

Clothing – Men’s and Women’s

- Any lightly/fairly used or new clothing items are acceptable
- Comfortable clothing is always popular.
- Items frequently asked for: sweatpants, sweatshirts, pajamas, t-shirts, gym shorts, tennis shoes, sandals.
- Winter clothes (coats, hat, gloves, boots, scarves, wool socks)
- Only new undergarments accepted (underwear, socks, bras)

Books

- Any books are acceptable. Preferably appropriate content, avoid books about drug and alcohol abuse.
- Magazines

Art utensils

- Colored pencils
- Markers
- Adult coloring books (frequently asked for)
- Drawing pads
- Paints
- Paint brushes
- Any art supplies are appreciated

Journal items

- Notepads
- Journals
- Pens

Puzzles/activity books – things to stay busy!

- Word searches
- Puzzles
- Cross words
- Sudoku

Personal care items (all items must be alcohol free)

- Shampoo
- Conditioner
- Body wash
- Toothbrush
- Toothpaste
- Lotion

- Feminine care products
- Chapstick (requested frequently)
- Vaseline
- Make up remover wipes
- Baby wipes
- Hairbrushes/combs
- Deodorant
- Q tips
- Tissues

Hydration Items

- Power aide
- Gatorade
- Liquid IV
- Plastic water bottles

Snacks

- Relatively healthy (pretzels, crackers, granola bars etc.)
- Items that don't have to be refrigerated
- Low sugar items preferred
- Caffeine free
- Preferably easy to hand out (example: small individual bags of goldfish)
- Only hard candies (jolly ranchers, life savers, weathers)

Blankets

Robes

Shower caps

Book bags

Reading glasses