# Advice About Trading and Trading Analogies By @TonyStarke

## -Wisdom-

- \* Been doing this since late 1997
- \* So if you don't have a system down
- \* The market will humble you quickly
- \* Make you look stupid in your trades
- \* Then you will second-guess yourself
- \* Then the fear of trade steps in
- \* Then you freeze
- \* Don't trade your setups
- \* Then you get mad at yourself
- \* Tell yourself dam should of taken that one \* It's a psychological game
- \* Messes with your head
- \* Know your rules
- \* Have them drawn out
- \* Know your setups
- \* Systematically trade your plan
- \* Over and Over

# -Fast Blondes, Brunettes and Red Heads-

- \* Well I'm a guy
- \* My approach is different because I've been doing this for so many years I gotta make it entertaining
- \* So I divided events into categories of women
- 1) RED HEADS
- 2) BRUNETTES
- 3) FAST BLONDES
- \* Helps me think better
- \* III share some examples
- \* We just had a few here
- \* REDHEADS and BRUNETTES I use on volume \* Red sticks = REDHEADS
- \* Black sticks = BRUNETTES

#### -Example CTRV-

- \* We went over that chart before but I brought it up as an example
- \* When you see the RED HEADs in control, stay away. Don't try to date her \* She's bad for the pockets
- \* Every time I have dated a REDHEAD I have gotten burned
- \* Cost me in more ways than 1, you can understand that correct?
- \* Awesome, now for me I love BRUNETTES
- \* They are very stable so I married one
- \* 29 years ago

#### -Example SFIX-

- \* Can you see the BRUNETTES come in and date the stock? \* It is called a VVS
- \* Or Elephants in the kiddie pool
- \* Or whale watching
- \* Volume
- \* Viagra
- \* Spike
- \* When the volume takes a blue pill and is ready for action;)
- \* You ever see elephants play in a kiddie pool?
- \* They splash all the water out, same concept
- \* You are looking for that surge of volume to come into a stock to blast it out of a base and make a trend-able trade
- \* BRUNETTES dating it
- \* The more BRUNETTES the better
- \* When the RED HEADS show up, lighten up or sell

#### -More Examples of Redheads and Brunettes-

\* See the changes happening in the VOLUME and PRICE ACTION?

#### -Fast Blonde Trade-

- \* Fast blonde trades are the ones that day traders love \* They are one night stands of quickies
- \* Or maybe go back for sloppy seconds
- \* Those types of stocks double in days
- \* Those fast blondes can ride you hard
- \* If you find a good one yummy
- \* But you need the stamina to stay with her
- \* I'm turning 48
- \* Too much Viagra for me to have to pop to ride that hottie
- \* And if you are inexperienced you don't know how to handle the really hot blondes
- \* I have handled my fair share
- \* I'm usually worn out

- \* And I get a bill to fix the bed we broke
- \* It is when you use to keep up with those fast blondes and really like it
- \* And now you think damn im gonna be even more tired I need a few days with that and probably wont be able to walk after that
- \* If you plan on riding fast blondes, understanding the chart pattern on her is key
- \* I love women, I had to teach myself a different way to look at stocks
- -Brunettes-
- -Red Heads-

# -Tony Starke Swing Trading-

- 1) Methods in the way of momentum trading 3ema over 8ema 2) Medium swinging 8ema over 20sma
- 3) Longer swinging 20sma over 50sma
- 4) Using MACD signal with a better understanding of it
- 5) Understanding the 3-day rule
- 6) Having a Friday rule
- 7) Understanding pivots and working them in as targets
- 8) Understanding overextended stocks rule
- 9) Becoming an investor/swinger with a fundamental foundation (All above rules come after the understanding foundation of volume price analysis BRUNETTES REDHEADS and the FAST BLONDE TRADES)

## 1) Is momentum trading using 3ema over 8ema

- \* This is a shorter term outlook of trading you're looking for a move over days usually sometimes a week or so.
- \* You're looking for the 3ema to cross over the 8ema with a pick up in volume AND hold until it comes back and touches the 8ema.
- \* You use the 3 as your trigger for entry and exit
- \* This is " MOMENTUM TRADING" your capturing burst in the trend.
- \*It's swinging the momentum burst.
- \*Makes you a shorter term trader but still not a day trader

## 2) 8ema with 20sma is a medium-term trade

\* You're looking for a move over the 8ema and as long as the 8ema is over the 20sma your long. \* This is the method I like using personally. I'm usually taking some off on the violation. And if it blows through the 20sma I'm usually out and looking for it to tap the 50sma.

## 3) 20 over 50 is a longer approach

- \* usually, you're giving back a lot of gains on a stock that you might have been able to take some off because you used the 8ema
- \* 8ema is a good indicator of a strong trend means really good institutional support,

\* Staying above the 20sma shows institutions have been buying.

### 4) Using the MACD and understanding it

- \* It's an oscillator in effect so there are extremes to it
- \* Being close to zero and above good,
- \*Being way above 0 in the range and triggering most likely will lead to a bull trap and get you.
- \* Your playing it as faster moving average over slower within its range. So don't let it trigger you into a trade on the upper extreme of its range.
- \* 0 is closer to bring the neutral trigger.

#### 5) Understanding the 3-day rule

\* If you are buying right the stock it should prove itself within 3 days if not cut it and move on.

### 6) Friday rule

- \* If you bought a stock earlier in the week and it hasn't proved itself by Friday and isn't positive cut the position.
- \* Holding a losing trade over the weekend messes up your weekend and time with the family.
- \* You will have a miserable weekend and make worse decisions going forward. \* Better to start the week with a clean slate.

# -Good people to follow on Twitter-

- 1) @Scelliot81 Scott Elliot
- 2) @ACInvestorBlog Antonio Costa
- 3) @StockConsultant Dan Chapman
- 4) @IncredibleTrade Mr. Incredible
- 5) @kkernttb Traders Toolbox
- 6) @HCPG HCPG
- 7) @letsinvestnow RxTrader
- 8) @szaman NYC Trader
- 9) @OptionsHawk Joe Kunkle
- 10) @OptionsTL TraderLion Options
- 11) @duckman1717 Andrew
- 12) @Scot1andT Scot1and
- 13) @AnthonyMaceroni Anthony Maceroni 14) @TraderLionChat Trader Lion
- 15) @traderstewie Trader Stewie
- 16) @PatrickWalker56 Patrick Walker
- 17) @ZorTrades Frank Zorrilla
- 18) @ModDarvasBox Modified Darvis Box 19) @cfromhertz Christian Fromhertz
- 20) @TLMTrader TLM Trader

21) @TCMLLO - JT

# -Scanner-