



Welcome to May and the character trait of the month – Courage!

What is Courage?

Courage means:

1. Doing the right thing even if it is difficult.
2. Facing your fears with confidence – being brave.

Ways to show courage:

1. Do the right thing, even if others are not.
2. Bravely deal with your daily challenges.
3. Be willing to try new things, even if you might fail.
4. Tell the truth regardless of the consequences.
5. Face your fears and work to overcome them.
6. Admit your mistakes and learn from them.
7. Do not give into negative peer pressure.
8. Be yourself!

Courage is when you feel afraid or scared, but you still do something that is right or important. It takes bravery to face your fears and take action, even when it's hard. Courageous people stand up for what they believe in, even when others might not agree with them. It's okay to feel scared sometimes, but it's important to be brave and face your fears to do what you think is right.

Learn more about Courage by listening to some of these books (AR included if there is a quiz to go along with the book).

I am Courage

▶ I Am Courage A Book Of Resilience \ By Susan Verde Art By Peter H. Reynolds \ Childr...

Courage (AR: 65844)

▶ Courage | Storytime with the Children's Museum of Sonoma County

Howard B. Wigglebottom Learns About Courage (AR: 155586)

▶ 11 It's OK to Be Afraid Story

Brave Little Owl

▶ Brave Little Owl by Penny Little | Read Aloud | Bedtime story

A Little Spot of Courage

▶ Story Time with Lynn "A Little Spot of Courage"

Brave as can be: A Book of Courage

▶ BRAVE AS CAN BE : A Book of Courage Written By Jo Witek & Illustrated By Christine R...

Spaghetti in a Hot Dog Bun: Having the Courage to Be Who You Are (AR: 171695)

<https://drive.google.com/file/d/1Y1sQcHizqJXhOPmNA6id00v9bhnHnf6F/view?usp=sharing>

Humpty Dumpty Climbs Again (AR: 124692)

▶ Humpty Dumpty climbs again by Dave Horowitz

I'm Brave

▶ I'm Brave by Kate & Jim McMullan – Read Aloud by Heather's Story Time Corner

Shelia Rae the Brave (AR: 34581)

▶ Sheila Rae, the Brave

Be Brave Little Penguin (AR: 194162)

▶ Be Brave, Little Penguin | Read Aloud Books for Kids

Learn more about Courage by watching some of these videos!

▶ Have Courage and Be Fearless

▶ PBS KIDS Talk About | BRAVERY & COURAGE | PBS KIDS

▶ What is Courage? Written & Voiced by Stephanie Bierman, Program Director

▶ "I'm Scared," Songs About Emotions by StoryBots | Netflix Jr

▶ Being Brave/ Courage Songs for Kids /Perky is AOK

▶ Amazing Kids of Character Series: Portraits of Courage

▶ Find The Courage

▶ ALL ABOUT COURAGE! (character song for kids about being brave & trying new thing...