.

Work on the most important task first thing in the morning.

OODA Loop more often from now on like you started today.

 Communications: Identifying individuals to connect with.

 Pending Missions: Tasks that remain uncompleted

Review my year and my progress so far.

 Day's Overall Score: A final assessment of the day's productivity

15/18

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)