#### **CAMPER COMMENTS**

# Personal Growth and Development

Going to Camp Kupugani has helped me grow as a person.

The most important thing I learned at camp was to love myself.

Camp has helped me become a better person for home, school, and just life in general.

The most important thing I learned at camp was self-confidence.

Camp Kupugani has given me the resources and life lessons to help myself bring diversity and leadership to my community and school with the amazing counselors and role models who I have learned from at camp the past few summers.

The most important thing I learned at camp was to follow my own path.

The most important thing I learned at camp was to open up to people to make new friends.

After starting a new school last year, the skills and lessons from which I have learned at Kupugani have helped me navigate and meet new people who I have learned so much from.

The most important thing I learned at camp was how to be in the moment.

The most important thing I learned at camp was that you can trust people.

I made new friends and after camp, I felt more independent. Like grown up.

The most important thing I learned at camp was to listen.

The most important thing I learned at camp was it's okay to be yourself.

The most important thing I learned at camp was forgiveness.

I love Camp Kupugani because it's a place I can be myself and not have to worry about being judged.

The most important thing I learned at camp was to be myself.

I enjoy being out in nature and getting out of my comfort zone to do fun activities with interesting people from all walks of life!

I love Camp Kupugani because it made me a better person.

The most important thing I learned at camp was to share the spotlight.

The most important thing I learned at camp was nature is calming.

# **Community and Belonging**

It's a community that feels like family. I feel connected to the people there.

I feel like I belong.

I love Camp Kupugani because people care about me,

I love Camp Kupugani because the community of different people is amazing.

Not only have the lessons I've learned at Kupugani helped me bring diversity to my community, but I have built an amazing Kupugani family that has become a huge part of my life. I talk to friends I've made at camp daily and now I have a whole new community of friends and role models, many of which I speak to on a regular basis.

I love Camp Kupugani because you are free to be yourself and you will almost always have people that understand you.

I love Camp Kupugani because I get to meet people of different backgrounds and ethnicities

The most important thing I learned at camp was there will always be someone who knows/ likes/ loves something about you and they will support you no matter what.

I enjoy Camp Kupugani because of all the activities and it is really easy to make new friends and the counselors are really nice.

I love Camp Kupugani because it makes me spend time with other people and enjoy nature.

I love Camp Kupugani because I can meet new people.

I love Camp Kupugani because I made new friends.

I love Camp Kupugani because I can spend time with my friends.

## Learning and Awareness

The most important thing I learned at camp was to be kind.

Camp Kupugani has changed my view of the world for the better and I have learned valuable lessons to help pursue leadership and diversity in my world today.

Camp has helped me be more accepting of different cultures, identities, and perspectives. Me having these skills is crucial for just being an adult when I get to be one; they help you be more accepting of everyone and be a better person.

I took the social justice class at camp, and I learned about the many issues in our world today. We had many meaningful discussions with the group that made me think more about our society and how decisions are made today. This leads me to think about how I could potentially change things for the better once I am older and have a leadership role in which I can change society.

The most important thing I learned at camp was to never judge others just because they are different than you.

The most important thing I learned at camp was my words matter.

The most important thing I learned at camp was I learned new ways to be kind.

The most important thing I learned at camp was to treat people better.

The most important thing I learned at camp was don't judge a book by its cover.

## **Skills and Hobbies**

I love Camp Kupugani because I feel encouraged to try new things.

Camp has helped me become more active and find my hobbies. There's canoeing, horseback riding, a bit of hiking, and more!

If you're struggling with finding your hobbies, camp can help you explore different options and awaken you to maybe find yours.

I love Camp Kupugani because we get to overcome new challenges.

I love Camp Kupugani because I got to try new things.

## Food Experience

The food is very yummy.

Camp has helped me realize they have the best food on earth. They have so many varieties and they're all super good for you, then they have days for snacks instead of just regular breakfast.

I love Camp Kupugani because the food is great.

#### Values Learned

The most important thing I learned at camp was self-love.

The most important thing I learned at camp was to treat people with kindness, which I knew but they really reinforced it.

The most important thing I learned at camp was to never be afraid to be yourself.

The most important thing I learned at camp was to be kind and to be more confident.

The most important thing I learned at camp was even though times can be tough, there is always a way to brighten the mood.

The most important thing I learned at camp was communication.

The most important thing I learned at camp was teamwork.

# **Enjoyment of Camp**

Camp Kupugani is very fun. The counselors are nice and so are the kids.

I love Camp Kupugani because it makes me happy and proud of who I am.

I enjoy Kupugani because everyone is really nice and they treat you respectfully all the camp activities are fun and enjoying everyone at camp makes it an amazing time and I never wanna leave camp!

I love Camp Kupugani because it allows me to be me!!!

I love Camp Kupugani because there are so many friendly people.

I love Camp Kupugani because I can connect with nature.

I love Camp Kupugani because of the amazing counselors and campers.

There's so much fun stuff to do and everyone is very inclusive!

The counselors are amazing and I truly miss them thru the year.

I love Kupugani so much I have too many reasons.

It is a great place to learn new things, experience nature, and meet new people.

I love Camp Kupugani because I have so many memories that I never want to forget.

I love Camp Kupugani because the counselors are nice.

# **FAMILY COMMENTS**

# **Personal Growth and Development**

[My child] came home completely changed! She is confident and outgoing!!!!!!! Thank you!!!

[My child] comes back with more confidence, self-awareness, and independence each time she's attended camp.

[My child] thinks the world of you all. Thanks for making her a better stronger her.

[My child] came back changed in the most positive way! She is confident and speaks her mind! She is ambitious and a go-getter.

I immediately saw [my child's] her conflict resolution skills improve. When we had a disagreement, we came to a resolution together. I offered a solution that I could work on. After we decided that, she asked "Now what can I work on?" I was floored!

Since returning from camp, [my child] has started helping out around the house without being asked, engaged in less screen time by choice, and been more mindful with her money. Most importantly, she has been more confident in who she is!

[My child] always has a good time and comes back more confident in who he is.

[My child] relayed several experiences that demonstrated growth to me: (1) he chose to climb the more challenging part of the rocks; (2) setting boundaries with fellow campers; and (3) telling people how he feels.

## Community and Belonging

Kevin, Nurse Erin, and the Kupugani team - thank you SO much for going above and beyond to pour extra love and care into [my child] this session!! Between [her specific care], and all the amazing magic and adventures behind the smiles in the photos- I'm so grateful for all you do. What an incredibly special community. With a heart full of gratitude.

[My child] was asking to return to camp the day after he returned home. The intentionality with which you foster community is what resonated with [my child]. [My child]'s favorite part of camp was the community!

#### Learning and Awareness

I chose this camp because of the positivity and the diversity. I also like that you talk about social issues and everyone is accepted.

We were looking for a non-religious camp that still gave a framework for life. We appreciate the skills you teach, your intentional diversity, and your focus on compassion, independence, and interdependence. [My child] and I had a powerful, transformative experience at Camp Kupugani [Parent Child Weekend]! What struck me was being around other parents with their children, surrounded by nature. There was something very moving to me about seeing parents loving and caring for their kids. Also, the kids in general just blew me away, such special young people. [My child] reported days after that he was still so open-hearted, and wondered if there had been a magic spell cast on his heart! 

Performed to go back next year and still speaks about it as an amazing experience for him and for us. Life Before Camp Kupugani...life After Camp Kupugani...Thank you for doing your work on the planet. Thank you for seeing every child you interact with. It's clear that what you've created is an authentic self-expression and it's making a difference!!!

## Values Learned

I chose Camp Kupugani because of the diversity and the culture of kindness it represented.

I have to give a shout-out to the counselors - my daughter learned a lot from their positive role modeling.

We chose Kupugani because of the diversity of the campers and counselors, and the focus on social justice and inclusion.

We chose Kupugani because of the focus on positive identity development and intentionality of recruiting campers of Color and other diverse backgrounds; no screens and strong connection to nature; and promotion of independence and joy.

## **Enjoyment of Camp**

This is the best place on earth for my daughter!

Amazing responsiveness and care from staff- above and beyond. The thoughtfulness of the structure to cultivate independence and community, combined with the variety of activities, makes this a top camp experience!

[My child] had the best experience this summer. Thank you so much for your vision and for how you run your camp. She enjoyed it so much.

I really appreciate how open and responsive you are. It was easy to communicate with you. Thank you for making the camp such a positive experience!

Kevin and the counselors are great!

The communication before and during camp with the newsletters helped ease my little bit of anxiety about [my child] being away for 2 weeks.

We chose Kupugani because of the commitment to diversity and the fact that the camp exceeds the minimum standards set by the camping association. I also like that it is accredited and has a low counselor-to-camper ratio.

[My child] had a great experience - made good friends, loved her counselors, and loved all of the activities.

While it's expensive, we factor it into our annual budget and we look at it as an investment in our kid. It's worth it!