



BAME Vision Black History Month webinar – Breaking down barriers

BAME Vision are pleased to be hosting a webinar which focuses on hearing about the lived experiences of Black, African and Caribbean communities. Black History Month takes place annually in October, and is a month to celebrate and bring focus to and honour the contributions of black people to society and embrace cultural discourse.

In this webinar, our panelists will discuss their individual experience and journeys through sight loss, cultural and religious barriers, stigma, inequity within the health system and tackle why this is the case. Our panelists have experience in various career paths, and have managed to break down barriers in their own respective ways. This is a chance for us to listen to each other, raise awareness and hopefully move forward to make a difference.

The speakers are:

- Leah King – Community Producer & Independent Business Owner. Leah is a Ex-GB 7x National fencing champion, author, motivational speaker, Youtuber, investor, digital entrepreneur and mother.
- Souleyman Bah - Paralympic gold medalist sprinter, well respected entrepreneur, former star of The Apprentice and motivational speaker who shares his passion and enthusiasm for being your best self to cultivate a success mindset.
- Courtney Nugent – Educated to degree level, working in the third sector as a Volunteer Coordinator, who enjoys listening to true crime stories and music and helping others.

When: Wednesday 18th October 2023

Time: 7 - 8.30pm

Where : Online on Zoom

To register, email info@bamevision.org

For further information, visit www.bamevision.org