



'Aiea Elementary School
Jr Na Ali'i

May 2021 Edition

Parent Newsletter

'Aiea Elementary School
99-370 Moanalua Rd.
'Aiea, HI 96701
(808) 305-4400

Vision:

"Where Dreams Begin"

Mission:

Together, the 'Aiea
Elementary School
'Ohana will work towards:

- * Academic Achievement
- * Resiliency
- * A safe & nurturing environment
- * Positive Relationships
- * Health & Well-Being

AES Values:

- *Take Care of Yourself
- *Take Care of Others
- *Take Care of this Place

Quote of the Month:

"Now is no time to think
of what you do not have.
Think of what you can
do with what there is."

-Ernest Hemingway

Message from Administration:

Aloha e Jr Na Ali'i 'Ohana,

We have welcomed all grade levels back to campus and it has been exciting to see them back! We have missed seeing our students on a daily basis. Your role in helping us follow all of the safety protocols has allowed us to remain open in the fourth quarter! We will continue to keep you updated as changes are made based on guidance from the CDC, DOE, and DOH.



Continue to check our website for the most up-to-date information and calendar of events at www.aieael.k12.hi.us.

SCHOOL-WIDE Announcements:

New DOH guidance:

New guidance is coming directly from the DOH Epidemiologist-Dr. Kemble. The guidance is siblings/household members will be sent home for a student that is sick with COVID-like symptoms. This includes siblings/household members that attend other Hawaii DOE schools. Parents and/or guardians for the sick student and household members will be contacted to pick up students. This guidance also applies to students that are reported absent for the day due to COVID like symptoms. The sick student and siblings/household family members should remain at home until that sick student is cleared by 1 of the 3 pathways- clearance from a medical provider, Negative COVID test, or 10 days home. If you have any questions, please contact our office at 305-4400.



Child & Family Services: Hale O Ulu Tutoring :

Child & Family Service (CFS) is offering tutoring to assist youth in small groups with engaging in school and catching up with their academics. They are currently open with limited enrollment for up to 8 students per day, grades 6 through 12, for a maximum of 3 hours per day. Hours available are Monday to Friday (8-11am or 11:30am-2:30pm). For more information about their program please call (808) 543-8443.

Summers at the Y:

This summer, the YMCA will get your kids back to thriving with safe experiences that build confidence, self-discovery, leadership, social and critical thinking skills that support their well-being, academic growth and give them back a sense of community that will last beyond summer. They are offering an extensive selection of summer program options from day to overnight camps and swim lessons to family camp weekend getaways. Their summer programs will continue to meet CDC safety guidelines to help keep everyone safe.

Campus Happenings:

* 4/5-4/27: SBA testing
(gr 3-6)

NO SCHOOL:

* 4/2: Good Friday
* 4/9: Teacher
Planning Day

Office Hours:

M-F 7:30am-4pm

Closed on Holidays

Phone: 305-4400

Fax: 483-7201

Preschool and Kindergarten Registration:

Free Preschool and Kindergarten registration has begun!!

EOEL Preschool enrollment birthdays for SY 2021-2022 are August 1, 2016 thru July 31, 2017. For more information and an application form, please visit earlylearning.hawaii.gov, under EOEL Public Pre-K Program. If you have any questions please call the EOEL office at 784-5350 or call the school office at 305-4400 for assistance or to make an appointment.

AES Kindergarten enrollment birthdays for SY 2021-2022 are August 2015 thru July 2016. For more information and required documents please visit the Hawaii Department of Education website, <https://www.hawaiipublicschools.org>, under parents and students, enrolling in school. Please call the school office at 305-4400 for assistance or to make an appointment.

Health and Safety: COVID symptoms:

We will continue to be following safety protocols. We will contact you immediately if your child has the following symptoms:

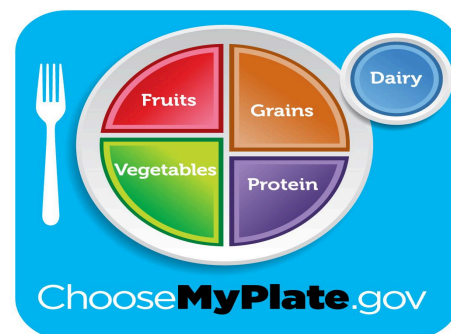
- Fever at 100 or more
- Chills
- Coughing
- Sore throat
- nasal congestion/runny nose
- loss of taste or smell
- headache
- unusual fatigue
- shortness of breath/difficulty breathing

If any of these symptoms are present without a prior medical clearance, your child will be sent home immediately.

Grab and Go Meal Services:

'Aiea Elementary School continues to participate in the Seamless Summer Option (SSO) meal program. All child(ren) 18 years and younger in the community will be served meals at no charge. This program will run until the end of the school year. Meals will be served once a day: a hot lunch for that day. Meal service will be distributed at the following times: 11:00 am to 11:30 am; excluding waiver days, school holidays, and breaks where meal service will not be available. There are some minor changes to our grab and go meal services.

We will continue to be providing lunch services for our students and children in our community. We will not be serving breakfast. Breakfast will only be given to students who are on campus. Grab and go breakfast will be served during the lunch time service upon request only. Please visit our website for our March meal menus.



Breakfast and Lunch Menu

Here are the May menus for [Breakfast](#), [Breakfast to Go](#) and [Lunch](#).



Box Tops for Education: Aiea Elementary School is a participant in the Box Tops for Education program. Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online. For more information, visit the [Box Tops for Education website: https://www.boxtops4education.com](http://www.boxtops4education.com).

IMPORTANT REMINDERS:

During the COVID-19 pandemic, we are finding many students do not have updated contact information or mailing addresses. For the safety of your child as well as the dissemination of information, it's imperative that parents/guardians keep the school updated whenever phone numbers, addresses, or guardianship has changed. Please inform our school as soon as a change has been made.

***CONTACT INFORMATION** such as telephone numbers, addresses and emergency contacts are the parents/guardians responsibility to update. Inform the school office of all changes. This is important for attendance, safe to school and home procedures, as well as in emergencies on school campus.

***LEGAL DOCUMENTS** such as guardianship and power of attorney papers are the parents/guardians responsibility to update. Keep the school office informed of any changes and submit current copies of legal documents. This is especially important for children that move out of state or transfer to another Hawaii Department of Education (HIDOE) school.

***TRANSFERRING CHILDREN OUT OF SCHOOL:** parents/guardians please notify the office at least 2 weeks before the child's last attended day. The office will provide a release packet for the next school. The release packet may take 3 - 5 days to complete. The release packet is required when transferring to another HDOE school or will help with registering at a private school or an out-of-state school.

Choose Love Corner:

Below is the April calendar of Choose Love events you can do with your families! Please join us in supporting this new program. You can find out more information by visiting:

www.chooselovemovement.org.

choose loveTM movement **MAY 2021**

Happy Teacher Appreciation! And a Happy Mindful May! This month take the time to pause, breathe and really take in what's all around you and take some time to look within yourself. Being more mindful can help your well-being in all areas of life – how you feel, how you eat, how you think and how you deal with relationships. Get in touch with your feelings! Get a little more happy and a little less worry! And keep on Choosing Love!

SUN	MON	TUE	WED	THU	FRI	SAT
						1 IT'S GONNA BE MAY!
2 APRIL SHOWERS BRING MAY FLOWERS! BE A FLOWER SPY AND LOG ALL THE FLOWERS YOU FIND IN A NOTEBOOK	3 TEACHER APPRECIATION WEEK! THANK A TEACHER FOR SOMETHING NICE THEY DO.	4 TEACHERS, MAY THE FOURTH BE WITH YOU.	5 WRITE A POEM ABOUT TEACHERS. WHAT THEY TEACH YOU. A SPECIAL MEMORY... SOMETHING FUN.	6 GIVE YOUR TEACHERS A SPA DAY. ASSIST WITH TASKS. GIVE FIVE MINUTES OF CALM AND QUIET.	7 DRAW A PICTURE OF A FLOWER AND GIVE IT TO A SPECIAL TEACHER!	8 BEING KIND MAKES YOU HAPPY.
9 MOTHER'S DAY. CREATE "I LOVE YOU BECAUSE..." POSTER.	10 WHAT ARE 5 THINGS YOU CAN SEE? CLOCK, BOOK, POSTER...	11 WHAT ARE 4 THINGS YOU CAN FEEL? DESK, ERASER, YOUR HAND...	12 WHAT ARE 3 THINGS YOU CAN HEAR? BIRDS CHIRPING, HEAT OR A/C, WIND...	13 WHAT ARE 2 THINGS YOU CAN SMELL? FOOD, SOAP ON YOUR HAND, FRESH AIR.	14 WHAT IS 1 THING YOU CAN TASTE? MINT, TOOTHPASTE, LUNCHE.	15 DO SOME BIRD WATCHING TODAY. WATCH. LISTEN.
GROUNDING MEDITATION - TAKE A MINUTE TO DO THESE FIVE THINGS EACH DAY						
16 WHAT ARE YOU GRATEFUL FOR TODAY?	17 MINDFUL MONDAY. TAKE A MOMENT TO BE FULLY PRESENT. LOOK WITHIN.	18 TAKE A COMPASSION BREATH	19 WHY IS MINDFULNESS IMPORTANT? GET TUNED IN TO YOUR FEELINGS.	20 BE MINDFUL OF THINGS YOU LIKE ABOUT YOURSELF AND THE WAY YOU LOOK.	21 WHAT ARE SIMPLE THINGS IN YOUR LIFE THAT YOU TAKE FOR GRANTED?	22 BE MINDFUL OF YOUR SELF-TALK. SAY NICE THINGS ABOUT YOURSELF.
TAKE TIME TO BE MINDFUL						
23 WHAT ARE THREE THINGS THAT MAKE YOU FEEL GOOD?	24 MEDITATE "EVEN THOUGH I FEEL (ANXIETY, WORRIES, STRESS), I ACCEPT HOW I FEEL"	25 TRY THE KARATE CHOP. TAP YOUR FINGERS ON THE OUTER EDGE OF YOUR OTHER HAND.	26 TAPPING SENDS CALMING SIGNALS TO YOUR BRAIN. WHAT ARE OTHER THINGS THAT HELP YOU STAY CALM?	27 TAPPING HELPS THE NERVOUS SYSTEM WHICH HELPS WHAT YOU THINK AND HOW YOU FEEL.	28 TAPPING REDUCES STRESS AND ANXIETY. WHAT THINGS GIVE YOU STRESS OR ANXIETY?	29 CHOOSE LOVE TODAY AND EVERYDAY.
TAPPING MEDITATION - SENDS CALMING SIGNALS TO YOUR BRAIN						
30 BE MINDFUL OF OUR CHOOSE LOVE FORMULA.	31 MEMORIAL DAY.			"MINDFULNESS ISN'T DIFFICULT. WE JUST HAVE TO REMEMBER TO DO IT." - SHARON SALTZBERG		