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6-8 Activity	Goal Setting
Standards	CAREER ACQUISITION
	CAREER RETENTION AND ADVANCEMENT
Badges Awarded/	Career Acquisition Process
★ I Statement	
	I set clear goals to help me with my time management.
	Time Management
	I can set monthly goals based on my priorities regarding school, relationships, and self.
Time duration	30 – 60 minutes
Objective	Explore your priorities to help manage time.
Overview	In this activity, the student will watch a <u>TED talk</u> about time management. Following the video, students will complete a time management activity for school, relationships, and self.

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## **LESSON PLAN**

Key Points	<ul> <li>Time management is a choice between your priorities.</li> <li>Decide what those priorities should be based on what is most important to you.</li> <li>Use the priorities to create goals.</li> </ul>
Gathering Your Thoughts Question	What are some things you can do to better manage your time?
Final Output	Activity summary.  Gathering your thoughts answer.
Teacher Resources: Links and Files	Websites: <u>Time Management Issues in Middle School</u> <u>Time Management for Middle School Students</u> <u>6 Easy Ways to Teach Kids Time Management Skills</u>