

# TRAUMA & ABUSE

(Resource Sheet with links: [northeastchristian.org/resources](https://northeastchristian.org/resources))

At [Northeast Christian](https://northeastchristian.org), we believe no matter what physical trauma or abuse you have had to endure, you can find healing and hope. You can find physical, emotional, relational, and spiritual wholeness by renewing your mind with scripture and in your relationship with others.

## BIBLICAL FOUNDATION

- [Psalm 73:26](#)
- [2 Corinthians 1:3-4](#)
- [Matthew 5:4](#)

## NORTHEAST RESOURCES

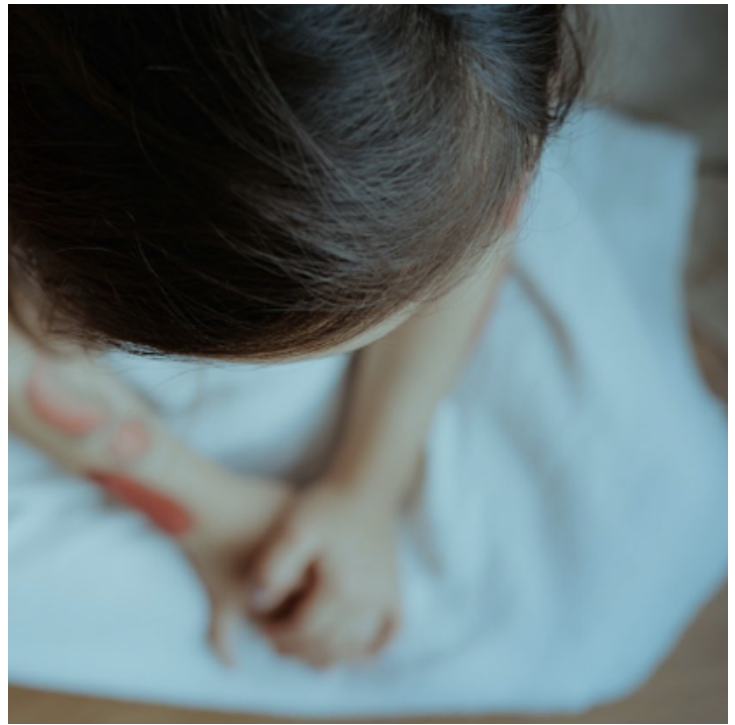
- Northeast **Messages** relating to this topic at [northeastchristian.org/watch](https://northeastchristian.org/watch)
- Connect to a **Small Group** community that can support you through life's ups and downs.
- Submit a [Request for our Prayer Team](#) to have the opportunity to pray for you.
- Contact us to **Talk** or for **Counseling** referral: (970) 243-6672 | [office@northeastchristian.org](mailto:office@northeastchristian.org)

## TRAUMA

- [“You Rise Glorious”](#) by Mike Foster  
Every fierce and free life starts with that at the core. And every reader longs for a passionate and unstoppable spirit. This book will equip the reader to fight for hope and victory for others and themselves.

## ABUSE

- [“Forgiving What You Can’t Forget”](#) by Lysa Terkheurst  
Each chapter contains inspiring real-life stories of those who have dealt personally with cancer and found hope amid the pain.
- [“Mending the Soul”](#) by Steven R. Tracy  
Cancer patient advocate Lynn Eib shares how to live well from the moment of diagnosis through the rest of life. She weaves the story of her own experience as a long-time cancer survivor and those of others around the world into these hope-filled pages. You’ll discover how to bring God’s peace into your own home and heart—regardless of your or your loved one’s medical prognosis.
- [“The Wounded Heart”](#) by Dan Allender  
Every fierce and free life starts with that at the core. And every reader longs for a passionate and unstoppable spirit. This book will equip the reader to fight for hope and victory for others and themselves.



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“My flesh and heart may fail, but God is my heart's strength and portion forever.” —Psalm 73:26