

Week 9 Pre-class Questionnaire

This questionnaire is on the assigned reading/viewing/listening materials and is due prior to the class in which they are discussed. It is a place to practice applying the materials to your own experience, practicum site, and prior learning. Most of the questions do not have one “right answer”, rather, there are many right answers. Your thoughtful engagement and application of the materials will produce the best results.

Note: Your Pre-class Questionnaire score will be available in Moodle each week.

1. Describe your self-care activities. Differentiate between activities that are short-term immediate stress relief and long-term practices that you feel help keep you in balance.
2. What is a “system of privilege” according to Allan Johnson?
3. What does Allan Johnson mean by “the racism of good white people”?
4. What is the difference between self reflection and self-criticism, according to the textbook author?
5. Chapter Nine discusses giving feedback to your site while being honest, but not rude. If you were asked to give feedback about your experience at your site, what 3 pieces of feedback would you give that might help your mentor/agency supervise the next LBCC practicum student?
6. How are you preparing to say good-bye to your site, clients, mentor, and other staff?