



## Port Chester - Rye Union Free School District

### Why it's so important for your kids to see their Doctor/PCP

As New York emerges from the COVID pandemic, we are all striving to return to normal and catch up on things left behind in 2020.

We hope that your ToDo list includes checkups for your children. Pediatricians *around the world* are concerned that children of all ages may have fallen behind in routine vaccinations, developed new and unidentified problems and are suffering from the emotional effects of this past year.

**Our records have indicated that many parents have not submitted the required physical exam to the school health office. A physical and a form is REQUIRED by the New York State Education Department:**

**If your child is in the following grades this year (2020-21):**

**New to the District, PreK, K, 1,3,5,7,9,11**

*and you have been notified by the school that there is no record of a physical in the school health office, you now have until September 1, 2021 to have your child seen and/or to submit the form.*

**If your child will be in the following grades next year (2021-22):**

**New to the District, PreK, K,1,3,5,7,9,11**

you must have your child seen by your provider and submit a physical exam to the school health office before October 31, 2021.

Here is the link to the official NYS form for the provider to fill out:

[https://www.schoolhealthny.com/cms/lib/NY01832015/Centricity/Domain/16/Health-exam-form\\_Fillable\\_2020.pdf](https://www.schoolhealthny.com/cms/lib/NY01832015/Centricity/Domain/16/Health-exam-form_Fillable_2020.pdf)

This will allow everyone to begin the new school year with as much Health and Wellness as possible. Thanks to our school nurses for a year of hard work. Wishing you a Happy, Healthy Summer!

Ann Engelland, MD  
District Medical Director