

Subject: A Note to Future Me: Chronicling My Expectations for the Next Decade 🚀📅

Hey Future Me,

How's your day? Good? Bad? Meh? Did you get this letter by accident while cleaning the house?

Did you forget about this letter? It's possible. I am sure that our memory is going to get worse in 10 years.

Yes, I am writing this letter in 2023! Wow, this sounds like a sci-fi movie or a really bad horror movie! But as I sit here, writing this letter for you, I'm buzzing with excitement and anticipation about what we have achieved in these years.

Working on the Novel Idea 🌟

Did you publish that novel we always talked about? Are you going to? Did you go through a writer's block? I trust you've turned those aspirations into reality or on your way of doing so.

Set the Boundaries 🌈

Do you still set overbearing targets for yourself? Did you learn to set boundaries and ease up on yourself? I hope you have set small goals and achieved each of those milestones you aim to conquer.

Concrete Financial Success

I don't put too much emphasis on money, but who does not want financial success? Have you paid off all the loans and debts? Did you start trading, and visiting beautiful places all around the world? Did you get the job you always wanted to? Are you sitting in a room with a panoramic view, sipping a beverage of your choice? Do you have a command of your finances? I trust you're living comfortably, with room for both financial stability and the occasional indulgence.

Health Is Gold ⏳

Are you still obese like an elephant or started exercising? No, I am not body-shaming you, but I am health-shaming you. I had to suffer a lot because of that. Did you move past it? What did you pick? Dieting is out of the question I think, I cannot stop eating different foods. The only way to become healthy is to do intense exercise. So what did you pick? Yoga sessions, pilates, mindful eating, and a well-balanced lifestyle. Good for you.

Moments to Cherish

Where are you on the relationship status? While chasing aspirations, meeting expectations, and conquering financial heights, I hope you've taken the time to savor life's sweetest moments. Sending waves of encouragement and anticipation,

Aritri Raha

Your Past Self 🚀

