

6-8 Activity	Goal Setting
Standards	CAREER ACQUISITION CAREER RETENTION AND ADVANCEMENT
Badges Awarded/ ★ I Statement	Career Acquisition Process  ★ I set clear goals to help me with my time management. Time Management  ★ I can set monthly goals based on my priorities regarding school, relationships, and self.
Time duration	30 – 60 minutes
Objective	Explore your priorities to help manage time.
Overview	In this activity, the student will watch a TED talk about time management. Following the video, students will complete a time management activity for school, relationships, and self.

<i>Key Points</i>	● Time management is a choice between your priorities. ● Decide what those priorities should be based on what is most important to you. ● Use the priorities to create goals.
<i>Gathering Your Thoughts Question</i>	What are some things you can do to better manage your time?
<i>Final Output</i>	Activity summary. Gathering your thoughts answer.
<i>Teacher Resources: Links and Files</i>	Websites: Time Management Issues in Middle School Time Management for Middle School Students 6 Easy Ways to Teach Kids Time Management Skills