

Small Group Activities

- Case based discussions
 - Consider splitting into small groups of residents with 1-2 facilitators (resident and/or faculty member) using case discussions where food insecurity may directly or indirectly play a role in the presentation.
 - Example cases in powerpoint slides
 - Residents could also work on developing additional cases as part of their education and didactics.
 - If case based discussions already exist within residency didactics, consider adding in questions that consider how food insecurity may play a role in the presentation.
 - For example, in cases focused on diabetic emergencies, add in questions about how food insecurity may play a role?
 - This provides an opportunity to incorporate social EM topics into existing curriculum and further integrates concepts into foundation of Emergency Medicine instead of teaching in isolation.
- Simulation / Role Play
 - Adjust existing simulations to incorporate concepts around food insecurity where it may be appropriate.
 - This provides an opportunity to incorporate social EM topics into existing curriculum.
 - Allows residents opportunities to practice speaking with patients about food insecurity in a safe environment and subsequently debrief about it.
 - Encourages incorporating food insecurity into ED care by linking to medical concepts.
 - Encourage role play between residents and faculty speaking about food insecurity with patients.
 - Allows residents opportunities to practice speaking with patients about food insecurity in a safe environment and subsequently debrief about it.
 - Discuss screening tools and tips that may be helpful to promote the patients in this discuss.
 - Food insecurity may be a sensitive topic as well as stigmatizing.
 - Do not want to encourage bias or stereotyping through these conversations.
 - Normalizing the importance of food to health and asking all patients these questions is one way to limit stigma.
 - Important to respect patient wishes in not wanting to discuss or help.
 - Discuss real time solutions and strategies to food access in the ED, allow residents and faculty opportunities to look up local resources or understand what is available in the local community.
 - Brainstorm opportunities to support patients indirectly such as through prescription coupons, etc.

- Additional tips and considerations
 - Consider reaching out to health professionals such as ED social workers or hospital based community health programs or community organization members to better understand local community resources as well as needs.
 - Consider reaching out to other specialties or food insecurity experts within the health system.