

Week 1 Special Area Classes

	Music	Art	Media	P.E.	STEAM
Option 1	Explore San Francisco for Kids website	Practice your letters with Alphabet Art	<p>Watch Media Balance is Important and answer the following questions: 1 . Why is it important to take a break from technology? 2, What are some other things you can do besides playing on technology?</p> <p>Linked with permission from Common Sense Media. Common Sense and other associated names and logos are trademarks of Common Sense Media, a 501(c)(3) nonprofit organization (FEIN: 41-2024986). https://www.commonsensemedia.org/</p>	<p>Kids workout for beginners! Ask your family to do it with you to keep everyone's heart healthy!</p> <p>Beginner Workout</p>	<p>Engineer Longest Chain Challenge Challenge instructions Challenge Results</p>
Option 2	Choose a familiar song and keep	Continuous Line Drawings	Have a parent help you login to	Go outside and ride a bike,	Technology Code on code.org

	the beat with a stuffed animal.	Find an object or think of a picture you want to draw. Try drawing it out with one continuous line without lifting your pencil off the paper. Video example of the one line drawing challenge!	Follett Lightbox. To help make eLearning easier, they are providing free access to eBooks from Lightbox™ and AV2 World Languages through June 30, 2020. You can register for access here. Once you are in Lightbox, choose a fun, interactive book to read!	rollerskate, rollerblade, scooter, etc. for 60 min. Zumba GoNoodle "Too Hot"	link to folder with class codes Link to log in instructions for code.org Best Ipad apps for STEAM
Option 3	Sing and add movement to the "Chicken Dance" on GoNoodle.	Make a stop motion movie! You can use your toys, draw out your characters, or even recruit your family members! You will be taking many pictures and when they are played in a loop, create the illusion	UNPLUGGED: Read for 20 minutes with a furry friend or a stuffed animal.	Yoga for the family! Guided Yoga	Science Assemble Your Home Science Lab Coffee Filter Science/ART/Reading

		<p>that the objects in your pictures are moving. Watch example 1 video for clear, step-by-step directions. Need: -characters -background image -phone or tablet with camera -Stop Motion App can be downloaded from App store for free Example 1 Example 2 Example 3</p>			
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