

HEIGHT RESTRICTIONS, MOTION SICKNESS CONCERNS AND SCARE FACTORS

The Magic Kingdom

TOMORROWLAND

Astro Orbiter: Perched on top of a building, the height can be daunting. It also spins pretty fast, so it can cause some motion sickness issues.

Buzz Lightyear's Space Ranger Spin: Spinning is minimal, and controlled by the Guest. There is one part with a video Projection of a star field that could make some feel motion sick, but you can just close your eyes to avoid it.

Carousel of Progress: No concerns.

Monsters Inc. Laugh Floor: No concerns.

Space Mountain: HEIGHT RESTRICTION: 44". Rollercoaster in the dark. No inversions, but several steep drops and high speeds.

Stitch's Great Escape: HEIGHT RESTRICTION: 40". Times of complete darkness. Effects that blow air on your neck and make you feel like you are being touched and breathed on. Can be very scary to children, and even some adults.

Tomorrowland Speedway: HEIGHT RESTRICTION: 32" to ride with an adult, 54" to drive in a car alone.

Tomorrowland Transit Authority: Passes through Space Mountain, (but not ON the ride), and is briefly in the dark.

STORYBOOK CIRCUS

Dumbo the Flying Elephant: Moderate spinning. No major height concerns, as height is controlled by Guest.

The Barnstormer: HEIGHT RESTRICTION: 35". Pretty tame kiddie coaster. Small hills, moderate speed.

FANTASYLAND

Enchanted Tales with Belle: Pre-show has semi-darkness for about 5 minutes.

It's a Small World: No concerns.

Journey of the Little Mermaid: A couple of semi-dark parts, and a large animatronic of Ursula can make some kids nervous.

Mad Tea Party: Lots of spinning. These can make even the strongest of stomachs feel like retching.

Mickey's Philharmagic: Darkened theater, loud volume.

Peter Pan's Flight: Whole ride is in semi-darkness. Brief encounters with Captain Hook. Though the ride is suspended in the air the whole time, you're never actually very high off of the ground, but if you're really uncomfortable with heights, you might not enjoy.

Prince Charming's Regal Carrousel: Only the very sensitive experience motion sickness with this spinning.

Seven Dwarfs Mine Train: HEIGHT RESTRICTION: 38". High speeds and quick, short drops. Brief encounter with the Old Hag.

Winnie the Pooh: Whole ride is in semi-darkness. Simulated thunderstorm.

LIBERTY SQUARE

Hall of Presidents: Semi-darkened theater.

Liberty Square Riverboat: No concerns.

Haunted Mansion: Spooky sound effects, images of ghosts, goblins and ghouls, and most of the ride is in the dark. Cast members frequently act like zombies and try little tricks to make you jump, like suddenly making a loud noise in the pre-show.

FRONTIERLAND

Big Thunder Mountain: HEIGHT RESTRICTION: 40". High speeds, sharp drops, and some darkness.

Country Bear Jamboree: No concerns.

Splash Mountain: HEIGHT RESTRICTION: 40". Flume ride with several smaller drops and one large one. Semi-darkness.

Tom Sawyer Island: No concerns, but do keep an eye on children, as this can be a place where it's easy for kids to get away from you.

ADVENTURELAND

Enchanted Tiki Room: Some darkness and a brief simulated thunderstorm

Jungle Cruise: Brief ride through a dark tunnel. Animatronic snakes and bugs.

Magic Carpets of Aladdin: Slow spinning. No major height concern, as height is controlled by Guest.

Pirates of the Caribbean: The ride is mostly in semi-darkness. One small drop. Animatronic pirates don't look very friendly to little ones.

Swiss Family Treehouse: Narrow stairways that go up quite high.

MAIN STREET USA

Festival of Fantasy Parade: Maleficent appears in dragon form, shooting fire from her mouth.

Wishes: Loud fireworks and explosions.

Epcot

FUTURE WORLD

Captain EO: Dark 3D movie, with some potentially scary creatures in it.

Innoventions: Sum of All Thrills has a HEIGHT RESTRICTION of 54". It involves motion simulators which can easily cause motion sickness. StormStruck simulates a hurricane, with loud noises and simulated home destruction..

Imagination!: Two brief parts with complete darkness, and one big blast of air and light that makes most adults jump.

Living with the Land: No concerns.

The Seas with Nemo and Friends: One brief period of darkness, loud noise and a very angry fish.

Turtle Talk: No concerns.

Mission Space: HEIGHT RESTRICTION: 44". There are two versions of this ride. One which spins at an incredibly intense level, creating weightlessness..... and frequently strong motion sickness. The other option, the GREEN line, allows you to be in the ride vehicles and watch the movie portion of the experience, without the spinning.

Soarin': HEIGHT RESTRICTION: 40". Ride vehicles raise off of the ground and simulate hang gliding. Though you are never more than two stories up, you are meant to feel as though you are soaring through the clouds. Can induce some motion sickness, but this can be avoided by closing your eyes.

Spaceship Earth: Whole ride is in semi-darkness.

Test Track: HEIGHT RESTRICTION: 40". High speeds, some brief darkness, banked turns, simulated car crash.

Universe of Energy: Most of the ride takes place in semi-darkness. Animatronic dinosaurs can be very loud and at time, very close to the cars..

WORLD SHOWCASE

Donald's Gran Fiesta: No concerns.

O Canada: Darkened theater. 360 degree screens are meant to simulate motion and can make some nauseated. Can be avoided by closing your eyes for these parts.

Reflections of China: Darkened theater. 360 degree screens are meant to simulate motion and can make some nauseated. Can be avoided by closing your eyes for these parts.

Impressions de France: Darkened theater.

American Adventure: Darkened theater.

Illuminations: Loud fireworks and many fire effects.

Disney Hollywood Studios

Beauty and the Beast: No concerns.

Fantasmic!: Nighttime show with several explosions, fireworks and periods of darkness. Focuses on the villains. .

The Great Movie Ride: Several potentially scary scenes, including a gangster shoot out with cap gunshots and explosions.

Another scene with an alien attack. A visit from the Wicked Witch of the West. Animatronic snakes and mummies. Whole ride is in semi-darkness.

Honey I Shrunk the Kids Playground: No concerns, but do keep an eye on children, as this can be a place where it's easy for kids to get away from you.

Indiana Jones Epic Stunt Spectacular: Several loud explosions, fire, and simulated fight scenes.

Lights, Motors, Action Stunt Show: Several loud explosions and fire.

MuppetVision 3D: Darkened theater. Loud noises.

One Man's Dream: Darkened theater at the end, but can be skipped.

Disney Junior Live On Stage: No concerns.

Rock 'N' Rollercoaster: HEIGHT RESTRICTION: 48". Rollercoaster in complete darkness. Several inversions, fast take-off.

Star Tours: HEIGHT RESTRICTION: 40". Lots of bumping around and often induces motion sickness. Loud noises.

Tower of Terror: HEIGHT RESTRICTION: 40". Most of the ride takes place in darkness. 13 story plummet, several times over.

Toy Story Mania: A lot of spinning. Could induce motion sickness. Ride takes place in semi-darkness.

Voyage of the Little Mermaid: Show takes place in semi-darkness. Scenes featuring Ursula may scare very little ones.

ANIMAL KINGDOM

DINOLAND USA

Boneyard: No concerns, but do keep an eye on children, as this can be a place where it's easy for kids to get away from you.

Dinosaur: HEIGHT RESTRICTION: 40". Whole ride takes place in darkness. Many loud noises and life-size animatronic dinosaurs chasing you and jumping out. Scares some adults.

Finding Nemo: The Musical: Darkened theater, some loud noises.

Primeval Whirl: HEIGHT RESTRICTION: 48". Wild mouse-style roller coaster, with spinning carts. Several steep drops, high speeds and some backwards riding.

Triceratops Spin: Slow spinning. No major height concern, as height is controlled by Guest.

DISCOVERY ISLAND

It's Tough To Be a Bug: Show takes place in semi-darkness. Several sensory effects, including a poke to the back that represents a bee stinging you, and fake spiders dropping down from overhead. Loud noises.

ASIA

Expedition Everest: HEIGHT RESTRICTION: 44". Rollercoaster with several drops, high speeds, traveling in reverse, darkness and an encounter with a loud, gigantic animatronic yeti.

Flights of Wonder: Some large birds to fly into and over the audience.

Kali River Rapids: HEIGHT RESTRICTION: 38". Several small drops. You will get drenched.

Maharajah Jungle Trek: Trail sightings include bats and tigers, but either can be avoided by not entering the viewing areas.

AFRICA

Festival of the Lion King: One darkish scene with a fire-juggler and ominous music. Darkened theater and loud noises.

Kilimanjaro Safari: Very bumpy, but generally isn't a problem with motion sickness. A brief ride over a rickety bridge that creeks and rocks under the truck's tires.

Pangani Forest Exploration Trail: Trail sightings include snakes, assorted reptiles, and free flying birds. The reptiles and snakes can be avoided by proceeding through the viewing area.