

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

| | Priority Level | Task List For The Day (Set Tasks That Make Progress Towards MY Goals) |
|---------|----------------|---|
| 1. ✓ | 1 | Read my mantra 3x |
| 2. ✓ | 1 | Skincare routine 2x |
| 3. ✓ | 1 | Watch Morning Power Up Call |
| 4. ✓/✗ | 1 | Review fellow student's copy in the Campus |
| 5. ✓/✗ | 1 | Break down a piece of great copy |
| 6. ✓ | 1 | Review today and plan tomorrow |
| 7. ✓ | 1 | Weight myself |
| 8. ✓/✗ | 1 | Find 5 prospects |
| 9. ✓/✗ | 1 | Create FV for prospects |
| 10. ✓/✗ | 1 | Identify new ideas to test in my outreach the next day |
| 11. ✗ | 1 | Watch TRW lessons |
| 12. ✓/✗ | 2 | |
| 13. ✓/✗ | 2 | |
| 14. ✓/✗ | 3 | |
| 15. ✓/✗ | 3 | |
| 16. ✓/✗ | 3 | |
| 17. ✓/✗ | 3 | |
| 18. ✓/✗ | 3 | |
| 19. ✓/✗ | 3 | |
| 20. ✓/✗ | 3 | |

Day Number:6

Date:18. 3. 2023

Start Of The Day - Time:11:00

| | |
|----|--|
| 🙏 | 🙏 3 Things That I Am Excited To Have In The Future? 🙏 |
| 1. | Live at my own place. |
| 2. | Take care of my family. |
| 3. | Provide indispensable service to my clients. |



Hour-By-Hour

Tracking: 🕒

[Track+Measure=Improve]

| | |
|-----------------------|---|
| \$ Task: | \$ Task = Set The Task That I Intend To Complete This Hour? |
| 🔔 Intention: | 🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour? |
| ✍️ Reflection: | ✍️ Reflection = Did I Complete This Task For This Hour? If Not, Then Why? |

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

| | |
|--------------------------|--|
| \$ 11 am: Task \$ | Read my mantra, Skincare routine, Wim Hof breathing, Weight myself |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |

| | |
|--------------------------|-------------------------|
| \$ 12 am: Task \$ | Create FV for prospects |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | Went for a walk |

| | |
|-------------------------|-------------------------|
| \$ 1 pm: Task \$ | Create FV for prospects |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |

| | |
|-------------------------|----------------------|
| \$ 2 pm: Task \$ | Send outreach |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |

| | |
|-------------------------|------------------|
| \$ 3 pm: Task \$ | Find 5 prospects |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |

| | |
|-------------------------|---|
| \$ 4 pm: Task \$ | Watch Morning Power Up Call, Identify new ideas to test in my outreach the next day, Read my mantra |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |

| | |
|-------------------------|---------------------------|
| \$ 5 pm: Task \$ | Research prospects |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |


| | |
|-------------------------|---------------------------------------|
| \$ 6 pm: Task \$ | Create FV for prospects |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | Walk was longer than expected. |

| | |
|-------------------------|--|
| \$ 7 pm: Task \$ | Review fellow student's copy in the Campus |
| 🔔 Intention 🔔 | |

| | |
|---|--|
|  Reflection  | |
|---|--|

| | |
|-------------------------|----------------------------------|
| \$ 8 pm: Task \$ | Break down a piece of great copy |
|-------------------------|----------------------------------|

| | |
|--|--|
|  Intention  | |
|--|--|

| | |
|---|--|
|  Reflection  | |
|---|--|

| | |
|-------------------------|-------------------------|
| \$ 9 pm: Task \$ | Create FV for prospects |
|-------------------------|-------------------------|

| | |
|--|--|
|  Intention  | |
|--|--|

| | |
|---|--|
|  Reflection  | |
|---|--|

| | |
|--------------------------|-------------------------|
| \$ 10 pm: Task \$ | Create FV for prospects |
|--------------------------|-------------------------|

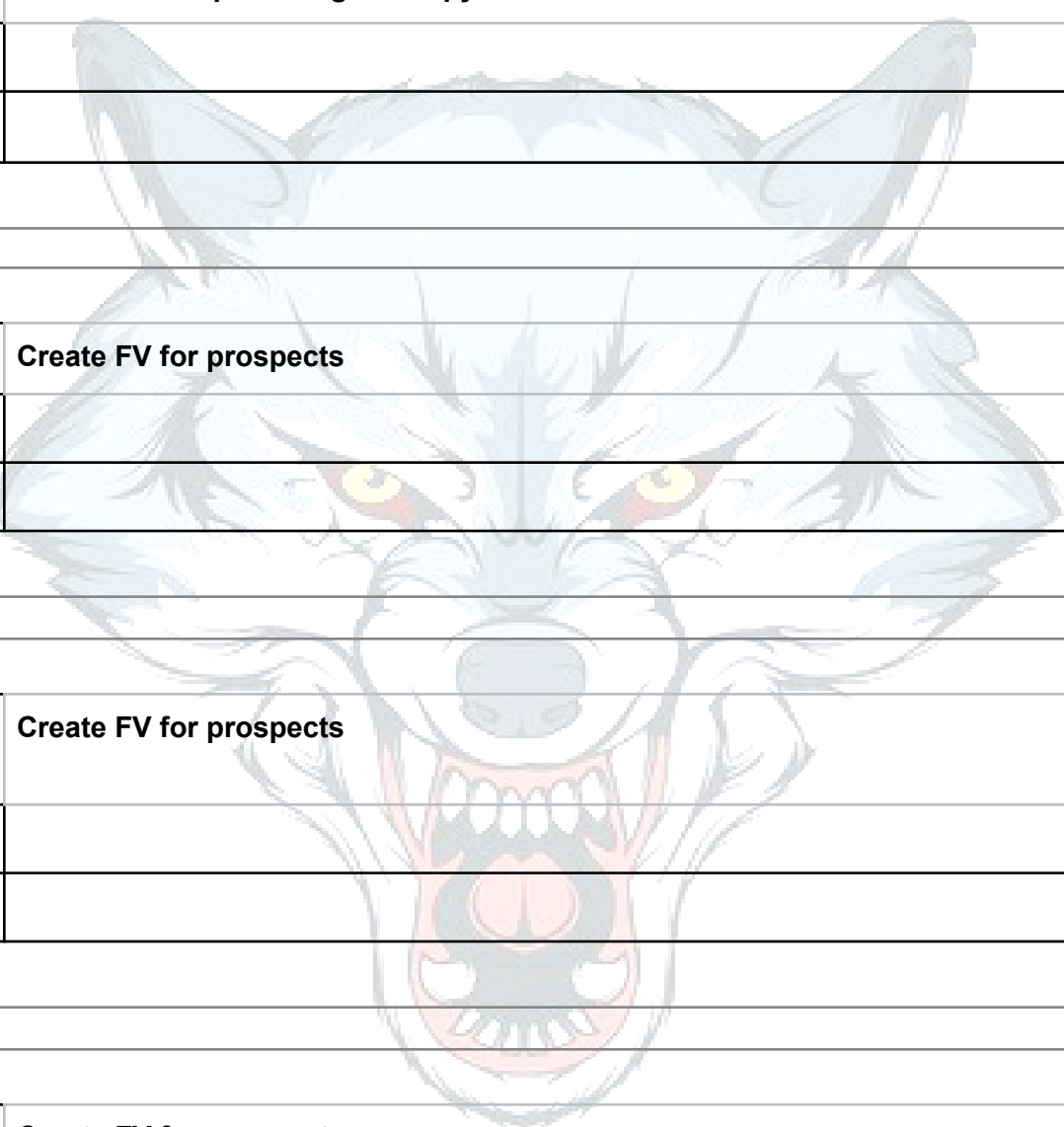
| | |
|--|--|
|  Intention  | |
|--|--|






| | |
|---|--|
|  Reflection  | |
|---|--|

| | |
|--------------------------|-------------------------|
| \$ 11 pm: Task \$ | Create FV for prospects |
|--------------------------|-------------------------|

| | |
|--|--|
|  Intention  | |
|--|--|

| | |
|---|--|
|  Reflection  | |
|---|--|



| | |
|---|---|
|  12 pm: Task | Review today and plan tomorrow, Read my mantra,Skincare routine |
|  Intention  | |
|  Reflection  | |



End-Of-The-Day Report:



 **What Did I Learn Today?** 

 **What Do I Plan To Do Differently Tomorrow?** 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Brain Dump: Did fuck all today.

