

# 30-Day Weight Loss Challenge Community Terms of Use

## 1. Introduction

Welcome to our 30 - Day Weight Loss Challenge Community (the “Community”). These Terms of Use (“Terms”) govern your participation in the 30 - day weight loss challenge program (the “Program”) offered by [Your Company/Organization Name] (the “Company”). By joining the Community and participating in the Program, you agree to be bound by these Terms. If you do not agree with these Terms, please do not participate in the Program.

## 2. Eligibility

- **Age Requirement:** You must be at least 18 years old to participate in the Program. By registering for the Program, you represent and warrant that you meet this age requirement.
- **Health Condition:** You confirm that you are in good health and physically capable of participating in weight loss activities associated with the Program. It is your responsibility to consult with a qualified healthcare professional before starting the Program, especially if you have any pre - existing medical conditions, allergies, or are taking medications that may affect your ability to safely participate in weight loss activities. The Company is not liable for any health issues that may arise during your participation in the Program.

## 3. Enrollment and Fees

- **Enrollment Fee:** A non - refundable enrollment fee of \$49 is required for each 30 - day challenge cycle. This fee covers administrative costs, access to exclusive Program - related content, resources, and participation in the reward program described in these Terms.
- **Payment Processing:** Payments are processed through Stripe, a secure third - party payment processing service. By submitting payment, you authorize the Company to charge the specified amount to your chosen payment method. You are responsible for ensuring that the payment information you provide is accurate, up - to - date, and valid. In the event of a failed payment, you will be given a reasonable period to rectify the issue. Failure to do so may result in your removal from the Program without refund.

## 4. Weight Loss Reward Program

- **Reward Tiers:** The Company offers a tiered reward system based on the percentage of weight lost from your initial body weight measured at the start of the Program.
  - **3% Weight Loss:** If you lose 3% or more of your initial body weight within the 30 - day challenge period, you will be eligible for a \$10 refund.

- **5% Weight Loss:** Achieving a 5% or greater reduction in body weight entitles you to a \$25 refund.
- **7.2% Weight Loss:** Losing 7.2% or more of your starting weight results in a full refund of the 49 enrollment fee, and you will also be automatically entered into a prize draw. Three (3) winners will be randomly selected to receive wellness - related prizes valued at approximately 100 each.
- **Reward Eligibility and Verification:** To be eligible for rewards, you must accurately record and submit your weight data as required by the Program (see Section 5). Rewards will be processed and issued within [X] business days after the end of the challenge period and successful verification of your weight loss progress. The Company reserves the right to request additional verification information, including but not limited to video recordings of weigh - ins on certified scales, to validate your weight loss achievement.

## 5. Weight Measurement and Data Submission

- **Initial Weight Recording:** You are required to record and submit your initial weight within 24 hours of enrolling in the Program using an approved health tracking application (e.g., Fitbit, Apple Health, MyFitnessPal). These apps are selected for their accuracy and security in tracking health data.
- **Weekly Weight Checks:** Every Sunday at 11:59 PM EST, you must log your current weight in the designated #weigh - in channel on the Discord server used for the Community. Failure to submit your weight on time may result in the delay or forfeiture of rewards, at the Company's sole discretion.
- **Data Accuracy and Integrity:** You are responsible for ensuring the accuracy and integrity of the weight data you submit. Any attempt to manipulate or falsify weight data will result in immediate disqualification from the reward program, removal from the Community, and may subject you to legal action. The Company reserves the right to use automated verification tools and manual review processes to validate the data submitted.

## 6. Community Conduct

- **Code of Conduct:** As a member of the Community, you are expected to adhere to the following code of conduct:
  - Refrain from posting any content that is offensive, harassing, discriminatory, defamatory, vulgar, or contains hate speech.
  - Do not spam the Community channels with excessive or irrelevant messages, advertisements, or promotional materials.
  - Respect the privacy and intellectual property rights of other members and the Company. Do not share personal information of other members without their explicit consent.
  - Comply with all applicable laws, regulations, and these Terms of Use.

- **Consequences of Violation:** Violation of the code of conduct may result in, at the Company's sole discretion, a warning, temporary suspension, or permanent removal from the Community. In the event of removal, no refund of the enrollment fee will be provided, and you will forfeit any outstanding rewards.

## 7. Data Privacy and Security

- **Data Collection:** The Company collects personal and health - related data from you, including but not limited to your name, email address, weight data, and participation activity within the Community. This data is collected for the purposes of administering the Program, verifying your weight loss progress, and providing you with relevant support and communication.
- **Data Use and Sharing:** The Company will not share your personal and health - related data with third parties without your explicit consent, except as required by law. We may share aggregated, anonymized data with partners for research, marketing, or other legitimate business purposes, provided that such data does not identify you individually.
- **Data Security:** The Company takes reasonable measures to protect the security and confidentiality of your data. However, no data transmission over the internet or electronic storage method is 100% secure. You acknowledge and accept the risks associated with data transmission and storage.

## 8. Intellectual Property

- **Company's Intellectual Property:** All content, materials, and intellectual property rights (including but not limited to text, graphics, logos, designs, audio, video, and software) available within the Community and related to the Program are the property of the Company or its licensors and are protected by United States and international copyright, trademark, and other intellectual property laws. You are granted a limited, non - exclusive, non - transferable license to access and use this content solely for the purpose of participating in the Program.
- **User - Generated Content:** By posting, uploading, or sharing any content (e.g., success stories, photos, comments) in the Community (collectively, "User - Generated Content"), you grant the Company a worldwide, royalty - free, perpetual, irrevocable, and sub - licensable license to use, reproduce, modify, adapt, publish, translate, distribute, perform, and display such User - Generated Content for the purposes of operating and promoting the Community and the Program. You represent and warrant that you have the right to grant this license and that your User - Generated Content does not infringe the rights of any third party.

## 9. Termination

- **Company's Right to Terminate:** The Company reserves the right to terminate your participation in the Program and your access to the Community at any time, with or without cause, upon providing you with reasonable notice (which may be provided via

email or within the Community). In the event of termination, you will forfeit any remaining rewards, and no refund of the enrollment fee will be issued, except as otherwise required by law.

- **Your Right to Terminate:** You may terminate your participation in the Program at any time by notifying the Company in writing. However, please note that no refund of the enrollment fee will be provided, and you will forfeit any rewards that have not yet been earned or processed.

## 10. Dispute Resolution

- **Arbitration Agreement:** Any dispute, claim, or controversy arising out of or relating to these Terms, your participation in the Program, or the Community (collectively, “Disputes”) shall be resolved by binding arbitration in accordance with the Federal Arbitration Act and the rules of the American Arbitration Association (the “AAA”). The arbitration shall be conducted in the [City, State], and the language of the arbitration shall be English.
- **Waiver of Class Actions:** You and the Company agree that any arbitration will be conducted solely on an individual basis and not in a class, consolidated, or representative action. You and the Company each waive any right to a jury trial and any right to participate in a class action lawsuit related to the Disputes.

## 11. Governing Law

These Terms shall be governed by and construed in accordance with the laws of the State of [Your Chosen State, e.g., Delaware], without regard to its conflict of law provisions.

## 12. Changes to the Terms

The Company reserves the right to modify these Terms at any time. If we make material changes to these Terms, we will notify you via email or by posting a notice in the Community. Your continued participation in the Program after the effective date of the changes constitutes your acceptance of the modified Terms.

## 13. Entire Agreement

These Terms, together with any additional policies and guidelines posted in the Community, constitute the entire agreement between you and the Company regarding your participation in the Program and supersede all prior agreements and understandings, oral or written, relating to the same subject matter.

If you have any questions or concerns about these Terms of Use, please contact us at [Your Email Address].

This Code of Conduct is subject to change or termination at any time at Siru Health sole discretion.

(注: 文档部分内容可能由 AI 生成)