

# **TDSB Care and Treatment Education Programs**

## **Elementary**

<b>Community Agency Partner</b>	<b>Brief Program Description</b>
<b>Aptus Treatment Centre</b>	This elementary Day Treatment Program supports children and youth ages 4 to 14 years of age who are experiencing significant chronic mental health challenges and other complex needs affecting their adjustment at home, school and in the community. Individualized treatment plans are developed for each child and are implemented by treatment staff. There is a clinical director and referrals can be made for behaviour therapy and occupational therapy (OT). Treatment may include movement related to sensory integration, Snoezelen, and play therapy.
<b>Child Development Institute - West (Charles G. Fraser Campus)</b>	This Early Intervention Program supports children aged 3½ to 8 years who reside in the City of Toronto. Therapeutically based classrooms provide treatment programs for children with emotional, social, mental health and/or behavioural challenges. Work with the family is oriented to enhance the family's ability to meet the needs of their children both through a better understanding of these needs and through strengthening parenting skills. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist, one TDSB teacher and one TDSB Educational Assistant shared between two classrooms).
<b>Jerome D. Diamond Adolescent Centre (JDD) Jewish Family and Child Services</b>	This Day Treatment Program supports children in grades 6-8 who are experiencing significant complex emotional challenges which are affecting their adjustment at home, school and in the community. The program includes academic programming as well as social/emotional, behavioural and mental health treatment in a small school setting. Counselling support services are available. Art therapy, chess, social skills and zones of regulation are among the treatment approaches offered to youth and families. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).

<b>Lumenus (Lawrence Heights Campus)</b>	<p>This Day Treatment Program supports children in grades 4 – 8 with significant complex social/emotional, mental health or behavioural challenges. The Etobicoke Children’s Centre treatment/educational program is designed to assess, identify and effectively treat underlying mental health disorders that may be present. Treatment services offer assessment and intensive milieu treatment for complex mental health issues. Lumenus uses trauma-informed practices. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).</p>
<b>Lumenus Diagnostic Program (Kenton Campus)</b>	<p>This day treatment location at Kenton is a diagnostic classroom designed for preschool-aged children who have suspected developmental concerns, including autism. The purpose of this classroom is: assessment and diagnosis, stabilization and treatment planning.</p> <p>The classroom is a play-based environment where the principles of Applied Behavioural Analysis and elements of Greenspan Floortime model are deployed to strengthen social, emotional, and behavior regulation, social skills and self-help skills—with the goal being to promote a child’s future success and readiness for a less supported educational placement.</p> <p>The classroom has a capacity to support 5 students aged 3. 8 - 5 years of age at any one time, serving approximately 7 students annually.</p> <p>The team supporting this classroom consists of an early childhood educator, a behaviour therapist, an educational assistant and a teacher in the classroom. A transdisciplinary team supports the assessment and development of the treatment plan. This team consists of a behavioral technician/analyst, speech and language therapist, occupational therapist and psychological services.</p> <p>Students referred to this classroom are identified as benefiting from a very structured well supported setting where their learning needs can be addressed through assessment and the development of a comprehensive behavioral support plan. We anticipate that most children will attend this program for up to 1 year to realize maximum benefit.</p>
<b>Lumenus (Kenton Campus)</b>	<p>This Day Treatment Program supports elementary students, ages 12 - 14 who are identified with a mild intellectual disability and significant emotional, behavioural or/and mental health issues and/or Autism and live in the City of Toronto. This program focuses on supporting students in developing social, emotional, and academic and life skills. This program includes a classroom setting with a ratio of 6 children: 3 staff</p>

	members (two Child and Youth Workers and one TDSB teacher).
<b>Lumenus (Lawrence Heights Campus)</b>	This Day Treatment Program supports elementary students, ages 12 - 14 who have been identified with a developmental disability and autism who also exhibit significant emotional, behavioural or/and mental health issues and live in the City of Toronto. This program provides students with a therapeutic approach as well as an academic component and assists in developing their social, emotional, academic and life skills. This program includes a classroom setting with a ratio of 5 children: 3 staff members (two Child and Youth Workers and one TDSB teacher).
<b>Lumenus (Lescon Campus)</b>	The Early Intervention Day Treatment Program is a play based early childhood program that aligns with the four frames of kindergarten learning and serves children with special needs and their families. Children are aged 3.8 to 6 years and live within the boundaries of the Toronto North Quadrant. The program promotes the acquisition of therapeutic and academic goals and provides wraparound services (assessment, treatment, education and service coordination) within the context of an interdisciplinary team. The program provides transitional consultation to schools; support to childcare centres and families of clients and includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Lumenus (Rene Gordon Campus)</b>	The Grade 1 Early Intervention Day Treatment Program serves children with special needs and their families. Children are aged 5.8 to 7 years and live within the boundaries of the Toronto North Quadrant and it is situated within a community school to promote a 'mainstreamed' school experience and provide opportunities for integration. The acquisition of therapeutic and academic goals are promoted and wraparound services are available (assessment, treatment, education and service coordination). These are supported within the context of an interdisciplinary team. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Lumenus (Claireville Campus)</b>	This Day Treatment Program provides intensive support and intervention for children grade levels K-4 with a diagnosis of Fetal Alcohol Spectrum Disorder. This collaborative intensive treatment/educational program is designed to assess the children's current/ongoing needs, develop a plan which will help them acquire skills and implement strategies that will help them manage daily living in a less intense setting within a school environment. Supporting mental health and behavioural intervention, engagement in pro-social

	activities and inclusive education are the focus. The overall goal of treatment is to stabilize the children and transition them to a less intrusive setting. Treatment services offer assessment and intensive milieu treatment for complex mental health issues. Lumenus uses trauma-informed practices. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>SickKids (Intractable Epilepsy)</b>	This Day Treatment Program offers children ages 7 to 13 multidisciplinary assessment, psychosocial support, and academic interventions to maximize learning and achievement. The diagnostic goals are to understand how Epilepsy or surgery for Epilepsy impacts cognitive and social-emotional well-being. Treatment goals are to assist students with their personal learning challenges, build self-confidence/resilience, and strengthen self-advocacy about epilepsy and learning needs. This program includes a classroom setting with a ratio of 6 children: 3 staff members (one trained therapist, one educational assistant and one TDSB teacher).
<b>SickKids Centre for Community Mental Health (CCMH) (Dellcrest Campus)</b>	This Day Treatment Program supports children and youth who are 5 to 14 years of age and are experiencing significant mental health challenges that affect their adjustment at home, school and in the community. Therapeutic milieu; Trauma Informed Lens; Clinical Assessments during service; Specialized psychiatric or psychological assessments; Case coordination and management; Family therapy; Parenting training; Parent groups; Individual therapy for the child or youth; Various types of group therapy. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Strides Toronto (Donview Campus)</b>	This Day Treatment Program uses a multi-disciplinary approach for youth in grades 7-8 with emotional/social/behavioural/mental health/substance abuse difficulties. Treatment goals are identified and addressed through goal setting and individualized treatment plans. Individual, group and family therapy is included and considered an integral part of the program. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Strides Toronto (Henry Hudson Campus)</b>	This Scarborough Day Treatment Program uses a multi-disciplinary approach for youth in grades 7-8 with emotional/social/behavioural/mental health/substance abuse difficulties. Treatment goals are identified and addressed through goal setting and individualized treatment plans. Individual, group and family

	therapy is included and considered an integral part of the program. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Strides Toronto (Highland Heights Campus)</b>	This Early Intervention Day Treatment Program serves Scarborough and/or East York communities. Assessment, milieu treatment and academic programming in a day treatment setting for children grades 1-3 with significant behavioral, social, mental health and/or emotional difficulties. Children on the ASD spectrum may be considered whose behavioural challenges are not viewed as primarily related to their diagnosis. Family therapy is included in the treatment program, outside of the classroom time. Individual therapy may be provided based on an assessment and resources available. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Strides Toronto (Vradenburg Campus)</b>	This Day Treatment Program supports children ages 8-10 who demonstrate significant challenges in behavioural, social, mental health and/or emotional functioning and are in need of treatment in Scarborough or East York communities. Strides Toronto will assess children with a range of current cognitive function and with ASD for placement. Family therapy is included in the treatment program and is provided outside of classroom hours. Individual therapy may be provided based on an assessment and resources available. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
<b>Youthdale Treatment Centre (Jesse Ketchum Campus)</b>	This Day Treatment Program supports children who are 11 to 14 years of age and are experiencing significant mental health challenges affecting their adjustment at home, school and in the community. A multidisciplinary team offers a needs assessment, stabilization of presenting difficulties, ongoing treatment for complex emotional, social, behavioural, mental health and academic needs, progressive integration and supportive transitions back to the next school setting. Therapy groups and individual supervision is offered. This program includes a classroom setting with a ratio of 8 children: 2.5 staff members (one fulltime and one part-time trained therapist and one TDSB teacher).

## **Secondary**

<b>Aptus Treatment Centre</b>	This Day Treatment Program supports young people who are 15
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	<p>to 21 years of age and are experiencing significant mental health challenges and other complex needs, affecting their adjustment at home, school and in the community. Individualized treatment plans are developed for each child and are implemented by treatment staff. There is a clinical director and referrals can be made for behaviour therapy and occupational therapy (OT). Treatment may include movement related to sensory integration, play therapy and Snoezelen.</p>
<b>Centre for Addiction and Mental Health (CAMH) REACH</b>	<p>This Day Treatment Program supports students ages 14-18 with concurrent substance use and mental health difficulties. A harm reduction approach is utilized to address substance use concerns. It includes weekly individual counselling and daily participation in group therapies such as life skills, coping skills, recreational activities and art. The overall goal of the program is to create a supportive and therapeutic atmosphere that allows students to set and achieve goals. This program includes a classroom setting with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher).</p>
<b>Central Toronto Youth Services (CTYS)</b>	<p>This Day Treatment Program supports youth aged 14-21 who have been given a mental health diagnosis that may include but not be limited to a psychotic disorder. Youth with developmental limitations or addictions issues may be considered, provided that the challenges are created by their mental health challenges. The program offers a safe and supportive environment for youth who have spent time in hospital or away from mainstream schools for some time. Youth participate daily in wellness and life-skills activities/groups designed with a holistic approach. This program includes a classroom setting with a ratio of 8 students and 2 staff members (two Child and Youth Workers and one TDSB teacher).</p>
<b>Dixon Hall</b>	<p>The Dixon Hall Block Day Treatment classroom will serve youth from grade 9-12. This educational support program will be geared towards serving youth placed at risk of becoming justice-involved residing in the Toronto Downtown East. This program will be positioned to provide educational, and programming support for youth who have been diverted from formal contract with the justice system or who have been identified through prevention/intervention programs. Access to education is critical for youth in conflict with the law or at risk of being in conflict with the law and this program will be an important resource to ensure they don't fall further behind from</p>

	<p>their peers while they work to reintegrate back into their home school communities. The program will provide enhanced culturally centered educational supports and treatment programming grounded in culturally appropriate methodologies and delivery methods in partnership with a Wanasah a non-profit mental health agency created to address the urgent mental health needs of Black youth and their families</p>
<p><b>The George Hull Centre (Western Tech Collegiate Campus)</b></p>	<p>This Day Treatment Program serves students aged 13-18 with mental health issues and possible family concerns. This program provides a mix of academic and blended activities and treatment from a multidisciplinary team as well as opportunities to complete credits and work toward an OSSD. The youth who attend the George Hull Centre Day Treatment Program are clients of Libby's Place residential program, the Intensive In-Home Service, or the Community Clinic. The youth who participate in the Day Treatment Program have countless strengths and live with moderate to severe mental health challenges. All of the students benefit from the individualized academic and therapeutic environment at the program. In addition, all of our students and their families participate in regular family therapy, which represents an integral part of the treatment experience. This program has a ratio of two adults to eight students including one teacher and one CYW.</p>
<p><b>The George Hull Centre Clear Directions (Western Tech Collegiate Campus)</b></p>	<p>This Day Treatment Program serves students aged 13-18 with mental health issues and possible family concerns. This program provides a mix of academic and blended activities and treatment from a multidisciplinary team as well as opportunities to complete credits and work toward an OSSD. The youth who attend the George Hull Centre Day Treatment Program are clients of Libby's Place residential program, the Intensive In-Home Service, or the Community Clinic. The youth who participate in the Day Treatment Program have countless strengths and live with moderate to severe mental health challenges. All of the students benefit from the individualized academic and therapeutic environment at the program. In addition, all of our students and their families participate in regular family therapy, which represents an integral part of the treatment experience. This program has a ratio of two adults to eight students including one teacher and one CYW.</p>
<p><b>Humber River Hospital</b></p>	<p>This Treatment Program offers a continuum of service for students ranging from in-patient to community-based outpatient</p>

	<p>and supports students ages 14-18 with psychotic disorders, mood/anxiety disorders, obsessive/compulsive disorder and concurrent disorders. This program serves as a transition from an inpatient setting to a community setting. It also assists students in formulating a plan for managing their mental health issues in the community utilizing a multidisciplinary team approach that includes community support. There is one classroom with a ratio of 8 students to one teacher in class: 2 staff members (one trained therapist and one TDSB teacher). Many other therapeutic staff are available as this is a hospital setting.</p>
<p><b>Lumenus (Thisletown Campus)</b></p>	<p>This Day Treatment Program supports youth aged 13-18 with mental health and possibly substance abuse issues. Staff work with youth who need help in dealing with serious concerns at home, in school, or in the community (i.e. difficulties with family, friends, school, and sexuality) in relation to their misuse of drugs and or alcohol, and/or mental health concerns such as depression, anxiety, ADHD, OCD., etc. This program has a ratio of two adults to eight students including one teacher and one Child and Youth Worker (CYW).</p>
<p><b>Lumenus (Kenton Campus)</b></p>	<p>This Day Treatment Program supports youth aged 13-18, living in the City of Toronto, who are diagnosed with a Mild Intellectual Disability and face significant emotional, behavioural or/and mental health issues. This program assists students in developing the social, emotional, academic and vocational skills needed to re-enter the educational system and attain greater independence in community living. Collaboration involves youth, families, school board staff and agency staff in planning for the youth. The classroom has a ratio of three adults to eight students including one teacher and two Child and Youth Workers (CYW).</p>
<p><b>Lumenus Merge (York Memorial Campus)</b></p>	<p>This Day Treatment Program is offered to students in grades 9 to 12; aged 13 to 18 who have been identified as living with complex mental health needs that require multidisciplinary intensive therapeutic support and intervention. Students must live in the GTA, Peel, Halton, and York Region. This program includes a classroom setting with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher).</p>
<p><b>Lumenus (PATH Central Etobicoke Campus)</b></p>	<p>The Day Treatment Program serves youth ages 13-18 with a diagnosis of autism, a developmental delay and significant emotional, behavioural and/or mental health challenges. The</p>



	<p>program offers assessment and individualized treatment to youth and their families. Family therapy, service coordination and transitional supports are also offered. The treatment goals include enhancing social, emotional and communication skills. Greater independence in the home and community are also the focus of the program.</p>
<p><b>Lumenus (TESS Central Etobicoke Campus)</b></p>	<p>This Day Treatment Program supports youth aged 13-18, living in the City of Toronto, who have been diagnosed with a Mild Intellectual Disability and also face challenges due to significant emotional, behavioural or/and mental health issues and/or Autism. This program assists in developing the social, emotional, academic and vocational skills needed to re-enter the educational system and attain greater independence in community living. Collaboration involves youth, families, school board staff and agency staff in planning for the youth. The program has a ratio of three adults to eight students including one teacher and two Child and Youth Workers (CYW).</p>
<p><b>Lumenus (York Humber Campus)</b></p>	<p>This Day Treatment Program supports youth aged 13-18 who are Dual Diagnosed with a learning disability and have significant emotional, behavioural or/and mental health issues. The program provides therapeutic and academic programming with an academic component including credit attainment for students with a dual diagnosis. Assists in developing the social, emotional, academic and vocational skills needed to re-enter the educational system and attain greater independence in community living. Collaboratively involves youth, families, school board staff and agencies in planning for the youth.</p>
<p><b>Lumenus Visions (York Memorial Collegiate Campus)</b></p>	<p>This Day Treatment Program supports students' grades 9-12, ages 13 to 18 who present with mild to moderate mental health issues. Students in this program may be experiencing a variety of social, emotional, mental health and family difficulties. Treatment services include multidisciplinary intensive therapeutic support and intervention through a framework of consistent daily routines and counseling. There is a strong emphasis on engagement, family work and setting academic goals. This program includes a classroom setting with a ratio of between 8 students to 1 TDSB teacher and a comprehensive treatment team.</p>
<p><b>The Neighborhood Group</b></p>	<p>This Day Treatment program is positioned to provide educational and programming options for youth who have been diverted from</p>

	<p>formal contract with the justice system or who are serving a community supervision sentence who reside in Northwest Toronto. Access to education is critical for youth in conflict with the law, and this program is an important resource to ensure they don't fall further behind from their peers while they work to reintegrate back into their home communities. The program will provide enhanced culturally-centred educational support and credit-worthy treatment programming that is grounded in culturally appropriate methodologies and delivery methods. The Neighbourhood Group is a trusted community partner in NW Toronto and has proven expertise in delivering diversion programming, conflict mediation, and treatment programs through a trauma-informed and strength based approach (anger management, healthy relationship programming, mentoring, etc.) and drop-in services to justice-involved youth, families and communities in the City.</p>
<b>SickKids CCMH Jarvis</b>	<p>This Day Treatment Program serves youth in grades 9 to 12 (14 to 18) who have mental health challenges that impair their functioning at home, school and/or in community. This program uses an interprofessional team approach to support youth and/or families, which includes services from social workers, psychologists, psychiatrists, nurses, and child and youth care practitioners. Services are deployed based on the individual needs and preferences of each client and their family. This program offers a safe and supportive environment in which to receive individualized therapy and counselling, to discuss issues, to assist in developing and reaching personal goals, and to work on academic skills and positive classroom behaviours. This program has a ratio of 8 students and 2 staff member (one Child and Youth Worker and one TDSB teacher) with two classrooms located at CCMH's Jarvis location.</p>
<b>SickKids CCMH (Jarvis Collegiate Institute Campus)</b>	<p>This Day Treatment Program serves youth in grades 9 to 12 (14 to 18) who have mental health challenges that impair their functioning at home, school and/or in community. This program uses an interprofessional team approach to support youth and/or families, which includes services from social workers, psychologists, psychiatrists, nurses, and child and youth care practitioners. Services are deployed based on the individual needs and preferences of each client and their family. This program offers a safe and supportive environment in which to receive individualized therapy and counselling, to discuss issues, to assist in developing and reaching personal goals, and to work on academic skills and positive classroom behaviours. This</p>

	<p>program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher) with two classrooms located within a mainstream secondary school (Jarvis Collegiate Institute).</p>
<p><b>SickKids CCMH 2SLBTQIA (Jarvis Collegiate Institute Campus)</b></p>	<p>This is a Day Treatment Program serves youth in grades 9 to 12 (14 to 18) who identify as 2SLBTQIA and are experiencing mental health challenges that impair their functioning at home, school and/or in community. This program strives to provide a safer space by recognizing the particular needs of young people at the intersections of mental health, sexual orientation and gender identity. This program uses an interprofessional team approach to support youth and/or families, which includes services from social workers, psychologists, psychiatrists, nurses, and child and youth care practitioners. Services are deployed based on the individual needs and preferences of each client. This program offers a safe and supportive environment in which to receive individualized therapy and counselling, to discuss issues, to assist in developing and reaching personal goals, and to work on academic skills and positive classroom behaviours. This program has a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher) with one classroom located in a mainstream secondary school setting (Jarvis Collegiate Institute)</p>
<p><b>Strides Toronto (Cedarbrae Collegiate Campus)</b></p>	<p>This Day Treatment Program serves students in grades 9-12, aged 13-18 with emotional/social/behavioural/mental health/substance abuse difficulties. In addition, individualized, flexible, intensive home-based individual and family therapy is provided. The primary goal is to help clients and their families overcome whatever obstacles they face, preventing them from being successful in mainstream school settings or in the workforce. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).</p>
<p><b>Strides Toronto (Churchill Collegiate Campus)</b></p>	<p>This Day Treatment Program supports adolescents in grades 9-12 who reside in Scarborough and face emotional/social/behavioural/substance abuse/mental health difficulties. Treatment goals are identified and addressed through goal setting and individualized treatment plans. A multi-disciplinary team approach for youth and/or family addresses individual, group and family therapy. This program includes a classroom setting with a ratio of 8 students and 2 staff</p>

	members (one Child and Youth Worker and one TDSB teacher).
<b>TRE-ADD (Rexdale)</b>	The TRE-ADD program (Treatment Research and Education for Autism and Developmental Disorders) is a comprehensive Day Treatment Program that provides services for children and youth with autism and related developmental disorders and their families. The primary focus is on preparing the child/youth with multiple and very complex needs to be successful and to enhance the ability of the family to support him/her. The treatment approach is individualized, comprehensive and multi-disciplinary with an enhanced focus on the application of Applied Behavior Analysis (ABA) procedures and principles. There is the development of individualized academic, self-help, vocational and living skills to support students' needs. This program has four students, a teacher, an educational assistant and an interdisciplinary team.
<b>Turning Point Youth Services (Wexford Collegiate Campus)</b>	This Day Treatment Program supports students in grades 9-12, ages 13-18 with school, home and family related difficulties stemming from social/emotional and mental health issues. The teacher and agency staff collaborate to provide a rich program. The program focuses on, but is not limited to, improving attendance, achievement, student voice and self-advocacy. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).
<b>Youthdale Treatment Centres (Central Toronto Academy Campus)</b>	This Day Treatment Program serves students from Gr 9 –12 who have been unable to function within the mainstream educational system. Each enrolled student and family is offered on-going family counselling and access to the clinical services provided by Youthdale. A team of Youthdale staff provide treatment assessments and individual programming to meet the needs of the individual. Mandatory, on-going family therapy/counselling and clinical services are available. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).
<b>Youthdale Treatment Centre (IEDP Covenant House)</b>	This Day Treatment Program supports students 16 to 19 years of age, focusing on individualized education and therapeutic activities. Through structured day treatment, students participate in IEDP psychosocial rehabilitation programs, usually involving medical management, counselling and treatment, as well as educational programming to overcome the various impacts of

	<p>their emotional/behavioural deregulation and/or psychiatric condition. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).</p>
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