

PRESENTATION.

Northern Cliffs is one of the wildest races (due to the landscapes it traverses), well known among hikers on the Island of La Palma, located in the northern part of the island, the GR 130 trail (Royal Path of the Coast)

can be found there. Although it barely reaches 29 km, connecting the most populated areas of the municipalities of Barlovento and Garafia, with a maximum altitude of 600 meters above sea level, it has an accumulated elevation gain of approximately 4200 meters. For this reason, it is considered one of the toughest mountain races in Europe based on its distance.

What stands out most for the runner is undoubtedly the route it takes; accustomed to running in mountainous areas, this one, on the contrary, runs parallel to the Atlantic Ocean with impressive ravines and mountains, with nearly 80% of its terrain traversing almost untouched landscapes.

1. ORGANIZATION.

The sporting event called ACANTILADOS DEL NORTE SKYRACE 2026 by Dynafit is organized by the company FITTERS LA PALMA EVENTOS DEPORTIVOS, with sponsorship from Dynafit, the Insular Cabildo, and collaboration from the City Council of the Villa de Garafia and Barlovento, other public administrations-institutions, and various private companies.

If the event were to be canceled for 'x' reasons, the registration fee would be fully refunded.

If the event were to be canceled during the days for the delivery of the runner's kit and number (from Wednesday at 14:00 until Friday of the week of the event), due to pandemics or other reasons (temporary or external to the organization), the registrations would be rescheduled to a date that the organization deems appropriate (same year). Those who do not wish to participate on the new date (if there is one) will receive a 60% refund, will receive the runner's kit as a gift, will have their spot reserved for the next edition, and will receive a discount 15% of that registration of 2027.

If for any reason during the race, there is a possibility of neutralizing the test, in order to safeguard the health of the runners for 'X' reasons, it will stop at the nearest supply station. And only the winners of the top ten overall (male) and the top five females will be determined, who have reached the supply station designated by the organization or the finish line.

2.CALENDAR.

The event will take place on March 14, 2026, where the start will be located in the urban center, at 9:00 AM (Santo Domingo / Garafia) and the finish line in Barlovento. It has a total distance of 29 kilometers and the participants will have 6 hours to complete the cliffs.

3.REGISTRATION.

Through the website www.acantiladosdelnorte.com

-3.4. Registration includes

:Participation in the event

Runner's bag

Aid stations

Liability and Accident Insurance

Recovery area and shower service

Commemorative trophies (Categories and General)

Finisher Certificate (Upon request)

Finisher Medal

Final snack

Luggage storage

Bus transportation before the race from arrival to departure (this is optional)

*The organization allows the transfer of bib, modality, or its sale, if for (X) reasons the person who acquired it cannot attend the event or does not want the runner's bag.

*The organization does not allow economic refunds, nor does it reserve a spot for future editions.

*This regulation will be in effect until February 19 at 11:30 PM, after this deadline, no modifications can be made.

*SHUTTLE BUS DEPARTS AT 07:00 FROM META BARLOVENTO TO SANTO DOMINGO DE GARAFIA EXIT. AT 09:10, RELIEF BUS DEPARTS FROM SANTO DOMINGO GARAFIA EXIT TO FRANCESES. AT 12:00, SHUTTLE BUS DEPARTS FROM FRANCESES TO BARLOVENTO.

4.PARTICIPATION.

Participation is open to all runners, whether federated or not, who have duly completed their registration. All participants must have a VERY OPTIMAL level of physical fitness to face a race of these characteristics.

Every runner will have a reserved spot (not invited) in any direction up to two months before the race if they achieve the following results:

- Male, having a time of 3 hours, 00 minutes, and zero seconds or less.-

Female, having a time of 4 hours, 00 minutes, and zero seconds or less.

5. BIB NUMBERS - RUNNER'S BAG.

To collect the bib number, it is essential to present the ID or official identification document of each participant.

It can be collected by any other participant or person designated by the participant, bringing a photocopy of the ID and/or authorization from the participant.- Participants must wear, at all times,

the bib number provided by the organization in a visible place, so as to facilitate the control work for the organization staff.

- The bib numbers must not be cut, folded, or modified; this bib in this edition has an identifying character between people who are going to compete and people who are not

.- For the relay category, we recommend that the first participant to set off collect the bib, as there will only be one per pair

.- The program will be sent to your email, informed on social media, and updated in this regulation, three weeks before the event.

6.CATEGORIES.

The categories established for both WOMEN and MEN are as follows:

CATEGORY YEAR OF BIRTH OBSERVATIONS

U23 2008 - 2001

SKYABSOLUTE 2022 - 1987

SKYVETERAN A 1986 - 1977

SKYVETERAN B 1976 - 1967

SKYMASTER 1966 - earlier SKY

7. AWARDS.

To the first 10 classified in the overall ranking + to the top three in each competition category, both female and male.

POSITION ECONOMIC PRIZE OF THE GENERAL SKYRACE(Both male and female)

11000 €
2 600 €
3 400 €
4 300 €
5 200 €
6 200 €
7 200 €
8 200 €
9 200 €
10 200 €

The first 3 classified pairs in the relay event (Male/Female/Mixed) will be awarded.

The first male and female runner to reach the finish line in the long distance who were born or are registered in the municipalities of Barlovento or Garafía will also be awarded.

The first three Canarians (must have been born or registered in the Canary Islands for more than 5 years) will also be awarded.

The first three palm tree runners who cross the finish line in the long distance, who were born or registered in the Island of La Palma (must have been registered for more than 10 years in La Palma), will also be awarded.*This will not be cumulative with the top 3 from the Canary Islands.The “Melenudo Award” will be given to the runner who represents the values of this sports club.The best three teams in the long distance will be rewarded; their brief regulations will be;

In the registration, you must put the name of the team to which you belong. To qualify for the prize, there must be at least three runners and one of the members must be a female runner. At least three runners must finish (one of them must be a female runner). Only the times of the first three runners will be added (one of them must be a female runner). The team that has the lowest combined time of its first three runners will be the winners.

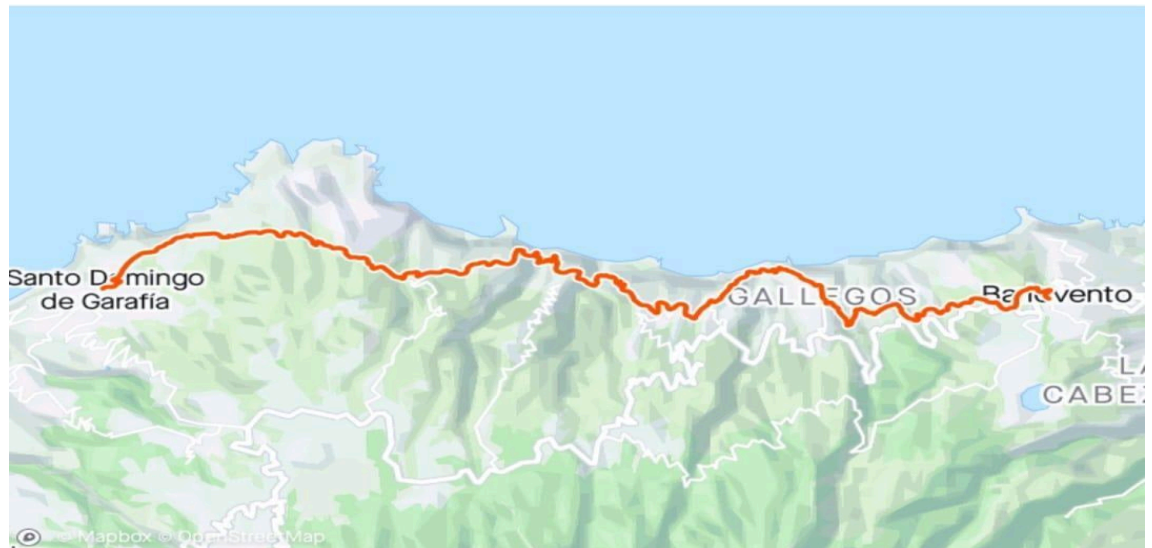
If some runners finish hand in hand at the finish line and are competing for a prize, it will be awarded to the runner who is closest to the municipality of arrival of the race.

8. ROUTE.

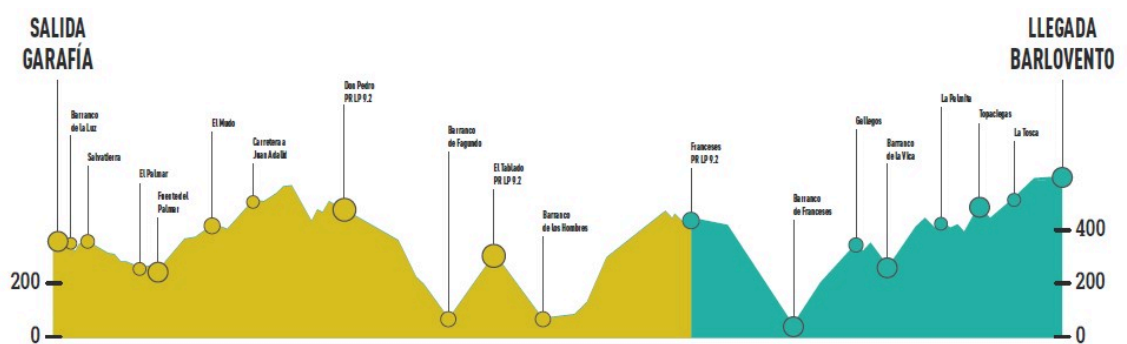
8.1. The race will start at the scheduled times, from Garafía to Barlovento.

8.2. The Organization reserves the right to change or modify the originally published route; in this case, information will be provided and published in advance through the various media outlets of the race.

8.3. -COMPLETE ROUTE



PROFILE



TECHNICAL SHEET ACANTILADOS DEL NORTE

2026 Distance: 29 km Physical difficulty: High/High Technical difficulty: High/High Elevation gain + 2242 (approx) Elevation loss – 2015 (approx) Accumulated elevation +- 4257 (approx)

Start and finish point: Santo Domingo (Garafia) / Barlovento. Cutoff time and zone "Franceses / Machines at 12:00 hours" (3 hours) also for the relay. You can find it on the website. Official

Aid Stations:

1st Aid Station (Liquid) Don Pedro (10 Km)

2nd Aid Station (Liquid and solid) Franceses (17 Km)

3rd Aid Station (Liquid and solid) Gallegos (22 Km)

*4th Aid Station (Tented) will depend on the weather conditions of that day (Km 14)

Checkpoints: 3 (Don Pedro / Franceses / Gallegos) Evacuation zones organization: 3 (Don Pedro / Franceses / Gallegos)

Registration Fee: 50 € / Relay 50 € per couple. Participant Limit: 350 Information /

Documentation / Registration: www.fitters.es / mail: fitterslapalma@gmail.com

facebook.com/fitters-sport-technical-training.

The organization will provide 3 refreshment stations. At these stations, participants will have LIQUID AND SOLID options, as detailed in the race technical sheet. The organization will NOT provide cups at the refreshment points.

*It is allowed to deliver supplies, receive external help, or refreshments during the race, within the area of official refreshment stations (Don Pedro, Franceses, and Gallegos).

SOLID / LIQUIDO oranges, Water, Bananas, Orange Isotonic Drink, Almonds, Lemon Isotonic Drink, Raisins Cola, Chocolate Pastries, Nuts, Energy Bars, Assorted and Sweets

10. MANDATORY AND RECOMMENDED .

MATERIAL.MANDATORY RECOMMENDED MATERIAL0.5 Liter Water Bottle Holder.

Thermal Blanket

Mobile Phone

WhistleCup or Water Bottle HolderDigital Watch with race track

** This material is also mandatory for the relay race

. * ELITE, THE RACE TRACK IS MANDATORY.

* USE OF HEADSETS WITH MUSIC IS PROHIBITED.

11. REGULATIONS IN THE RELAY MODE.

- (FIRST LEG) The race will start at 09:05 h (they must enter the starting box in the area reserved for the relay at the skyrace distance), from Garafia to the urban area of Los Machines (Franceses/Garafia).

- (SECOND LEG) From Los Machines (Franceses/Garafia) to the urban center of Barlovento.

- The complete route is the same as the skyrace distance along the GR 130.At the time of the relay, they must change the bib number (Portadorsal).

They have 3 hours to reach Franceses for the first relay and 2 hours and 50 minutes for the second relay to complete the route; if in the first segment the runner has not arrived in that time, the corresponding relay will be launched and the pair will be penalized in the final classification with a 10-minute penalty.They can run (if they wish) with their partner in the segment shown below; once they reach the organization's arch, that is when the exchange will take place.

*First segment; 18 km / Approximate accumulated elevation 2500 meters.

*Second segment; 11 km / Approximate accumulated elevation 1787 meters.

-Contact and relief area.



12. TIMING.

The event will be monitored by qualified personnel from the organization (Chips) and the times and checkpoints will be recorded on the website and on the race's Facebook page.

13. SIGNAGE AND CROSSING CONTROLS.

- The route will be marked with: "pieces" of marking tape (White and red), kilometer references of the race and/or any other type of sign where passing will be mandatory. We want to keep the environment as "virgin" as possible, so only the essential parts will be marked with plastic tape (The route follows the one-way path of the GR-130 (Red and White) towards Barlovento, which is fully marked with official signs and paintings of the La Palma trail network.

- It will be pre-signaled 1 week prior to the date of the event. - In order to qualify, participants must complete the entire route and pass through all control points established by the organization. It is the responsibility of each participant to follow the marked route. Not respecting it will be grounds for penalty or disqualification.

-Participants, during the course, must at all times follow the instructions of the control staff. If for any reason, at any time a participant does not follow the official route, they must return to their previous steps and continue on the appropriate route.* If any runner misses any part of the route, the organization must verify the "skipped" section and will impose penalties accordingly, with a prudent time based on the criteria of the race director.

14. TIME LIMITS.

-The maximum time to complete the Northern Cliffs is 6 hours 00 minutes.-Cutting time at Franceses / Km 17 is 3 hours in relay.

15. COMPETITION JURY OF THE EVENT.

-The jury of the event will be responsible for resolving any claims arising from the development of the competition. -For matters not covered in the race regulations, it will resolve without considering any other regulations and/or rules and will decide among (Race Director, Organization member, and safety member). In case of doubt, the Organization's criteria will prevail.

16. WITHDRAWALS.

-In case of withdrawing from the event, the runner must MANDATORILY inform the Organization staff stationed at the nearest checkpoint or by contacting the Organization Center through the phone number printed on the bib.

-The participant assumes all responsibility from the moment they voluntarily abandon the event or are disqualified.

-The areas designated for withdrawal from the event have private transport from the organization to the finish.

17. RESPECT FOR THE ENVIRONMENT

.Participants must respect the environment in which the event takes place and keep the surroundings clean. Failure to comply with this point will result in immediate disqualification if the organization becomes aware that it was done intentionally.

18. SAFETY.The race will always be followed by organization staff, waiting for you at several points along the route. We remind you that the security manager's phone number will be on your bib in case of any issues during the race.

19.RESPONSIBILITIES AND INSURANCE.

Participants do so at their own risk. The decision to start and participate in the race rests with them. It is the responsibility of each participant to be physically prepared to take the test and they

accept this regulation in advance. The medical staff have the authority to withdraw the bib number from any runner when they consider that their health is at risk.

Participants release the organization from claims or lawsuits based on alleged actions or non-actions of the participants or others acting on their behalf; as well as claims resulting from damages that may occur to them or their materials.

Participants must sign the documents required to more clearly evidence this section of the regulations.

Likewise, participants authorize the event organizer and/or its sponsors to take images, photographs, or record videos of the sports event, consenting that their name and surname, as well as their image, including their voice, may be publicized in any medium (press, television, internet, newsletters, or any other promotional act), without this use conferring the right to receive any financial compensation. On the other hand, the organization may use the photographic images taken of the event, but always indicating the owner of the images and exclusively for promoting the event. If the organization wishes to obtain snapshots for other purposes (posters, photocalls, etc.), it will seek permission from the owner of the images.

20.DISQUALIFICATIONS AND CONSIDERATIONS.

Any participant will be disqualified who: does not comply with this regulation, does not complete the entire course, does not respect the marked itinerary or course signage to shortcut, does not wear their bib number clearly visible, damages or pollutes the environment, or ignores the instructions of the organization (see point number 13 and 17).

Participants are also required to assist the injured and to respect traffic rules at road crossings. The Organization declines all responsibility in case of accidents, negligence, as well as for the personal belongings of each participant.

Participants exempt the organization from any liability in case of accident or injury. By registering for the race, the participant accepts each of the points outlined in this regulation. The organization reserves the right to make any modifications it deems necessary depending on the different conditions.

The organization reserves the right to make any modifications it deems necessary based on different conditions, as well as to suspend the event if weather conditions require it or due to force majeure. It is prohibited to accompany any participant more than 100 meters throughout the course; if this is detected, that participant will be disqualified.

21.SKYRUNNER WORLD SERIES

Welcome to the stunning world of skyrunning, the most important circuit in the world, where the true mountain races take place, the most technical, the toughest, and the most impressive, where earth and sky meet, where lovers of true technical and mountainous trails gather, where the runner/mountain duo unites with the pure mountain. We invite you to witness the ultimate challenge as we present the Skyrunner® World Series. Get ready for 20 iconic races around the world, where elite athletes and amateurs will compete to be crowned as the best Skyrunner® of 2026. Each race of the Skyrunner® World Series is a true test of skill, endurance, and bravery, set amidst breathtaking landscapes, including glaciers, sharp ridges, cliffs, and technical terrain. The tracks usually range from 20 to 30 km long, with elevations of over 2000 m, and they combine runnable trails with high-altitude terrain.

From the Alps to the Andes, the Skyrunner World Series selects only the best SkyRaces in stunning locations around the world. This attracts the fastest and most fearless skyrunners, who strive for the distinction of being crowned the best in the world. The top-performing male and female athletes are declared champions at the end of the season. Competing for points throughout the year, athletes aspire to qualify for the exclusive final race of the season, the SkyMasters. This year, the Series will offer the largest cash prize to date: €100,000, distributed among the top ten athletes in the overall ranking, including €20,000 just for the winners. This

adds to the cash prize awarded after each individual race. Mark your calendar for March 14 (Northern Cliffs) and join us as we kick off a new season of the Skyrunner World Series.

22 ELITES

There will be 30 bib numbers reserved for the "elite" profile where the organization will have a "package" of support divided into three sections (A, B, C). The placement of the runners will be based on their achievements in 2025, their sports history, and whether they compete in the "World Series". The "sky" responsible parties and the organization will jointly designate these runners. The "elite reservation" period will be from October 15 to February 1, with designations made on February 6. Interested parties will be contacted to inform them of their assigned section and the support they will receive. We inform that since the spots are limited and the level of runners is very high, it is possible that lower-level runners may remain without a spot. Therefore, they should stay alert for the opening of general registrations to have a chance to obtain a bib number to compete in the event.

CONTACT DATA. Information / Documentation / Registration: WWW.FITTERS.ESE - email: fitterslapalma@gmail.com facebook.com/fitters-sports-technical-training Phone: 699 72 29 56

THE EVENT PROGRAM WILL BE ATTACHED AND PUBLISHED ON SOCIAL MEDIA 3 WEEKS BEFORE THE RACE.