# <u>Aug 26– From Froissart's Chronicles translated by Lord Bernes edited by G. C. Macaulay</u>

OF THE BATTLE OF CRESSY BETWEEN THE KING OF ENGLAND AND THE FRENCH KING

The Englishmen, who were in three battles lying on the ground to rest them, as soon as they saw the Frenchmen approach, they rose upon their feet fair and easily without any haste and arranged their battles. The first, which was the prince's battle, the archers there stood in manner of a herse and the men of arms in the bottom of the battle. The earl of Northampton and the earl of Arundel with the second battle were on a wing in good order, ready to comfort the prince's battle, if need were.

The lords and knights of France came not to the assembly together in good order, for some came before and some came after in such haste and evil order, that one of them did trouble another. When the French king saw the Englishmen, his blood changed, and said to his marshals: 'Make the Genoways go on before and begin the battle in the name of God and Saint Denis.' There were of the Genoways cross-bows about a fifteen thousand, but they were so weary of going afoot that day a six leagues armed with their cross-bows, that they said to their constables: 'We be not well ordered to fight this day, for we be not in the case to do any great deed of arms: we have more need of rest.' These words came to the earl of Alengon, who said: 'A man is well at ease to be charged with such a sort of rascals, to be faint and fail now at most need.' Also the same season there fell a great rain and a clipse with a terrible thunder, and before the rain there came flying over both battles a great number of crows for fear of the tempest coming. Then anon the air began to wax clear, and the sun to shine fair and bright, the which was right in the Frenchmen's eyen and on the Englishmen's backs. When the Genoways were assembled together and began to approach, they made a great leap and cry to abash the Englishmen, but they stood still and stirred not for all that: then the Genoways again the second time made another leap and a fell cry, and stept forward a little, and the Englishmen removed not one foot: thirdly, again they leapt and cried, and went forth till they came within shot; then they shot fiercely with their cross-bows. Then the English archers stept forth one pace and let fly their arrows so wholly (together) and so thick, that it seemed snow. When the Genoways felt the arrows piercing through heads, arms and breasts, many of them cast down their cross-bows and did cut their strings and returned discomfited. When the French king saw them fly away, he said: 'Slay these rascals, for they shall let and trouble us without reason.' Then ye should have seen the men of arms dash in among them and killed a great number of them: and ever still the Englishmen shot whereas they saw thickest press; the sharp arrows ran into the men of arms and into their horses, and many fell, horse and men, among the Genoways, and when they were down, they could not relieve again, the press was so thick that one overthrew another. And also among the Englishmen there were certain rascals that went afoot with great knives, and they went in among the men of arms, and slew and murdered many as they lay on the ground, both earls, barons, knights and squires, whereof the king of England was after displeased, for he had rather they had been taken prisoners.

The valiant king of Bohemia called Charles of Luxembourg, son to the noble emperor Henry of Luxembourg, for all that he was nigh blind, when he understood the order of the battle, he said to them about him: 'Where is the lord Charles my son?' His men said: 'Sir, we cannot tell; we think he be fighting.' Then he said: 'Sirs, ye are my men, my companions and friends in this journey: I require you bring me so far forward, that I may strike one stroke with my sword.' They said they would do his commandment, and to the intent that they should not lose him in the press, they tied all their reins of their bridles each to other and set the king before to accomplish his desire, and so they went on their enemies. The lord Charles of Bohemia his son, who wrote himself king of Almaine and bare the arms, he came in good order to the battle; but when he saw that the matter went awry on their party, he departed, I cannot tell you which way. The king his father was so far forward that he strake a stroke with his sword, yea and more than four, and fought valiantly and so did his company; and they adventured themselves so forward, that they were there all slain, and the next day they were found in the place about the king, and all their horses tied each to other.

The earl of Alençon came to the battle right ordinately and fought with the Englishmen, and the earl of Flanders also on his part. These two lords with their companies coasted the English archers and came to the prince's battle, and there fought valiantly long. The French king would fain have come thither, when he saw their banners, but there was a great hedge of archers before him. The same day the French king had given a great black courser to sir John of Hainault, and he made the lord Tierry of Senzeille to ride on him and to bear his banner. The same horse took the bridle in the teeth and brought him through all the currours of the Englishmen, and as he would have returned again, he fell in a great dike and was sore hurt, and had been there dead, an his page had not been, who followed him through all the battles and saw where his master lay in the dike, and had none other let but for his horse, for the Englishmen would not issue out of their battle for taking of any prisoner. Then the page alighted and relieved his master: then he went not back again the same way that they came, there was too many in his way.

This battle between Broye and Cressy this Saturday was right cruel and fell, and many a feat of arms done that came not to my knowledge. In the night divers knights and squires lost their masters, and sometime came on the Englishmen, who received them in such wise that they were ever nigh slain; for there was none taken to mercy nor to ransom, for so the Englishmen were determined.

In the morning the day of the battle certain Frenchmen and Almains perforce opened the archers of the prince's battle and came and fought with the men of arms hand to hand. Then the second battle of the Englishmen came to succour the prince's battle, the which was time, for they had as then much ado; and they with the prince sent a messenger to the king, who was on a little windmill hill. Then the knight said to the king: 'Sir, the earl of Warwick and the earl of Oxford, sir Raynold Cobham and other, such as be about the prince your son, are fiercely fought withal and are sore handled; wherefore they desire you that you and your battle will come and aid them; for if the Frenchmen increase, as they doubt they will, your son and they shall have

much ado.' Then the king said: 'Is my son dead or hurt or on the earth felled?' 'No, sir,' quoth the knight, 'but he is hardly matched; wherefore he hath need of your aid.' 'Well,' said the king, 'return to him and to them that sent you hither, and say to them that they send no more to me for any adventure that falleth, as long as my son is alive: and also say to them that they suffer him this day to win his spurs; for if God be pleased, I will this journey be his and the honour thereof, and to them that be about him.' Then the knight returned again to them and shewed the king's words, the which greatly encouraged them, and repoined in that they had sent to the king as they did.

Sir Godfrey of Harcourt would gladly that the earl of Harcourt his brother might have been saved; for he heard say by them that saw his banner how that he was there in the field on the French party: but sir Godfrey could not come to him betimes, for he was slain or he could come at him, and so was also the earl of Aumale his nephew. In another place the earl of Alençon and the earl of Flanders fought valiantly, every lord under his own banner; but finally they could not resist against the puissance of the Englishmen, and so there they were also slain, and divers other knights and squires. Also the earl Louis of Blois, nephew to the French king, and the duke of Lorraine fought under their banners, but at last they were closed in among a company of Englishmen and Welshmen, and there were slain for all their prowess. Also there was slain the earl of Auxerre, the earl of Saint-Pol and many other.

In the evening the French king, who had left about him no more than a three-score persons, one and other, whereof sir John of Hainault was one, who had remounted once the king, for his horse was slain with an arrow, then he said to the king: 'Sir, depart hence, for it is time; lose not yourself wilfully: if ye have loss at this time, ye shall recover it again another season.' And so he took the king's horse by the bridle and led him away in a manner perforce. Then the king rode till he came to the castle of Broye. The gate was closed, because it was by that time dark: then the king called the captain, who came to the walls and said: 'Who is that calleth there this time of night?' Then the king said: 'Open your gate quickly, for this is the fortune of France.' The captain knew then it was the king, and opened the gate and let down the bridge. Then the king entered, and he had with him but five barons, sir John of Hainault, sir Charles of Montmorency, the lord of Beaujeu, the lord d'Aubigny and the lord of Montsault. The king would not tarry there, but drank and departed thence about midnight, and so rode by such guides as knew the country till he came in the morning to Amiens, and there he rested.

This Saturday the Englishmen never departed from their battles for chasing of any man, but kept still their field, and ever defended themselves against all such as came to assail them. This battle ended about evensong time.

### HOW THE NEXT DAY AFTER THE BATTLE THE ENGLISHMEN DISCOMFITED DIVERS FRENCHMEN

On this Saturday, when the night was come and that the Englishmen heard no more noise of the Frenchmen, then they reputed themselves to have the victory, and the Frenchmen to be discomfited, slain and fled away. Then they made great fires and lighted up torches and

candles, because it was very dark. Then the king avaled down from the little hill whereas he stood; and of all that day till then his helm came never on his head. Then he went with all his battle to his son the prince and embraced him in his arms and kissed him, and said: 'Fair son, God give you good perseverance; ye are my good son, thus ye have acquitted you nobly: ye are worthy to keep a realm.' The prince inclined himself to the earth, honouring the king his father.

This night they thanked God for their good adventure and made no boast thereof, for the king would that no man should be proud or make boast, but every man humbly to thank God. On the Sunday in the morning there was such a mist, that a man might not see the breadth of an acre of land from him. Then there departed from the host by the commandment of the king and marshals five hundred spears and two thousand archers, to see if they might see any Frenchmen gathered again together in any place. The same morning out of Abbeville and Saint-Riquiers in Ponthieu the commons of Rouen and of Beauvais issued out of their towns, not knowing of the discomfiture of the day before. They met with the Englishmen weening they had been Frenchmen, and when the Englishmen saw them, they set on them freshly, and there was a sore battle; but at last the Frenchmen fled and kept none array. There were slain in the ways and in hedges and bushes more than seven thousand, and if the day had been clear there had never a one escaped. Anon after, another company of Frenchmen were met by the Englishmen, the archbishop of Rouen and the great prior of France, who also knew nothing of the discomfiture the day before, for they heard that the French king should have fought the same Sunday, and they were going thitherward. When they met with the Englishmen, there was a great battle, for they were a great number, but they could not endure against the Englishmen; for they were nigh all slain, few escaped; the two lords were slain. This morning the Englishmen met with divers Frenchmen that had lost their way on the Saturday and had lain all night in the fields, and wist not where the king was nor the captains. They were all slain, as many as were met with; and it was shewed me that of the commons and men afoot of the cities and good towns of France there was slain four times as many as were slain the Saturday in the great battle.

### Aug 27-BURNNSSSSSSSS

#### **Auld Lang Syne**

Should auld acquaintance be forgot, And never brought to mind? Should auld acquaintance be forgot, And auld lang syne!

#### Chorus:

For auld lang syne, my dear, For auld lang syne. We'll tak a cup o' kindness yet, For auld lang syne.

And surely ye'll be your pint stowp! And surely I'll be mine! And we'll tak a cup o' kindness yet, For auld lang syne.

#### Chorus

We twa hae run about the braes, And pou'd the gowans fine; But we've wander'd mony a weary fit, Sin' auld lang syne.

#### Chorus

We twa hae paidl'd in the burn, Frae morning sun till dine; But seas between us braid hae roar'd Sin' auld lang syne.

#### Chorus

And there's a hand, my trusty fere! And gie's a hand o' thine! And we'll tak a right gude-willie waught, For auld lang syne.

#### Chorus

#### My Bonie Bell

The smiling Spring comes in rejoicing,
And surly Winter grimly flies;
Now crystal clear are the falling waters,
And bonie blue are the sunny skies.
Fresh o'er the mountains breaks forth the morning,
The ev'ning gilds the ocean's swell;
All creatures joy in the sun's returning,
And I rejoice in my bonie Bell.

The flowery Spring leads sunny Summer, The yellow Autumn presses near; Then in his turn comes gloomy Winter, Till smiling Spring again appear: Thus seasons dancing, life advancing, Old Time and Nature their changes tell; But never ranging, still unchanging, I adore my bonie Bell.

#### Love For Love

ITHERS seek they ken na what, Features, carriage, and a' that; Gie me love in her I court, Love to love maks a' the sport.

Let love sparkle in her e'e; Let her lo'e nae man but me; That's the tocher-gude I prize, There the luver's treasure lies.

#### A Man's a Man for a' That

Is there for honest Poverty
That hings his head, an' a' that;
The coward-slave, we pass him by,
We dare be poor for a' that!
For a' that, an' a' that.
Our toils obscure an' a' that,
The rank is but the guinea's stamp,
The Man's the gowd for a' that.

What though on hamely fare we dine,

Wear hoddin grey, an' a that; Gie fools their silks, and knaves their wine; A Man's a Man for a' that: For a' that, and a' that, Their tinsel show, an' a' that; The honest man, tho' e'er sae poor, Is king o' men for a' that.

Ye see yon birkie ca'd a lord,
Wha struts, an' stares, an' a' that,
Tho' hundreds worship at his word,
He's but a coof for a' that.
For a' that, an' a' that,
His ribband, star, an' a' that,
The man o' independent mind,
He looks an' laughs at a' that.

A Prince can mak a belted knight,
A marquis, duke, an' a' that!
But an honest man's aboon his might –
Guid faith, he mauna fa' that!
For a' that, an' a' that,
Their dignities, an' a' that,
The pith o' Sense an' pride o' Worth
Are higher rank than a' that.

Then let us pray that come it may,
As come it will for a' that,
That Sense and Worth, o'er a' the earth
Shall bear the gree an' a' that.
For a' that, an' a' that,
It's comin yet for a' that,
That Man to Man the warld o'er
Shall brithers be for a' that.

# Aug 28– From Faust by Goethe (1832) translated by Anna Swanwick

VALENTINE(a soldier, MARGARET'S brother)

When seated 'mong the jovial crowd, Where merry comrades boasting loud

Each named with pride his favourite lass,

And in her honour drain'd his glass;

Upon my elbows I would lean,

With easy quiet view the scene,

Nor give my tongue the rein until

Each swaggering blade had talked his fill.

Then smiling I my beard would stroke,

The while, with brimming glass, I spoke;

"Each to his taste!—but to my mind,

Where in the country will you find,

A maid, as my dear Gretchen fair,

Who with my sister can compare?"

Cling! Clang! so rang the jovial sound!

Shouts of assent went circling round;

Pride of her sex is she!—cried some;

Then were the noisy boasters dumb.

And now!—I could tear out my hair,

Or dash my brains out in despair!—

Me every scurvy knave may twit,

With stinging jest and taunting sneer!

Like skulking debtor I must sit,

And sweat each casual word to hear!

And though I smash'd them one and all,—

Yet them I could not liars call.

Who comes this way? who's sneaking here?

If I mistake not, two draw near.

If he be one, have at him;—well I wot

Alive he shall not leave this spot!

#### FAUST. MEPHISTOPHELES

#### **FAUST**

How from yon sacristy, athwart the night, Its beams the ever-burning taper throws,

While ever waning, fades the glimmering light,

As gathering darkness doth around it close!

So night-like gloom doth in my bosom reign.

#### **MEPHISTOPHELES**

I'm like a tom-cat in a thievish vein, That up fire-ladders tall and steep,

And round the walls doth slyly creep;

Virtuous withal, I feel, with, I confess,

A touch of thievish joy and wantonness.

Thus through my limbs already burns

The glorious Walpurgis night!

After to-morrow it returns,

Then why one wakes, one knows aright!

#### **FAUST**

Meanwhile, the treasure I see glimmering there, Will it ascend into the open air?

#### **MEPHISTOPHELES**

Ere long thou wilt proceed with pleasure, To raise the casket with its treasure;

I took a peep, therein are stored,

Of lion-dollars a rich hoard.

#### **FAUST**

And not a trinket? not a ring? Wherewith my lovely girl to deck?

#### **MEPHISTOPHELES**

I saw among them some such thing, A string of pearls to grace her neck.

#### **FAUST**

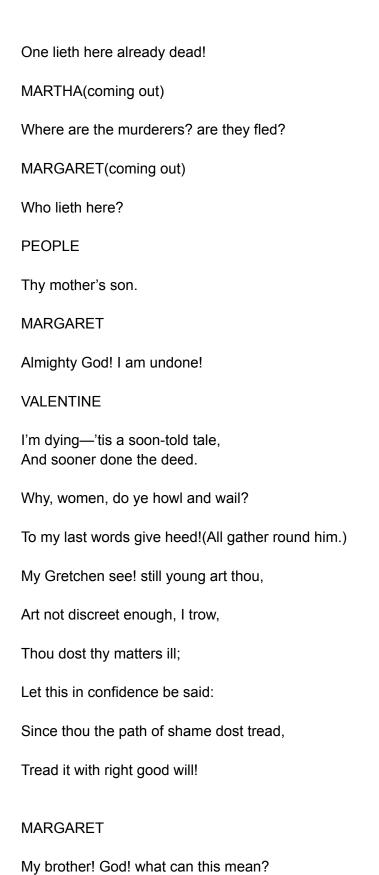
'Tis well! I'm always loath to go,

Without some gift my love to show. **MEPHISTOPHELES** Some pleasures gratis to enjoy, Should surely cause you no annoy. While bright with stars the heavens appear, I'll sing a masterpiece of art: A moral song shall charm her ear, More surely to beguile her heart.(Sings to the guitar.) Kathrina say, Why lingering stay At dawn of day Before your lover's door? Maiden, beware, Nor enter there, Lest forth you fare, A maiden never more. Maiden take heed! Reck well my rede! Is't done, the deed? Good night, you poor, poor thing! The spoiler's lies, His arts despise,

Nor yield your prize, Without the marriage ring! VALENTINE(steps forward) Whom are you luring here? I'll give it you! Accursed rat-catchers, your strains I'll end! First, to the devil the guitar I'll send! Then to the devil with the singer too! **MEPHISTOPHELES** The poor guitar! 'tis done for now. **VALENTINE** Your skull shall follow next, I trow! MEPHISTOPHELES(to FAUST) Doctor, stand fast! your strength collect! Be prompt, and do as I direct. Out with your whisk, keep close, I pray, I'll parry! do you thrust away! **VALENTINE** Then parry that! **MEPHISTOPHELES** Why not? **VALENTINE** That too!

## **MEPHISTOPHELES** With ease! **VALENTINE** The devil fights for you! Why how is this? my hand's already lamed! MEPHISTOPHELES(to FAUST) Thrust home! VALENTINE(falls) Alas! **MEPHISTOPHELES** There! Now the lubber's tamed! But quick, away! We must at once take wing; A cry of murder strikes upon the ear; With the police I know my course to steer, But with the blood-ban 'tis another thing. MARTHA(at the window) Without! without! MARGARET(at the window) Quick, bring a light! MARTHA(as above) They rail and scuffle, scream and fight!

**PEOPLE** 



#### VALENTINE

Abstain, Nor dare God's holy name profane! What's done, alas, is done and past! Matters will take their course at last; By stealth thou dost begin with one, Others will follow him anon; And when a dozen thee have known, Thou'lt common be to all the town. When infamy is newly born, In secret she is brought to light, And the mysterious veil of night O'er head and ears is drawn; The loathsome birth men fain would slay; But soon, full grown, she waxes bold, And though not fairer to behold, With brazen front insults the day: The more abhorrent to the sight, The more she courts the day's pure light. The time already I discern, When thee all honest folk will spurn,

And shun thy hated form to meet,

As when a corpse infects the street.

Thy heart will sink in blank despair,

When they shall look thee in the face!

A golden chain no more thou'lt wear!

Nor near the altar take in church thy place!

In fair lace collar simply dight

Thou'lt dance no more with spirits light!

In darksome corners thou wilt bide,

Where beggars vile and cripples hide,

And e'en though God thy crime forgive,

On earth, a thing accursed, thou'lt live!

#### MARTHA

Your parting soul to God commend! Your dying breath in slander will you spend?

#### **VALENTINE**

Could I but reach thy wither'd frame, Thou wretched beldame, void of shame!

Full measure I might hope to win

Of pardon then for every sin.

#### **MARGARET**

Brother! what agonizing pain!

**VALENTINE** 

I tell thee, from vain tears abstain! 'Twas thy dishonour pierced my heart,

Thy fall the fatal death-stab gave.

Through the death-sleep I now depart

To God, a soldier true and brave.(dies.)

#### **CATHEDRAL**

Service, Organ, and Anthem
MARGARET amongst a number of people
EVIL-SPIRIT behind MARGARET
EVIL-SPIRIT

How different, Gretchen, was it once with thee, When thou, still full of innocence,

Here to the altar camest,

And from the small and well-conn'd book

Didst lisp thy prayer,

Half childish sport,

Half God in thy young heart!

Gretchen!

What thoughts are thine?

What deed of shame

Lurks in thy sinful heart?

Is thy prayer utter'd for thy mother's soul,

Who into long, long torment slept through thee?

Whose blood is on thy threshold?

—And stirs there not already 'neath thy heart Another quick'ning pulse, that even now Tortures itself and thee With its foreboding presence? MARGARET Woe! Woe! Oh could I free me from the thoughts That hither, thither, crowd upon my brain, Against my will! **CHORUS** Dies iræ, dies illa, Solvet sæclum in favilla.(The organ sounds.) **EVIL-SPIRIT** Grim horror seizes thee! The trumpet sounds! The graves are shaken! And thy heart From ashy rest For torturing flames A new created, Trembles into life!

#### **MARGARET**

Would I were hence! It is as if the organ

Choked my breath,

As if the choir

Melted my inmost heart!

#### **CHORUS**

Judex ergo cum sedebit, Quidquid latet adparebit,

Nil inultum remanebit.

#### **MARGARET**

I feel oppressed! The pillars of the wall

Imprison me!

The vaulted roof

Weighs down upon me!—air!

#### **EVIL-SPIRIT**

Wouldst hide thee? sin and shame Remain not hidden!

Air! light!

Woe's thee!

#### **CHORUS**

Quid sum miser tunc dicturus?
Quem patronum rogaturus!

Cum vix justus sit securus.

EVIL-SPIRIT

The glorified their faces turn
Away from thee!

Shudder the pure to reach

Their hands to thee!

Woe!

CHORUS

Quid sum miser tunc dicturus—

MARGARET

Neighbour! your smelling bottle!(She swoons away.)

# Aug 29– Antony from Plutarch's Lives translated by Dryden and revised by Arthur Hugh Clough

Such being his temper, the last and crowning mischief that could befall him came in the love of Cleopatra, to awaken and kindle to fury passions that as yet lay still and dormant in his nature, and to stifle and finally corrupt any elements that yet made resistance in him, of goodness and a sound judgment. He fell into the snare thus. When making preparation for the Parthian war, he sent to command her to make her personal appearance in Cilicia, to answer an accusation, that she had given great assistance, in the late wars, to Cassius. Dellius, who was sent on this message, had no sooner seen her face, and remarked her adroitness and subtlety in speech, but he felt convinced that Antony would not so much as think of giving any molestation to a woman like this; on the contrary, she would be the first in favor with him. So he set himself at once to pay his court to the Egyptian, and gave her his advice, "to go," in the Homeric style, to Cilicia, "in her best attire," and bade her fear nothing from Antony, the gentlest and kindest of soldiers. She had some faith in the words of Dellius, but more in her own attractions, which, having formerly recommended her to Caesar and the young Cnaeus Pompey, she did not doubt might prove yet more successful with Antony. Their acquaintance was with her when a girl, young, and ignorant of the world, but she was to meet Antony in the time of life when women's beauty is most splendid, and their intellects are in full maturity. She made great preparation for her journey, of money, gifts, and ornaments of value, such as so wealthy a kingdom might afford, but she brought with her her surest hopes in her own magic arts and charms.

She received several letters, both from Antony and from his friends, to summon her, but she took no account of these orders; and at last, as if in mockery of them, she came sailing up the river Cydnus, in a barge with gilded stern and outspread sails of purple, while oars of silver beat time to the music of flutes and fifes and harps. She herself lay all along, under a canopy of cloth of gold, dressed as Venus in a picture, and beautiful young boys, like painted Cupids, stood on each side to fan her. Her maids were dressed like Sea Nymphs and Graces, some steering at the rudder, some working at the ropes. The perfumes diffused themselves from the vessel to the shore, which was covered with

multitudes, part following the galley up the river on either bank, part running out of the city to see the sight. The market-place was quite emptied, and Antony at last was left alone sitting upon the tribunal; while the word went through all the multitude, that Venus was come to feast with Bacchus, for the common good of Asia. On her arrival, Antony sent to invite her to supper. She thought it fitter he should come to her; so, willing to show his good-humor and courtesy, he complied, and went. He found the preparations to receive him magnificent beyond expression, but nothing so admirable as the great number of lights; for on a sudden there was let down altogether so great a number of branches with lights in them so ingeniously disposed, some in squares, and some in circles, that the whole thing was a spectacle that has seldom been equaled for beauty.

The next day, Antony invited her to supper, and was very desirous to outdo her as well in magnificence as contrivance; but he found he was altogether beaten in both, and was so well convinced of it, that he was himself the first to jest and mock at his poverty of wit, and his rustic awkwardness. She, perceiving that his raillery was broad and gross, and savored more of the soldier than the courtier, rejoined in the same taste, and fell into it at once, without any sort of reluctance or reserve. For her actual beauty, it is said, was not in itself so remarkable that none could be compared with her, or that no one could see her without being struck by it, but the contact of her presence, if you lived with her, was irresistible; the attraction of her person, joining with the charm of her conversation, and the character that attended all she said or did, was something bewitching. It was a pleasure merely to hear the sound of her voice, with which, like an instrument of many strings, she could pass from one language to another; so that there were few of the barbarian nations that she answered by an interpreter; to most of them she spoke herself, as to the Ethiopians, Troglodytes, Hebrews, Arabians, Syrians, Medes, Parthians, and many others, whose language she had learnt; which was all the more surprising, because most of the kings her predecessors scarcely gave themselves the trouble to acquire the Egyptian tongue, and several of them quite abandoned the Macedonian.

Antony was so captivated by her, that, while Fulvia his wife maintained his quarrels in Rome against Caesar by actual force of arms, and the Parthian troops, commanded by Labienus (the king's generals having made him commander-in-chief), were assembled in Mesopotamia, and ready to enter Syria, he could yet suffer himself to be carried away by her to Alexandria, there to keep holiday, like a boy, in play and diversion, squandering and fooling away in enjoyments that most costly, as Antiphon says, of all valuables, time. They had a sort of company, to which they gave a particular name, calling it that of the Inimitable Livers. The members entertained one another daily in turn, with an extravagance of expenditure beyond measure or belief. Philotas, a physician of Amphissa, who was at that time a student of medicine in Alexandria, used to tell my grandfather Lamprias, that, having some acquaintance with one of the royal cooks, he was invited by him, being a young man, to come and see the sumptuous preparations for supper. So he was taken into the kitchen, where he admired the prodigious variety of all things; but particularly, seeing eight wild boars roasting whole, says he, "Surely you have a great number of guests." The cook laughed at his simplicity, and told him there were not above twelve to sup, but that every dish was to be served up just roasted to a turn, and if anything was but one minute ill-timed, it was spoiled; "And," said he, "maybe Antony will sup just now, maybe not this hour, maybe he will call for wine, or begin to talk, and will put it off. So that," he continued, "it is not one, but many suppers must be had in readiness, as it is impossible to guess at his hour." This was Philotas's story; who related besides, that he afterwards came to be one of the medical attendants of Antony's eldest son by Fulvia, and used to be invited pretty often, among other companions, to his table, when he was not supping with his father. One day another physician had talked loudly, and given great disturbance to the company, whose mouth Philotas stopped with this sophistical syllogism: "In some states of fever the patient should take cold water; everyone who has a fever is in some state of fever; therefore in a fever cold water should always be taken." The man was quite struck dumb, and Antony's son, very much pleased, laughed aloud, and said, Philotas, "I make you a present of all you see there," pointing to a sideboard covered with plate. Philotas thanked him much, but was far enough from ever imagining that a boy of his age could dispose of things of that value. Soon after, however, the plate was all brought to him, and he was desired to set his mark upon it; and when he put it away from him, and was afraid to accept the present, "What ails the man?" said he that brought it; "do you know that he who gives you this is Antony's son, who is free to give it, if it

were all gold? but if you will be advised by me, I would counsel you to accept of the value in money from us; for there may be amongst the rest some antique or famous piece of workmanship, which Antony would be sorry to part with." These anecdotes my grandfather told us Philotas used frequently to relate.

To return to Cleopatra; Plato admits four sorts of flattery, but she had a thousand. Were Antony serious or disposed to mirth, she had at any moment some new delight or charm to meet his wishes; at every turn she was upon him, and let him escape her neither by day nor by night. She played at dice with him, drank with him, hunted with him; and when he exercised in arms, she was there to see. At night she would go rambling with him to disturb and torment people at their doors and windows, dressed like a servant-woman, for Antony also went in servant's disguise, and from these expeditions he often came home very scurvily answered, and sometimes even beaten severely, though most people guessed who it was. However, the Alexandrians in general liked it all well enough, and joined good humoredly and kindly in his frolic and play, saying they were much obliged to Antony for acting his tragic parts at Rome, and keeping his comedy for them. It would be trifling without end to be particular in his follies, but his fishing must not be forgotten. He went out one day to angle with Cleopatra, and, being so unfortunate as to catch nothing in the presence of his mistress, he gave secret orders to the fishermen to dive under water, and put fishes that had been already taken upon his hooks; and these he drew so fast that the Egyptian perceived it. But, feigning great admiration, she told everybody how dexterous Antony was, and invited them next day to come and see him again. So, when a number of them had come on board the fishing boats, as soon as he had let down his hook, one of her servants was beforehand with his divers, and fixed upon his hook a salted fish from Pontus. Antony, feeling his line give, drew up the prey, and when, as may be imagined, great laughter ensued, "Leave," said Cleopatra, "the fishing-rod, general, to us poor sovereigns of Pharos and Canopus; your game is cities, provinces, and kingdoms."

Whilst he was thus diverting himself and engaged in this boys' play, two dispatches arrived; one from Rome, that his brother Lucius and his wife Fulvia, after many quarrels among themselves, had joined in war against Caesar, and, having lost all, had fled out of Italy; the other bringing little better

news, that Labienus, at the head of the Parthians, was overrunning Asia, from Euphrates and Syria as far as Lydia and Ionia. So, scarcely at last rousing himself from sleep, and shaking off the fumes of wine, he set out to attack the Parthians, and went as far as Phoenicia; but, upon the receipt of lamentable letters from Fulvia, turned his course with two hundred ships to Italy. And, in his way, receiving, such of his friends as fled from Italy, he was given to understand that Fulvia was the sole cause of the war, a woman of a restless spirit and very bold, and withal her hopes were that commotions in Italy would force Antony from Cleopatra. But it happened that Fulvia, as she was coming to meet her husband, fell sick by the way, and died at Sicyon, so that an accommodation was the more easily made. For when he reached Italy, and Caesar showed no intention of laying anything to his charge, and he on his part shifted the blame of everything on Fulvia, those that were friends to them would not suffer that the time should be spent in looking narrowly into the plea, but made a reconciliation first, and then a partition of the empire between them, taking as their boundary the Ionian Sea, the eastern provinces falling to Antony, to Caesar the western, and Africa being left to Lepidus. And an agreement was made, that everyone in their turn, as he thought fit, should make their friends consuls, when they did not choose to take the offices themselves.

These terms were well approved of, but yet it was thought some closer tie would be desirable; and for this, fortune offered occasion. Caesar had an elder sister, not of the whole blood, for Attia was his mother's name, hers Ancharia. This sister, Octavia, he was extremely attached to, as, indeed, she was, it is said, quite a wonder of a woman. Her husband, Caius Marcellus, had died not long before, and Antony was now a widower by the death of Fulvia; for, though he did not disavow the passion he had for Cleopatra, yet he disowned anything of marriage, reason, as yet, upon this point, still maintaining the debate against the charms of the Egyptian. Everybody concurred in promoting this new alliance, fully expecting that with the beauty, honor, and prudence of Octavia, when her company should. as it was certain it would, have engaged his affections, all would be kept in the safe and happy course of friendship. So, both parties being agreed, they went to Rome to celebrate the nuptials, the senate dispensing with the law by which a widow was not permitted to marry till ten months after the death of her husband.

Sextus Pompeius was in possession of Sicily, and with his ships, under the command of Menas, the pirate, and Menecrates, so infested the Italian coast, that no vessels durst venture into those seas. Sextus had behaved with much humanity towards Antony, having received his mother when she fled with Fulvia, and it was therefore judged fit that he also should be received into the peace. They met near the promontory of Misenum, by the mole of the port, Pompey having his fleet at anchor close by, and Antony and Caesar their troops drawn up all along the shore. There it was concluded that Sextus should quietly enjoy the government of Sicily and Sardinia, he conditioning to scour the seas of all pirates, and to send so much corn every year to Rome.

This agreed on, they invited one another to supper, and by lot it fell to Pompey's turn to give the first entertainment, and Antony, asking where it was to be, "There," said he, pointing to the admiral-galley, a ship of six banks of oars, "that is the only house that Pompey is heir to of his father's." And this he said, reflecting upon Antony, who was then in possession of his father's house. Having fixed the ship on her anchors, and formed a bridgeway from the promontory to conduct on board of her, he gave them a cordial welcome. And when they began to grow warm, and jests were passing freely on Antony and Cleopatra's loves, Menas, the pirate, whispered Pompey in the ear, "Shall I," said he, "cut the cables, and make you master not of Sicily only and Sardinia, but of the whole Roman empire?" Pompey, having considered a little while, returned him answer, "Menas, this might have been done without acquainting me; now we must rest content; I do not break my word." And so, having been entertained by the other two in their turns, he set sail for Sicily.

After the treaty was completed, Antony dispatched Ventidius into Asia, to check the advance of the Parthians, while he, as a compliment to Caesar, accepted the office of priest to the deceased Caesar. And in any state affair and matter of consequence, they both behaved themselves with much consideration and friendliness for each other. But it annoyed Antony, that in all their amusements, on any trial of skill or fortune, Caesar should be constantly victorious. He had with him an Egyptian diviner, one of those who calculate nativities, who, either to make his court to Cleopatra, or that by the rules

of his art he found it to be so, openly declared to him, that though the fortune that attended him was bright and glorious, yet it was overshadowed by Caesar's; and advised him to keep himself as far distant as he could from that young man; "for your Genius," said he, "dreads his; when absent from him yours is proud and brave, but in his presence unmanly and dejected;" and incidents that occurred appeared to show that the Egyptian spoke truth. For whenever they cast lots for any playful purpose, or threw dice, Antony was still the loser; and repeatedly, when they fought game-cocks or quails, Caesar's had the victory. This gave Antony a secret displeasure, and made him put the more confidence in the skill of his Egyptian. So, leaving the management of his home affairs to Caesar, he left Italy, and took Octavia, who had lately borne him a daughter, along with him into Greece.

Here, whilst he wintered in Athens, he received the first news of Ventidius's successes over the Parthians, of his having defeated them in a battle, having slain Labienus and Pharnapates, the best general their king, Hyrodes, possessed. For the celebrating of which he made a public feast through Greece, and for the prizes which were contested at Athens he himself acted as steward, and, leaving at home the ensigns that are carried before the general, he made his public appearance in a gown and white shoes, with the steward's wands marching before; and he performed his duty in taking the combatants by the neck, to part them, when they had fought enough.

When the time came for him to set out for the war, he took a garland from the sacred olive, and, in obedience to some oracle, he filled a vessel with the water of the Clepsydra, to carry along with him. In this interval, Pacorus, the Parthian king's son, who was marching into Syria with a large army, was met by Ventidius, who gave him battle in the country of Cyrrhestica, slew a large number of his men, and Pacorus among the first. This victory was one of the most renowned achievements of the Romans, and fully avenged their defeats under Crassus, the Parthians being obliged, after the loss of three battles successively, to keep themselves within the bounds of Media and Mesopotamia. Ventidius was not willing to push his good fortune further, for fear of raising some jealousy in Antony, but, turning his arms against those that had guitted the Roman interest, he reduced them to their former obedience. Among the rest, he besieged Antiochus, king of Commagene, in the city of

Samosata, who made an offer of a thousand talents for his pardon, and a promise of submission to Antony's commands. But Ventidius told him that he must send to Antony, who was already on his march, and had sent word to Ventidius to make no terms with Antiochus, wishing that at any rate this one exploit might be ascribed to him, and that people might not think that all his successes were won by his lieutenants. The siege, however, was long protracted; for when those within found their offers refused, they defended themselves stoutly, till, at last, Antony, finding he was doing nothing, in shame and regret for having refused the first offer, was glad to make an accommodation with Antiochus for three hundred talents. And, having given some orders for the affairs of Syria, he returned to Athens; and, paying Ventidius the honors he well deserved, dismissed him to receive his triumph. He is the only man that has ever yet triumphed for victories obtained over the Parthians; he was of obscure birth, but, by means of Antony's friendship, obtained an opportunity of showing his capacity, and doing great things; and his making such glorious use of it gave new credit to the current observation about Caesar and Antony, that they were more fortunate in what they did by their lieutenants than in their own persons. For Sossius, also, had great success, and Canidius, whom he left in Armenia, defeated the people there, and also the kings of the Albanians and Iberians, and marched victorious as far as Caucasus, by which means the fame of Antony's arms had become great among the barbarous nations.

He, however, once more, upon some unfavorable stories, taking offense against Caesar, set sail with three hundred ships for Italy, and, being refused admittance to the port of Brundusium, made for Tarentum. There his wife Octavia, who came from Greece with him, obtained leave to visit her brother, she being then great with child, having already borne her husband a second daughter; and as she was on her way, she met Caesar, with his two friends Agrippa and Maecenas, and, taking these two aside, with great entreaties and lamentations she told them, that of the most fortunate woman upon earth, she was in danger of becoming the most unhappy; for as yet everyone's eyes were fixed upon her as the wife and sister of the two great commanders, but, if rash counsels should prevail, and war ensue, "I shall be miserable," said she, "without redress; for on what side soever victory falls, I shall be sure to be a loser." Caesar was overcome by these entreaties, and advanced in a peaceable temper

to Tarentum, where those that were present beheld a most stately spectacle; a vast army drawn up by the shore, and as great a fleet in the harbor, all without the occurrence of any act of hostility; nothing but the salutations of friends, and other expressions of joy and kindness, passing from one armament to the other. Antony first entertained Caesar this also being a concession on Caesar's part to his sister; and when at length an agreement was made between them, that Caesar should give Antony two of his legions to serve him in the Parthian war, and that Antony should in return leave with him a hundred armed galleys. Octavia further obtained of her husband, besides this, twenty light ships for her brother, and of her brother, a thousand foot for her husband. So, having parted good friends, Caesar went immediately to make war with Pompey to conguer Sicily. And Antony, leaving in Caesar's charge his wife and children, and his children by his former wife Fulvia, set sail for Asia.

But the mischief that thus long had lain still, the passion for Cleopatra, which better thoughts had seemed to have lulled and charmed into oblivion, upon his approach to Syria, gathered strength again, and broke out into a flame. And, in fine, like Plato's restive and rebellious horse of the human soul, flinging off all good and wholesome counsel, and breaking fairly loose, he sends Fonteius Capito to bring Cleopatra into Syria. To whom at her arrival he made no small or trifling present, Phoenicia, Coele-Syria, Cyprus, great part of Cilicia, that side of Judaea which produces balm, that part of Arabia where the Nabathaeans extend to the outer sea; profuse gifts, which much displeased the Romans. For, although he had invested several private persons in great governments and kingdoms, and bereaved many kings of theirs, as Antigonus of Judaea, whose head he caused to be struck off (the first example of that punishment being inflicted on a king), yet nothing stung the Romans like the shame of these honors paid to Cleopatra. Their dissatisfaction was augmented also by his acknowledging as his own the twin children he had by her, giving them the name of Alexander and Cleopatra, and adding, as their surnames, the titles of Sun and Moon. But he, who knew how to put a good color on the most dishonest action, would say, that the greatness of the Roman empire consisted more in giving than in taking kingdoms, and that the way to carry noble blood through the world was by begetting in every place a new line and series of kings; his own ancestor had thus been born of Hercules; Hercules had not limited his hopes of progeny to a single womb, nor feared any

law like Solon's, or any audit of procreation, but had freely let nature take her will in the foundation and first commencement of many families.

### <u>Aug 30– Meditations by Marcus Aurelius translated</u> by George Long

In the morning when thou risest unwillingly, let this thought be present,—I am rising to the work of a human being. Why then am I dissatisfied if I am going to do the things for which I exist and for which I was brought into the world? Or have I been made for this, to lie in the bed-clothes and keep myself warm?—But this is more pleasant.—Dost thou exist then to take thy pleasure, and not at all for action or exertion? Dost thou not see the little plants, the little birds, the ants, the spiders, the bees working together to put in order their several parts of the universe? And art thou unwilling to do the work of a human being, and dost thou not make haste to do that which, is according to thy nature? But it is necessary to take rest also.—It is necessary. However, Nature has fixed bounds to this too: she has fixed bounds to eating and drinking, and yet thou goest beyond these bounds, beyond what is sufficient; yet in thy acts it is not so, but thou stoppest short of what thou canst do. So thou lovest not thyself, for if thou didst, thou wouldst love thy nature and her will. But those who love their several arts exhaust themselves in working at them unwashed and without food; but thou valuest thy own nature less than the turner values the turning art, or the dancer the dancing art, or the lover of money values his money, or the vain-glorious man his little glory. And such men, when they have a violent affection to a thing, choose neither to eat nor to sleep rather than to perfect the things which they care for. But are the acts which concern society more vile in thy eyes and less worthy of thy labor?

- 2. How easy it is to repel and to wipe away every impression which is troublesome or unsuitable, and immediately to be in all tranquillity.
- 3. Judge every word and deed which are according to nature to be fit for thee; and be not diverted by the blame which follows from any people, nor by their words, but if a thing is good to be done or said, do not consider it unworthy of thee. For those persons have their peculiar leading principle and follow their peculiar movement; which things do not thou regard, but go straight on, following thy own nature and the common nature; and the way of both is one.
- 4. I go through the things which happen according to nature until I shall fall and rest, breathing out my breath into that element out of which I daily draw it in, and falling upon that earth out of which my father collected the seed, and my mot her the blood, and my nurse the milk; out of which during so many years I have been supplied with food and drink; which bears me when I tread on it and abuse it for so many purposes.
- 5. Thou sayest, Men cannot admire the sharpness of thy wits.—Be it so: but there are many other things of which thou canst not say, I am not formed from them by nature. Show those qualities then which are altogether in thy power, sincerity, gravity, endurance of labor, aversion to pleasure, contentment with thy portion and with few things, benevolence, frankness, no love of superfluity, freedom from trifling, magnanimity. Dost thou not see how many qualities thou art immediately able to exhibit, in which there is no excuse of natural incapacity and unfitness, and yet thou still remainest voluntarily below the mark? or art thou compelled through being

defectively furnished by nature to murmur, and to be stingy, and to flatter, and to find fault with thy poor body, and to try to please men, and to make great display, and to be so restless in thy mind? No, by the gods; but thou mightest have been delivered from these things long ago. Only if in truth thou canst be charged with being rather slow and dull of comprehension, thou must exert thyself about this also, not neglecting it nor yet taking pleasure in thy dullness.

- 6. One man, when he has done a service to another, is ready to set it down to his account as a favor conferred. Another is not ready to do this, but still in his own mind he thinks of the man as his debtor, and he knows what he has done. A third in a manner does not even know what he has done, but he is like a vine which has produced grapes, and seeks for nothing more after it has once produced its proper fruit. As a horse when he has run, a dog when he has tackled the game, a bee when it has made the honey, so a man when he has done a good act does not call out for others to come and see, but he goes on to another act, as a vine goes on to produce again the grapes in season.—Must a man then be one of these, who in a manner act thus without observing it?—Yes.—But this very thing is necessary, the observation of what a man is doing: for, it may be said, it is characteristic of the social animal to perceive that he is working in a social manner, and indeed to wish that his social partner also should perceive it.—It is true that thou sayest, but thou dost not rightly understand what is now said: and for this reason thou wilt become one of those of whom I spoke before, for even they are misled by a certain show of reason. But if thou wilt choose to understand the meaning of what is said, do not fear that for this reason thou wilt omit any social act.
- 7. A prayer of the Athenians: Rain, rain, O dear Zeus, down on the ploughed fields of the Athenians and on the plains.—In truth we ought not to pray at all, or we ought to pray in this simple and noble fashion.
- 8. Just as we must understand when it is said, That Aesculapius prescribed to this man horse-exercise, or bathing in cold water, or going without shoes, so we must understand it when it is said. That the nature of the universe prescribed to this man disease, or mutilation, or loss, or anything else of the kind. For in the first case Prescribed means something like this: he prescribed this for this man as a thing adapted to procure health; and in the second case it means. That which happens to [or suits] every man is fixed in a manner for him suitably to his destiny. For this is what we mean when we say that things are suitable to us, as the workmen say of squared stones in walls or the pyramids, that they are suitable, when they fit them to one another in some kind of connection. For there is altogether one fitness [harmony]. And as the universe is made up out of all bodies to be such a body as it is, so out of all existing causes necessity [destiny] is made up to be such a cause as it is. And even those who are completely ignorant understand what I mean; for they say, It [necessity, destiny] brought this to such a person.—This then was brought and this was prescribed to him. Let us then receive these things, as well as those which Aesculapius prescribes. Many as a matter of course even among his prescriptions are disagreeable, but we accept them in the hope of health. Let the perfecting and accomplishment of the things which the common nature judges to be good, be judged by thee to be of the same kind as thy health. And so accept everything which happens, even if it seem disagreeable, because it leads to this, to the health of the universe and to the prosperity and felicity of Zeus [the universe]. For he would not have brought on any man what he has

brought, if it were not useful for the whole. Neither does the nature of anything, whatever it may be, cause anything which is not suitable to that which is directed by it. For two reasons then it is right to be content with that which happens to thee; the one, because it was done for thee and prescribed for thee, and in a manner had reference to thee, originally from the most ancient causes spun with thy destiny; and the other, because even that which comes severally to every man is to the power which administers the universe a cause of felicity and perfection, nay even of its very continuance. For the integrity of the whole is mutilated, if thou cuttest off anything whatever from the conjunction and the continuity either of the parts or of the causes. And thou dost cut off, as far as it is in thy power, when thou art dissatisfied, and in a manner triest to put anything out of the way.

[A] In this section there is a play on the meaning of συμβα νείν.



THE CAPITOL AND TEMPLE OF JUPITER

9. Be not disgusted, nor discouraged, nor dissatisfied, if thou dost not succeed in doing everything according to right principles, but when thou hast failed, return back again, and be content if the greater part of what thou doest is consistent with man's nature, and love this to which thou returnest; and do not return to philosophy as if she were a master, but act like those who have sore eyes and apply a bit of sponge and egg, or as another applies a plaster, or drenching with water. For thus thou wilt not fail to + obey reason, and thou wilt repose in it. And remember that philosophy requires only things which thy nature requires; but thou wouldst have something else which is not according to nature.—It may be objected, Why, what is more agreeable than this [which I am doing]? But is not this the very reason why pleasure deceives us? And consider if magnanimity, freedom, simplicity, equanimity, piety, are not more agreeable. For what is more agreeable than wisdom itself, when thou thinkest of the security and the happy course of all things which depend on the faculty of understanding and knowledge?

- 10. Things are in such a kind of envelopment that they have seemed to philosophers, not a few nor those common philosophers, altogether unintelligible; nay even to the Stoics themselves they seem difficult to understand. And all our assent is changeable; for where is the man who never changes? Carry thy thoughts then to the objects themselves, and consider how short-lived they are and worthless, and that they may be in the possession of a filthy wretch or a whore or a robber. Then turn to the morals of those who live with thee, and it is hardly possible to endure even the most agreeable of them, to say nothing of a man being hardly able to endure himself. In such darkness then and dirt, and in so constant a flux both of substance and of time, and of motion and of things moved, what there is worth being highly prized, or even an object of serious pursuit, I cannot imagine. But on the contrary it is a man's duty to comfort himself, and to wait for the natural dissolution, and not to be vexed at the delay, but to rest in these principles only: the one, that nothing will happen to me which is not conformable to the nature of the universe; and the other, that it is in my power never to act contrary to my god and daemon: for there is no man who will compel me to this.
- 11. About what am I now employing my own soul? On every occasion I must ask myself this question, and inquire, What have I now in this part of me which they call the ruling principle? and whose soul have I now,—that of a child, or of a young man, or of a feeble woman, or of a tyrant, or of a domestic animal, or of a wild beast?
- 12. What kind of things those are which appear good to the many, we may learn even from this. For if any man should conceive certain things as being really good, such as prudence, temperance, justice, fortitude, he would not after having first conceived these endure to listen to anything+ which should not be in harmony with what is really good.+ But if a man has first conceived as good the things which appear to the many to be good, he will listen and readily receive as very applicable that which was said by the comic writer. +Thus even the many perceive the difference.+ For were it not so, this saying would not offend and would not be rejected [in the first case], while we receive it when it is said of wealth, and of the means which further luxury and fame, as said fitly and wittily. Go on then and ask if we should value and think those things to be good, to which after their first conception in the mind the words of the comic writer might be aptly applied,—that he who has them, through pure abundance has not a place to ease himself in.
- 13. I am composed of the formal and the material; and neither of them will perish into non-existence, as neither of them came into existence out of non-existence. Every part of me then will be reduced by change into some part of the universe, and that again will change into another part of the universe, and so on forever. And by consequence of such a change I too exist, and those who begot me, and so on forever in the other direction. For nothing hinders us from saying so, even if the universe is administered according to definite periods [of revolution].
- 14. Reason and the reasoning art [philosophy] are powers which are sufficient for themselves and for their own works. They move then from a first principle which is their own, and they make their way to the end which is proposed to them; and this is the reason why such acts are named Catorthoseis or right acts, which word signifies that they proceed by the right road.

- 15. None of these things ought to be called a man's, which do not belong to a man, as man. They are not required of a man, nor does man's nature promise them, nor are they the means of man's nature attaining its end. Neither then does the end of man lie in these things, nor yet that which aids to the accomplishment of this end, and that which aids toward this end is that which is good. Besides, if any of these things did belong to man, it would not be right for a man to despise them and to set himself against them; nor would a man be worthy of praise who snowed that he did not want these things, nor would he who stinted himself in any of them be good, if indeed these things were good. But now the more of these things a man deprives himself of, or of other things like them, or even when he is deprived of any of them, the more patiently he endures the loss, just in the same degree he is a better man.
- 16. Such as are thy habitual thoughts, such also will be the character of thy mind; for the soul is dyed by the thoughts. Dye it then with a continuous series of such thoughts as these: for instance, that where a man can live, there he can also live well. But he must live in a palace; well then, he can also live well in a palace. And again, consider that for whatever purpose each thing has been constituted, for this it has been constituted, and towards this it is carried; and its end is in that towards which it is carried; and where the end is, there also is the advantage and the good of each thing. Now the good for the reasonable animal is society; for that we are made for society has been shown above. Is it not plain that the inferior exists for the sake of the superior? But the things which have life are superior to those which have not life, and of those which have life the superior are those which have reason.

[A] ii. 1.

- 17. To seek what is impossible is madness: and it is impossible that the bad should not do something of this kind.
- 18. Nothing happens to any man which he is not formed by nature to bear. The same things happen to another, and either because he does not see that they have happened, or because he would show a great spirit, he is firm and remains unharmed. It is a shame then that ignorance and conceit should be stronger than wisdom.
- 19. Things themselves touch not the soul, not in the least degree; nor have they admission to the soul, nor can they turn or move the soul: but the soul turns and moves itself alone, and whatever judgments it may think proper to make, such it makes for itself the things which present themselves to it.
- 20. In one respect man is the nearest thing to me, so far as I must do good to men and endure them. But so far as some men make themselves obstacles to my proper acts, man becomes to me one of the things which are indifferent, no less than the sun or wind or a wild beast. Now it is true that these may impede my action, but they are no impediments to my affects and disposition, which have the power of acting conditionally and changing: for the mind converts and changes every hindrance to its activity into an aid; and so that which is a hindrance is made a furtherance to an act; and that which is an obstacle on the road helps us on this road.

- 21. Reverence that which is best in the universe; and this is that which makes use of all things and directs all things. And in like manner also reverence that which is best in thyself; and this is of the same kind as that. For in thyself also, that which makes use of everything else is this, and thy life is directed by this.
- 22. That which does no harm to the state, does no harm to the citizen. In the case of every appearance of harm apply this rule: if the state is not harmed by this, neither am I harmed. But if the state is harmed, thou must not be angry with him who does harm to the state. Show him where his error is.

# Aug 31– "The American Scholar" by Ralph Waldo Emerson (1837)

Mr. President and Gentlemen,

I greet you on the re-commencement of our literary year. Our anniversary is one of hope, and, perhaps, not enough of labor. We do not meet for games of strength or skill, for the recitation of histories, tragedies, and odes, like the ancient Greeks; for parliaments of love and poesy, like the Troubadours; nor for the advancement of science, like our contemporaries in the British and European capitals. Thus far, our holiday has been simply a friendly sign of the survival of the love of letters amongst a people too busy to give to letters any more. As such, it is precious as the sign of an indestructible instinct. Perhaps the time is already come, when it ought to be, and will be, something else; when the sluggard intellect of this continent will look from under its iron lids, and fill the postponed expectation of the world with something better than the exertions of mechanical skill. Our day of dependence, our long apprenticeship to the learning of other lands, draws to a close.

The millions, that around us are rushing into life, cannot always be fed on the sere remains of foreign harvests. Events, actions arise, that must be sung, that will sing themselves. Who can doubt, that poetry will revive and lead in a new age, as the star in the constellation Harp, which now flames in our zenith, astronomers announce, shall one day be the pole-star for a thousand years?

In this hope, I accept the topic which not only usage, but the nature of our association, seem to prescribe to this day,--the AMERICAN SCHOLAR. Year by year, we come up hither to read one more chapter of his biography. Let us inquire what light new days and events have thrown on his character, and his hopes.

It is one of those fables, which, out of an unknown antiquity, convey an unlooked-for wisdom, that the gods, in the beginning, divided Man into men, that he might be more helpful to himself; just as the hand was divided into fingers, the better to answer its end.

The old fable covers a doctrine ever new and sublime; that there is One Man,--present to all particular men only partially, or through one faculty; and that you must take the whole society to find the whole man. Man is not a farmer, or a professor, or an engineer, but he is all. Man is priest, and scholar, and statesman, and producer, and soldier. In the divided or social state, these functions are parceled out to individuals, each of whom aims to do his stint of the joint work, whilst each other performs his. The fable implies, that the individual, to possess himself, must sometimes return from his own labor to embrace all the other laborers. But unfortunately, this original unit, this fountain of power, has been so distributed to multitudes, has been so minutely subdivided and peddled out, that it is spilled into drops, and cannot be gathered. The state of society is one in which the members have suffered amputation from the trunk, and strut about so many walking monsters,--a good finger, a neck, a stomach, an elbow, but never a man.

Man is thus metamorphosed into a thing, into many things. The planter, who is Man sent out into the field to gather food, is seldom cheered by any idea of the true dignity of his ministry. He sees his bushel and his cart, and nothing beyond, and sinks into the farmer, instead of Man on the farm. The tradesman scarcely ever gives an ideal worth to his work, but is ridden by the routine of his craft, and the soul is subject to dollars. The priest becomes a form; the attorney, a statute-book; the mechanic, a machine; the sailor, a rope of a ship.

In this distribution of functions, the scholar is the delegated intellect. In the right state, he is, Man Thinking. In the degenerate state, when the victim of society, he tends to become a mere thinker, or, still worse, the parrot of other men's thinking.

In this view of him, as Man Thinking, the theory of his office is contained. Him nature solicits with all her placid, all her monitory pictures; him the past instructs; him the future invites.

Is not, indeed, every man a student, and do not all things exist for the student's behoof? And, finally, is not the true scholar the only true master? But the old oracle said, `All things have two handles: beware of the wrong one.' In life, too often, the scholar errs with mankind and forfeits his privilege. Let us see him in his school, and consider him in reference to the main influences he receives.

I. The first in time and the first in importance of the influences upon the mind is that of nature. Every day, the sun; and, after sunset, night and her stars. Ever the winds blow; ever the grass grows. Every day, men and women, conversing, beholding and beholden. The scholar is he of all men whom this spectacle most engages. He must settle its value in his mind. What is nature to him? There is never a beginning, there is never an end, to the inexplicable continuity of this web of God, but always circular power returning into itself. Therein it resembles his own spirit, whose beginning, whose ending, he never can find, --so entire, so boundless. Far, too, as her splendors shine, system on system shooting like rays, upward, downward, without centre, without circumference,--in the mass and in the particle, nature hastens to render account of herself to the mind. Classification begins. To the young mind, every thing is individual, stands by itself. By and by, it finds how to join two things, and see in them one nature; then three, then three thousand; and so, tyrannized over by its own unifying instinct, it goes on tying things together, diminishing anomalies, discovering roots running under ground, whereby contrary and remote things cohere, and flower out from one stem. It presently learns, that, since the dawn of history, there has been a constant accumulation and classifying of facts. But what is classification but the perceiving that these objects are not chaotic, and are not foreign, but have a law which is also a law of the human mind? The astronomer discovers that geometry, a pure abstraction of the human mind, is the measure of planetary motion. The chemist finds proportions and intelligible method throughout matter; and science is nothing but the finding of analogy, identity, in the most remote parts. The ambitious soul sits down before each refractory fact; one after another, reduces all strange constitutions, all new powers, to their class and their law, and goes on for ever to animate the last fibre of organization, the outskirts of nature, by insight.

Thus to him, to this school-boy under the bending dome of day, is suggested, that he and it proceed from one root; one is leaf and one is flower; relation, sympathy, stirring in every vein. And what is that Root? Is not that the soul of his soul?--A thought too bold,--a dream too wild. Yet when this spiritual light shall have revealed the law of more earthly natures,--when he has learned to worship the soul, and to see that the natural philosophy that now is, is only the first gropings of its gigantic hand, he shall look forward to an ever expanding knowledge as to a becoming creator. He shall see, that nature is the opposite of the soul, answering to it part for part. One is seal, and one is print. Its beauty is the beauty of his own mind. Its laws are the laws of his own mind. Nature then becomes to him the measure of his attainments. So much of nature as he is ignorant of, so much of his own mind does he not yet possess. And, in fine, the ancient precept, "Know thyself," and the modern precept, "Study nature," become at last one maxim.

II. The next great influence into the spirit of the scholar, is, the mind of the Past,--in whatever form, whether of literature, of art, of institutions, that mind is inscribed. Books are the best type of the influence of the past, and perhaps we shall get at the truth,--learn the amount of this influence more conveniently,--by considering their value alone.

The theory of books is noble. The scholar of the first age received into him the world around; brooded thereon; gave it the new arrangement of his own mind, and uttered it again. It came into him, life; it went out from him, truth. It came to him, short-lived actions; it went out from him, immortal thoughts. It came to him, business; it went from him, poetry. It was dead fact; now, it is quick thought. It can stand, and it can go. It now endures, it now flies, it now inspires. Precisely in proportion to the depth of mind from which it issued, so high does it soar, so long does it sing.

Or, I might say, it depends on how far the process had gone, of transmuting life into truth. In proportion to the completeness of the distillation, so will the purity and imperishableness of the product be. But none is quite perfect. As no air-pump can by any means make a perfect vacuum, so neither can any artist entirely exclude the conventional, the local, the perishable from his book, or write a book of pure thought, that shall be as efficient, in all respects, to a remote posterity, as to contemporaries, or rather to the second age. Each age, it is found, must write its own books; or rather, each generation for the next succeeding. The books of an older period will not fit this.

Yet hence arises a grave mischief. The sacredness which attaches to the act of creation,--the act of thought,--is transferred to the record. The poet chanting, was felt to be a divine man: henceforth the chant is divine also. The writer was a just and wise spirit: henceforward it is settled, the book is perfect; as love of the hero corrupts into worship of his statue. Instantly, the book becomes noxious: the guide is a tyrant. The sluggish and perverted mind of the multitude, slow to open to the incursions of Reason, having once so opened, having once received this book, stands upon it, and makes an outcry, if it is disparaged. Colleges are built on it. Books are written on it by thinkers, not by Man Thinking; by men of talent, that is, who

start wrong, who set out from accepted dogmas, not from their own sight of principles. Meek young men grow up in libraries, believing it their duty to accept the views, which Cicero, which Locke, which Bacon, have given, forgetful that Cicero, Locke, and Bacon were only young men in libraries, when they wrote these books.

Hence, instead of Man Thinking, we have the bookworm. Hence, the book-learned class, who value books, as such; not as related to nature and the human constitution, but as making a sort of Third Estate with the world and the soul. Hence, the restorers of readings, the emendators, the bibliomaniacs of all degrees.

Books are the best of things, well used; abused, among the worst. What is the right use? What is the one end, which all means go to effect? They are for nothing but to inspire. I had better never see a book, than to be warped by its attraction clean out of my own orbit, and made a satellite instead of a system. The one thing in the world, of value, is the active soul. This every man is entitled to; this every man contains within him, although, in almost all men, obstructed, and as yet unborn. The soul active sees absolute truth; and utters truth, or creates. In this action, it is genius; not the privilege of here and there a favorite, but the sound estate of every man. In its essence, it is progressive. The book, the college, the school of art, the institution of any kind, stop with some past utterance of genius. This is good, say they,--let us hold by this. They pin me down. They look backward and not forward. But genius looks forward: the eyes of man are set in his forehead, not in his hindhead: man hopes: genius creates. Whatever talents may be, if the man create not, the pure efflux of the Deity is not his;--cinders and smoke there may be, but not yet flame. There are creative manners, there are creative actions, and creative words; manners, actions, words, that is, indicative of no custom or authority, but springing spontaneous from the mind's own sense of good and fair.

On the other part, instead of being its own seer, let it receive from another mind its truth, though it were in torrents of light, without periods of solitude, inquest, and self-recovery, and a fatal disservice is done. Genius is always sufficiently the enemy of genius by over influence. The literature of every nation bear me witness. The English dramatic poets have Shakspearized now for two hundred years.

Undoubtedly there is a right way of reading, so it be sternly subordinated. Man Thinking must not be subdued by his instruments. Books are for the scholar's idle times. When he can read God directly, the hour is too precious to be wasted in other men's transcripts of their readings. But when the intervals of darkness come, as come they must,--when the sun is hid, and the stars withdraw their shining, --we repair to the lamps which were kindled by their ray, to guide our steps to the East again, where the dawn is. We hear, that we may speak. The Arabian proverb says, "A fig tree, looking on a fig tree, becometh fruitful."

It is remarkable, the character of the pleasure we derive from the best books. They impress us with the conviction, that one nature wrote and the same reads. We read the verses of one of the great English poets, of Chaucer, of Marvell, of Dryden, with the most modern joy,--with a pleasure, I mean, which is in great part caused by the abstraction of all time from

their verses. There is some awe mixed with the joy of our surprise, when this poet, who lived in some past world, two or three hundred years ago, says that which lies close to my own soul, that which I also had wellnigh thought and said. But for the evidence thence afforded to the philosophical doctrine of the identity of all minds, we should suppose some preestablished harmony, some foresight of souls that were to be, and some preparation of stores for their future wants, like the fact observed in insects, who lay up food before death for the young grub they shall never see.

I would not be hurried by any love of system, by any exaggeration of instincts, to underrate the Book. We all know, that, as the human body can be nourished on any food, though it were boiled grass and the broth of shoes, so the human mind can be fed by any knowledge. And great and heroic men have existed, who had almost no other information than by the printed page. I only would say, that it needs a strong head to bear that diet. One must be an inventor to read well. As the proverb says, "He that would bring home the wealth of the Indies, must carry out the wealth of the Indies." There is then creative reading as well as creative writing. When the mind is braced by labor and invention, the page of whatever book we read becomes luminous with manifold allusion. Every sentence is doubly significant, and the sense of our author is as broad as the world. We then see, what is always true, that, as the seer's hour of vision is short and rare among heavy days and months, so is its record, perchance, the least part of his volume. The discerning will read, in his Plato or Shakespeare, only that least part,--only the authentic utterances of the oracle;-- all the rest he rejects, were it never so many times Plato's and Shakespeare's.

Of course, there is a portion of reading quite indispensable to a wise man. History and exact science he must learn by laborious reading. Colleges, in like manner, have their indispensable office,--to teach elements. But they can only highly serve us, when they aim not to drill, but to create; when they gather from far every ray of various genius to their hospitable halls, and, by the concentrated fires, set the hearts of their youth on flame. Thought and knowledge are natures in which apparatus and pretension avail nothing. Gowns, and pecuniary foundations, though of towns of gold, can never countervail the least sentence or syllable of wit. Forget this, and our American colleges will recede in their public importance, whilst they grow richer every year.

III. There goes in the world a notion, that the scholar should be a recluse, a valetudinarian,--as unfit for any handiwork or public labor, as a penknife for an axe. The so-called 'practical men' sneer at speculative men, as if, because they speculate or see, they could do nothing. I have heard it said that the clergy,--who are always, more universally than any other class, the scholars of their day,--are addressed as women; that the rough, spontaneous conversation of men they do not hear, but only a mincing and diluted speech. They are often virtually disfranchised; and, indeed, there are advocates for their celibacy. As far as this is true of the studious classes, it is not just and wise. Action is with the scholar subordinate, but it is essential. Without it, he is not yet man. Without it, thought can never ripen into truth. Whilst the world hangs before the eye as a cloud of beauty, we cannot even see its beauty. Inaction is cowardice, but there can be no scholar without the heroic mind. The preamble of

thought, the transition through which it passes from the unconscious to the conscious, is action. Only so much do I know, as I have lived. Instantly we know whose words are loaded with life, and whose not.

The world,--this shadow of the soul, or other me, lies wide around. Its attractions are the keys which unlock my thoughts and make me acquainted with myself. I run eagerly into this resounding tumult. I grasp the hands of those next me, and take my place in the ring to suffer and to work, taught by an instinct, that so shall the dumb abyss be vocal with speech. I pierce its order; I dissipate its fear; I dispose of it within the circuit of my expanding life. So much only of life as I know by experience, so much of the wilderness have I vanquished and planted, or so far have I extended my being, my dominion. I do not see how any man can afford, for the sake of his nerves and his nap, to spare any action in which he can partake. It is pearls and rubies to his discourse. Drudgery, calamity, exasperation, want, are instructors in eloquence and wisdom. The true scholar grudges every opportunity of action past by, as a loss of power.

It is the raw material out of which the intellect moulds her splendid products. A strange process too, this, by which experience is converted into thought, as a mulberry leaf is converted into satin. The manufacture goes forward at all hours.

The actions and events of our childhood and youth, are now matters of calmest observation. They lie like fair pictures in the air. Not so with our recent actions,--with the business which we now have in hand. On this we are quite unable to speculate. Our affections as yet circulate through it. We no more feel or know it, than we feel the feet, or the hand, or the brain of our body. The new deed is yet a part of life,--remains for a time immersed in our unconscious life. In some contemplative hour, it detaches itself from the life like a ripe fruit, to become a thought of the mind. Instantly, it is raised, transfigured; the corruptible has put on incorruption. Henceforth it is an object of beauty, however base its origin and neighborhood. Observe, too, the impossibility of antedating this act. In its grub state, it cannot fly, it cannot shine, it is a dull grub. But suddenly, without observation, the selfsame thing unfurls beautiful wings, and is an angel of wisdom.

So is there no fact, no event, in our private history, which shall not, sooner or later, lose its adhesive, inert form, and astonish us by soaring from our body into the empyrean. Cradle and infancy, school and playground, the fear of boys, and dogs, and ferules, the love of little maids and berries, and many another fact that once filled the whole sky, are gone already; friend and relative profession and party, town and country, nation and world, must also soar and sing.

Of course, he who has put forth his total strength in fit actions, has the richest return of wisdom. I will not shut myself out of this globe of action, and transplant an oak into a flower-pot, there to hunger and pine; nor trust the revenue of some single faculty, and exhaust one vein of thought, much like those Savoyards, who, getting their livelihood by carving shepherds, shepherdesses, and smoking Dutchmen, for all Europe, went out one day to the mountain to find stock, and discovered that they had whittled up the last of their pine-trees. Authors we have, in numbers, who have written out their vein, and who, moved by a commendable prudence, sail

for Greece or Palestine, follow the trapper into the prairie, or ramble round Algiers, to replenish their merchantable stock. If it were only for a vocabulary, the scholar would be covetous of action. Life is our dictionary. Years are well spent in country labors; in town,--in the insight into trades and manufactures; in frank intercourse with many men and women; in science; in art; to the one end of mastering in all their facts a language by which to illustrate and embody our perceptions. I learn immediately from any speaker how much he has already lived, through the poverty or the splendor of his speech. Life lies behind us as the quarry from whence we get tiles and copestones for the masonry of to-day. This is the way to learn grammar. Colleges and books only copy the language which the field and the work-yard made.

But the final value of action, like that of books, and better than books, is, that it is a resource. That great principle of Undulation in nature, that shows itself in the inspiring and expiring of the breath; in desire and satiety; in the ebb and flow of the sea; in day and night; in heat and cold; and as yet more deeply ingrained in every atom and every fluid, is known to us under the name of Polarity,--these "fits of easy transmission and reflection," as Newton called them, are the law of nature because they are the law of spirit.

The mind now thinks; now acts; and each fit reproduces the other. When the artist has exhausted his materials, when the fancy no longer paints, when thoughts are no longer apprehended, and books are a weariness,—he has always the resource to live. Character is higher than intellect. Thinking is the function. Living is the functionary. The stream retreats to its source. A great soul will be strong to live, as well as strong to think. Does he lack organ or medium to impart his truths? He can still fall back on this elemental force of living them. This is a total act. Thinking is a partial act. Let the grandeur of justice shine in his affairs. Let the beauty of affection cheer his lowly roof. Those 'far from fame,' who dwell and act with him, will feel the force of his constitution in the doings and passages of the day better than it can be measured by any public and designed display. Time shall teach him, that the scholar loses no hour which the man lives. Herein he unfolds the sacred germ of his instinct, screened from influence. What is lost in seemliness is gained in strength. Not out of those, on whom systems of education have exhausted their culture, comes the helpful giant to destroy the old or to build the new, but out of unhandselled savage nature, out of terrible Druids and Berserkirs, come at last Alfred and Shakespeare.

I hear therefore with joy whatever is beginning to be said of the dignity and necessity of labor to every citizen. There is virtue yet in the hoe and the spade, for learned as well as for unlearned hands. And labor is everywhere welcome; always we are invited to work; only be this limitation observed, that a man shall not for the sake of wider activity sacrifice any opinion to the popular judgments and modes of action.

# Sep 1– From Some Fruits of Solitude by William Penn (1682)

## **IGNORANCE**

IT IS admirable to consider how many Millions of People come into, and go out of the World, Ignorant of themselves, and of the World they have lived in.

- 2. If one went to see Windsor-Castle, or Hampton-Court, it would be strange not to observe and remember the Situation, the Building, the Gardens, Fountains, &c. that make up the Beauty and Pleasure of such a Seat? And yet few People know themselves; No, not their own Bodies, the Houses of their Minds, the most curious Structure of the World; a living walking Tabernacle: Nor the World of which it was made, and out of which it is fed; which would be so much our Benefit, as well as our Pleasure, to know. We cannot doubt of this when we are told that the Invisible Things of God are brought to light by the Things that are seen; and consequently we read our Duty in them as often as we look upon them, to him that is the Great and Wise Author of them, if we look as we should do.
- 3. The World is certainly a great and stately Volume of natural Things; and may be not improperly styled the Hieroglyphicks of a better: But, alas! how very few Leaves of it do we seriously turn over! This ought to be the Subject of the Education of our Youth, who, at Twenty, when they should be fit for Business, know little or nothing of it.

## **EDUCATION**

- 4. We are in Pain to make them Scholars, but not Men! To talk, rather than to know, which is true Canting.
- 5. The first Thing obvious to Children is what is sensible; and that we make no Part of their rudiments.
- 6. We press their Memory too soon, and puzzle, strain, and load them with Words and Rules; to know Grammer and Rhetorick, and a strange Tongue or two, that it is ten to one may never be useful to them; Leaving their natural Genius to Mechanical and Physical, or natural Knowledge uncultivated and neglected; which would be of exceeding Use and Pleasure to them through the whole Course of their Life.
- 7. To be sure, Languages are not to be despised or neglected. But Things are still to be preferred.
- 8. Children had rather be making of Tools and Instruments of Play; Shaping, Drawing, Framing, and Building, &c. than getting some Rules of Propriety of Speech by Heart: And those also would follow with more judgment, and less Trouble and Time.

- 9. It were Happy if we studied Nature more in natural Things; and acted according to Nature; whose rules are few, plain and most reasonable.
- 10. Let us begin where she begins, go her Pace, and close always where she ends, and we cannot miss of being good Naturalists.
- 11. The Creation would not be longer a Riddle to us: The Heavens, Earth, and Waters, with their respective, various and numerous Inhabitants: Their Productions, Natures, Seasons, Sympathies and Antipathies; their Use, Benefit and Pleasure, would be better understood by us: And an eternal Wisdom, Power, Majesty, and Goodness, very conspicuous to us, thro' those sensible and passing Forms: The World wearing the Mark of its Maker, whose Stamp is everywhere visible, and the Characters very legible to the Children of Wisdom.
- 12. And it would go a great way to caution and direct People in their Use of the World, that they were better studied and known in the Creation of it.
- 13. For how could Man find the Confidence to abuse it, while they should see the Great Creator stare them in the Face, in all and every part thereof?
  - 14. Their Ignorance makes them insensible, and that

Insensibility hardy in misusing this noble Creation, that has the Stamp and Voice of a Deity every where, and in every Thing to the Observing.

- 15. It is pity therefore that Books have not been composed for Youth, by some curious and careful Naturalists, and also Mechanicks, in the Latin Tongue, to be used in Schools, that they might learn Things with Words: Things obvious and familiar to them, and which would make the Tongue easier to be obtained by them.
- 16. Many able Gardiners and Husbandmen are yet Ignorant of the Reason of their Calling as most Artificers are of the Reason of their own Rules that govern their excellent Workmanship. But a Naturalist and Mechanick of this sort is Master of the Reason of both, and might be of the Practice too, if his Industry kept pace with his Speculation; which were very commendable; and without which he cannot be said to be a complete Naturalist or Mechanick.
- 17. Finally, if Man be the Index or Epitomy of the World, as Philosophers tell us, we have only to read our selves well to be learned in it. But because there is nothing we less regard than the Characters of the Power that made us, which are so clearly written upon us and the World he has given us, and can best tell us what we are and should be, we are even Strangers to our own Genius: The Glass in which we should see that true instructing and agreeable Variety, which is to be observed in Nature, to the Admiration of that Wisdom and Adoration of that Power which made us all.

- 18. And yet we are very apt to be full of our selves, instead of Him that made what we so much value; and, but for whom we can have no Reason to value our selves. For we have nothing that we can call our own; no, not our selves: For we are all but Tenants, and at Will too, of the great Lord of our selves, and the rest of this great Farm, the World that we live upon.
- 19. But methinks we cannot answer it to our Selves as well as our Maker, that we should live and die ignorant of our Selves, and thereby of Him and the Obligations we are under to Him for our Selves.
- 20. If the worth of a Gift sets the Obligation, and directs the return of the Party that receives it; he that is ignorant of it, will be at a loss to value it and the Giver, for it.
- 21. Here is Man in his Ignorance of himself. He knows not how to estimate his Creator, because he knows not how to value his Creation. If we consider his Make, and lovely Compositure; the several Stories of his lovely Structure. His divers Members, their Order, Function and Dependency: The Instruments of Food, the Vessels of Digestion, the several Transmutations it passes. And how Nourishment is carried and diffused throughout the whole Body, by most innate and imperceptible Passages. How the Animal Spirit is thereby refreshed, and with an unspeakable Dexterity and Motion sets all Parts at work to feed themselves. And last of all, how the Rational Soul is seated in the Animal, as its proper House, as is the Animal in the Body: I say if this rare Fabrick alone were but considered by us, with all the rest by which it is fed and comforted, surely Man would have a more reverent Sense of the Power, Wisdom and Goodness of God, and of that Duty he owes to Him for it. But if he would be acquainted with his own Soul, its noble Faculties, its Union with the Body, its Nature and End, and the Providences by which the whole Frame of Humanity is preserved, he would Admire and Adore his Good and Great God. But Man is become a strange Contradiction to himself; but it is of himself; Not being by Constitution, but Corruption, such.
- 22. He would have others obey him, even his own kind; but he will not obey God, that is so much above him, and who made him.
- 23. He will lose none of his Authority; no, not bate an Ace of it: He is humorous1 to his Wife, he beats his Children, is angry with his Servants, strict with his Neighbors, revenges all Affronts to Extremity; but, alas, forgets all the while that he is the Man; and is more in Arrear to God, that is so very patient with him, than they are to him with whom he is so strict and impatient.
- 24. He is curious to wash, dress, and perfume his Body, but careless of his Soul. The one shall have many Hours, the other not so many Minutes. This shall have three or four new Suits in a Year, but that must wear its old Cloaths still.
- 25. If he be to receive or see a great Man, how nice and anxious is he that all things be in order? And with what Respect and Address does he approach and make his Court? But to God, how dry and formal and constrained in his Devotion?
  - 26. In his Prayers he says, Thy Will be done: But means his own: At least acts so.

27. It is too frequent to begin with God and end with the World. But He is the good Man's Beginning and End; his Alpha and Omega.

# Note 1: Capricious.

## **LUXURY**

- 28. Such is now become our Delicacy, that we will not eat ordinary Meat, nor drink small, pall'd2 Liquor; we must have the best, and the best cook'd for our Bodies, while our Souls feed on empty or corrupted Things.
- 29. In short, Man is spending all upon a bare House, and hath little or no Furniture within to recommend it; which is preferring the Cabinet before the jewel, a Lease of seven Years before an Inheritance. So absurd a thing is Man, after all his proud Pretences to Wit and Understanding.

## Note 2: Stale.

## **INCONSIDERATION**

- 30. The want of due Consideration is the Cause of all the Unhappiness Man brings upon himself. For his second Thoughts rarely agree with his first, which pass not without a considerable Retrenchment or Correction. And yet that sensible Warning is, too frequently, not Precaution enough for his future Conduct.
- 31. Well may we say our Infelicity is of our selves; since there is nothing we do that we should not do, but we know it, and yet do it.

## DISAPPOINTMENT AND RESIGNATION

- 32. For Disappointments, that come not by our own Folly, they are the Tryals or Corrections of Heaven: And it is our own Fault, if they prove not our Advantage.
- 33. To repine at them does not mend the Matter: It is only to grumble at our Creator. But to see the Hand of God in them, with an humble submission to his Will, is the Way to turn our Water into Wine, and engage the greatest Love and Mercy on our side.
- 34. We must needs disorder our selves, if we only look at our Losses. But if we consider how little we deserve what is left, our Passion will cool, and our Murmurs will turn into Thankfulness.
  - 35. If our Hairs fall not to the Ground, less do we or our Substance without God's Providence.

- 36. Nor can we fall below the Arms of God, how low soever it be we fall.
- 37. For though our Saviour's Passion is over, his Compassion is not. That never fails his humble, sincere Disciples: In him, they find more than all that they lose in the World.

#### MURMURING

- 38. Is it reasonable to take it ill, that any Body desires of us that which is their own? All we have is the Almighty's: And shall not God have his own when he calls for it?
- 39. Discontentedness is not only in such a Case Ingratitude, but Injustice. For we are both unthankful for the time we had it, and not honest enough to restore it, if we could keep it.
- 40. But it is hard for us to look on things in such a Glass, and at such a Distance from this low World; and yet it is our Duty, and would be our Wisdom and our Glory to do so.

## **CENSORIOUSNESS**

- 41. We are apt to be very pert at censuring others, where we will not endure advice our selves. And nothing shews our Weakness more than to be so sharp-sighted at spying other Men's Faults, and so purblind about our own.
- 42. When the Actions of a Neighbor are upon the Stage, we can have all our Wits about us, are so quick and critical we can split an Hair, and find out ever Failure and Infirmity: But are without feeling, or have but very little Sense of our own.
- 43. Much of this comes from III Nature, as well as from an inordinate Value of our selves: For we love Rambling better than home, and blaming the unhappy, rather than covering and relieving them.
- 44. In such Occasions some shew their Malice, and are witty upon Misfortunes; others their Justice, they can reflect a pace: But few or none their Charity; especially if it be about Money Matters.
- 45. You shall see an old Miser come forth with a set Gravity, and so much Severity against the distressed, to excuse his Purse, that he will, e'er he has done, put it out of all Question, That Riches is Righteousness with him. This, says he, is the Fruit of your Prodigality (as if, poor Man, Covetousness were no Fault) Or, of your Projects, or grasping after a great Trade: While he himself would have done the same thing, but that he had not the Courage to venture so much ready Money out of his own trusty Hands, though it had been to have brought him back the Indies in return. But the Proverb is just, Vice should not correct Sin.
  - 46. They have a Right to censure, that have a Heart to help: The rest is Cruelty, not Justice.

- 47. Lend not beyond thy Ability, nor refuse to lend out of thy Ability; especially when it will help others more than it can hurt thee.
- 48. If thy Debtor be honest and capable, thou hast thy Mony again, if not with Encrease, with Praise. If he prove insolvent, don't ruin him to get that, which it will not ruin thee to lose: For thou art but a Steward, and another is thy Owner, Master and judge.
- 48. The more merciful Acts thou dost, the more Mercy thou wilt receive; and if with a charitable Imployment of thy Temporal Riches, thou gainest eternal Treasure, thy Purchase is infinite: Thou wilt have found the Art of Multiplying3 indeed.
- Note 3: The term used by the alchemists for increasing the precious metals.

## FRUGALITY OR BOUNTY

- 50. Frugality is good if Liberality be join'd with it. The first is leaving off superfluous Expences; the last bestowing them to the Benefit of others that need. The first without the last begins Covetousness; the last without the first begins Prodigality: Both together make an excellent Temper. Happy the Place where ever that is found.
- 51. Were it universal, we should be Cur'd of two Extreams, Want and Excess: and the one would supply the other, and so bring both nearer to a Mean; the just Degree of earthly Happiness.
  - 52. It is a Reproach to Religion and Government to suffer so much Poverty and Excess.
- 53. Were the Superfluities of a Nation valued, and made a perpetual Tax or Benevolence, there would be more Alms- houses than Poor; Schools than Scholars; and enough to spare for Government besides.
- 54. Hospitality is good, if the poorer sort are the subjects of our Bounty; else too near a Superfluity.

## DISCIPLINE

- 55. If thou wouldst he happy and easie in thy Family, above all things observe Discipline.
- 56. Every one in it should know their Duty; and there should be a Time and Place for every thing; and whatever else is done or omitted, be sure to begin and end with God.

## **INDUSTRY**

- 57. Love Labor: For if thou dost not want it for Food, thou mayest for Physick. It is wholesom for thy Body, and good for thy Mind. It prevents the Fruits of Idleness, which many times comes of nothing to do, and leads too many to do what is worse than nothing.
- 58. A Garden, an Elaboratory, a Work-house, Improvements and Breeding, are pleasant and Profitable Diversions to the Idle and Ingenious: For here they miss III Company, and converse with Nature and Art; whose Variety are equally grateful and instructing; and preserve a good Constitution of Body and Mind.

## **TEMPERANCE**

- 59. To this a spare Diet contributes much. Eat therefore to live, and do not live to eat. That's like a Man, but this below a Beast.
  - 60. Have wholesome, but not costly Food, and be rather cleanly than dainty in ordering it.
- 61. The Receipts of Cookery are swell'd to a Volume, but a good Stomach excels them all; to which nothing contributes more than Industry and Temperance.
- 62. It is a cruel Folly to offer up to Ostentation so many Lives of Creatures, as make up the State of our Treats; as it is a prodigal one to spend more in Sawce than in Meat.
- 63. The Proverb says, That enough is as good as a Feast: But it is certainly better, if Superfluity be a Fault, which never fails to be at Festivals.
  - 64. If thou rise with an Appetite, thou art sure never to sit down without one.
  - 65. Rarely drink but when thou art dry; nor then, between Meals, if it can be avoided.
- 66. The smaller4 the Drink, the clearer the Head, and the cooler the Blood; which are great Benefits in Temper and Business.
- 67. Strong Liquors are good at some Times, and in small Proportions; being better for Physick than Food, for Cordials than common Use.
- 68. The most common things are the most useful; which shews both the Wisdom and Goodness of the great Lord of the Family of the World.
- 69. What therefore he has made rare, don't thou use too commonly: Lest thou shouldest invert the Use and Order of things; become Wanton and Voluptuous; and thy Blessings prove a Curse.
  - 70. Let nothing be lost, said our saviour. But that is lost that is misused.
- 71. Neither urge another to that thou wouldst be unwilling to do thy self, nor do thy self what looks to thee unseemly, and intemperate in another.

72. All Excess is ill: But Drunkenness is of the worst Sort. It spoils Health, dismounts the Mind, and unmans Men: It reveals Secrets, is Quarrelsome, Lascivious, Impudent, Dangerous and Mad. In fine, he that is drunk is not a Man: Because he is so long void of Reason, that distinguishes a Man from a Beast.

Note 4: Weaker.

#### APPAREL

- 73. Excess in Apparel is another costly Folly. The very Trimming of the vain World would cloath all the naked one.
- 74. Chuse thy Cloaths by thine own Eyes, not another's. The more plain and simple they are, the better. Neither unshapely, nor fantastical; and for Use and decency, and not for Pride.
- 75. If thou art clean and warm, it is sufficient; for more doth but rob the Poor, and please the Wanton.
- 76. It is said of the true Church, the King's Daughter is all glorious within. Let our Care therefore be of our Minds more than of our Bodies, if we would be of her Communion.
- 77. We are told with Truth, that Meekness and Modesty are the Rich and Charming Attire of the Soul: And the plainer the Dress, the more Distinctly, and with greater Lustre, their Beauty shines.
- 78. It is great Pity such Beauties are so rare, and those of Jezebel's Forehead are so common: Whose Dresses are Incentives to Lust; but Bars instead of Motives, to Love or Vertue.

## RIGHT MARRIAGE

- 79. Never Marry but for Love; but see that thou lov'st what is lovely.
- 80. If Love be not thy chiefest Motive, thou wilt soon grow weary of a Married State, and stray from thy Promise, to search out thy Pleasures in forbidden Places.
- 81. Let not Enjoyment lessen, but augment Affection; it being the basest of Passions to like when we have not, what we slight when we possess.
- 82. It is the difference betwixt Lust and Love, that this is fixt, that volatile. Love grows, Lust wastes by Enjoyment: And the Reason is, that one springs from an union of Souls, and the other from an Union of Sense.
- 83. They have Divers Originals, and so are of different Families: That inward and deep, this superficial, this transient, and that parmanent.

- 84. They that Marry for Money cannot have the true Satisfaction of Marriage; the requisite Means being wanting.
- 85. Men are generally more careful of the Breed of their Horses and Dogs than of their Children.
- 86. Those must be of the best Sort, for Shape, Strength, Courage and good Conditions: But as for these, their own Posterity, Money shall answer all Things. With such, it makes the Crooked Straight, sets Squint-Eyes Right, cures Madness, covers Folly, changes ill Conditions, mends the Skin, gives a sweet Breath, repairs Honors, makes Young, works Wonders.
- 87. O how sordid is Man grown! Man, the noblest Creature in the World, as a God on Earth, and the Image of him that made it; thus to mistake Earth for Heaven, and worship Gold for God!