## Lakers

## **Peterborough Minor Lacrosse Association**

Player Code of Conduct

It is the intention of this contract to promote fair play and respect for all participants within the PMLA. All players must sign this contract stating that they will abide by the following principles.

## Players:

- 1. I will respect the rules of the game.
- 2. I will treat opposing players, coaches, and fans with respect at all games, regardless of race, sex, creed, or ability, and I will expect to be treated accordingly.
- 3. I will respect the officials and their decisions. It is unacceptable for players to challenge or dispute the decisions of referees or other officials. That responsibility lies with the Head Coach.
- 4. I will maintain self-control at all times.
- 5. On game day, I will be at the arena one-hour prior to the game or as designated by team officials. Players shall be fully dressed and ready to go at least 15 minutes prior to the game or as determined by team officials.
- 6. On practice day, I will arrive at the arena and be on the floor, as designated by team Officials.
- 7. I will abide by the PMLA Dress Code: PMLA approved clothing to be worn to and from all tournaments and home/away games.
- 8. I will not use foul language towards teammates, coaches, officials or opponents because it will not be tolerated in any forum, including but not limited to arenas, dressing rooms, buses, hotels, or any location in which a player is participating in a team function, or in which a player is clearly identified by his or her clothing or attire to be a player in the PMLA.
- 9. I will not be critical of teammates (under no circumstances), and shall not discuss teammates' abilities except to encourage good team play.
- 10. I will be responsible for my own equipment and will ensure it is complete, safe and in good condition.
- 11. I will participate in every game and practice except for illness, injury or school event.
- 12. I will be representing the Peterborough Minor Lacrosse Association, and shall conduct myself respectfully and professionally at all times.
- 13. I will not use a cell phone or camera in the dressing room for any reason.
- 14. I will leave the dressing room clean after each use. This applies both at home and away games, and at all tournament games in which the player may participate.
- 15. I will not post on any social media site with the intent to initiate, hurt, intimidate or humiliate any player, coach, official or spectator. The posting of negative, demeaning or derogatory comments will not be tolerated. These acts shall be considered harassment and may result in the immediate removal from PMLA. Furthermore, if I see anything of concern from or about an official, another PMLA coach, player or club member on a social media site, I will immediately contact my coach or the PMLA VP of Rep. As a player, I understand that I am accountable for my actions on social media sites.

I realize that if I violate this Code of Conduct I may be subject to disciplinary action that could include one or more, but not limited to the following:

- Verbal warning by Head Coach and/or PMLA Board
- Written Warning
- Game suspension with written documentation of incident kept on file by PMLA Board.
- Player Season suspension
- Player Suspension from all future PMLA Games (Home or Away), Practices and Events

I agree to abide by the PMLA Player Code of Conduct.

Players Name (printed):	Parent/Guardian Signature:	Date:
Players Signature):		
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