

## **Bachelor in Dance - Minor in Faith-Based Movement Therapy**

**HBI University**

**Course Duration: 3 years**

**Credit Hours: 135 (including minor)**



### **Program Description**

The Bachelor in Dance at HBI University provides students with an in-depth understanding of dance performance, choreography, and movement analysis. This program equips students with the skills needed for professional dance, performance art, and teaching.

The Minor in Faith-Based Movement Therapy enhances this degree by integrating Christian principles into dance therapy, worship, and healing practices. Students will explore how movement can be used as a tool for spiritual connection, emotional healing, and community outreach.

### **Admissions Requirements**

- High school diploma or equivalent
- Minimum GPA of 2.5
- Personal statement outlining career goals and interest in dance
- Two letters of recommendation
- Resume (if applicable)
- SAT/ACT scores (if applicable)

### General Education Courses (30 Credit Hours)

Course Code	Course Name	Credit Hours
GEN 101	English Composition I	3
GEN 102	English Composition II	3
GEN 103	College Algebra	3
GEN 104	Introduction to Philosophy	3
GEN 105	Introduction to World Religions	3
GEN 106	Public Speaking and Communication	3
GEN 107	Ethics and Critical Thinking	3
GEN 108	Research Methods	3
GEN 109	Leadership and Team Development	3
GEN 110	Cross-Cultural Communication	3

### Core Dance Courses (45 Credit Hours)

Course Code	Course Name	Credit Hours
DNC 201	Introduction to Dance and Movement	3
DNC 202	Ballet and Classical Dance Techniques	3
DNC 203	Contemporary and Modern Dance	3
DNC 204	Choreography and Creative Expression	3
DNC 205	Dance Anatomy and Injury Prevention	3
DNC 206	Improvisation and Expressive Movement	3
DNC 207	Cultural and World Dance Studies	3
DNC 208	Music and Rhythm in Dance	3
DNC 209	Dance Performance and Stagecraft	3
DNC 210	Laban Movement Analysis and Kinesiology	3
DNC 211	Dance Therapy and Healing Arts	3
DNC 212	Liturgical and Worship Dance	3
DNC 213	Community Dance and Outreach Programs	3
DNC 214	History and Philosophy of Dance	3

DNC 215	Capstone: Dance Performance and Research Project	3
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### Elective Courses (15 Credit Hours)

Course Code	Course Name	Credit Hours
ELEC 301	Gospel and Worship Dance Techniques	3
ELEC 302	Dance in Christian and Liturgical Traditions	3
ELEC 303	Choreography for Faith-Based Productions	3
ELEC 304	Dance and Community Engagement	3
ELEC 305	The Healing Power of Music and Movement	3

### Minor in Faith-Based Movement Therapy (15 Credit Hours)

Course Code	Course Name	Credit Hours
FMT 401	Spirituality and Expressive Movement	3
FMT 402	Dance as a Form of Worship and Healing	3
FMT 403	Therapeutic Dance for Emotional Well-Being	3
FMT 404	Faith-Based Movement for Trauma Recovery	3
FMT 405	Integrating Dance into Faith-Based Counseling	3

### Capstone Project (15 Credit Hours)

The capstone project in Dance allows students to apply dance performance, movement therapy, and faith-based healing to real-world applications. Students will:

- Develop and choreograph a faith-based dance performance.
- Conduct research on dance therapy and its impact on emotional healing.
- Create a movement-based wellness program for faith-based communities.
- Present their findings through a performance and research paper.

### Program Outcomes

Graduates of this program will:

- Master dance performance, choreography, and movement therapy techniques.

- Integrate faith-based principles into dance and healing arts.
- Utilize movement as a tool for worship, emotional healing, and community outreach.
- Develop original choreography for use in religious and secular settings.
- Lead faith-based movement therapy initiatives in healthcare, education, and nonprofit sectors.

### Career Outcomes and Potential Pay Scale

Career Path	Average Salary (Annual)
Professional Dancer	\$40,000 - \$100,000
Faith-Based Dance Therapist	\$45,000 - \$95,000
Choreographer for Worship and Faith Events	\$50,000 - \$110,000
Community Dance Program Director	\$45,000 - \$100,000
Dance Educator and Instructor	\$40,000 - \$90,000