

## HHS Parent Brag Sheet

**\*MAKE A COPY BEFORE YOU WRITE ON THIS DOC\***

The Parent Brag Sheet is an opportunity for you to share your thoughts and feelings about your child. This becomes a valuable resource for your child's counselor - the more we know, the better our ability to help guide your child through the post-secondary process. Be funny; be serious; be honest; be proud. And if you do not find these particular questions helpful, feel free to write us a letter. Your anecdotes and background are extremely helpful to us in advising them and ultimately in writing the counselor's recommendation letter. Thank you for taking the time to complete this!

Student's Name:

Person(s) completing Brag Sheet:

Please describe your child. What are the first words that come to mind?

Please describe one or two events or experiences that you see as turning points in your child's development and explain a bit about why you feel that way.

My child's high school experience has been pleasurable/painful because... (please don't hesitate to write about either or both aspects):

My child's greatest strengths are... their blind spots are...

I am proud of my child because... (specific anecdotes are particularly welcome)

If there are any particular post-secondary plans or specific colleges or programs you would like your child to consider, please feel free to list them:

Have you begun the conversation about financing post-secondary plans (i.e. the cost of, and financial aid for college)? If so, what have you shared with your child? Is there anything you'd like us to be aware of regarding financial aid or how much that may impact your child's plans?

*If applicable, and in addition to the information you provided in the questions above:*

Is there anything else we should be aware of? Specifically, are there any special circumstances, background information, family situations, medical history, personal achievements, etc. that you feel should be a part of the recommendation letter or highlighted in college applications?

**Please return this brag sheet at your earliest convenience** - Many counselors begin working on letters of recommendation over the summer break, so if it's possible to return this before the summer break, that is always appreciated. *You can email a copy to your student's counselor, mail or drop it off, or send it in with your child.* Thanks so much for taking the time to share your thoughts!!

*-The HHS Counseling Department*

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## Helpful Links

- The **HHS Junior Seminar Google Site** - for all the Junior Seminar content and more!
  - Please encourage your junior(s) to continue to use this site as a resource throughout the process:  
<https://sites.google.com/hopkinton.k12.ma.us/hhsjuniorseminar>
- [Naviance](#) & [Scoir](#) - All students have their own Naviance and Scoir accounts, there is SO much information in here - from college searches, learning style inventories, career exploration, scholarship searches, and applications for senior year. We are happy to set parents up with their own as well; just email your child's counselor and ask for a parent account!
- [Federal Student Aid website](#) - The **Free Application for Federal Student Aid (FAFSA)** will be available to complete as of October 1st of your child's senior year.
- [Massachusetts Educational Financing Authority \(MEFA\)](#) - MEFA's mission since its founding has been to help Massachusetts students and families access and afford higher education and reach financial goals through education programs, tax-advantaged savings plans, low-cost loans, and expert guidance.
- [Raise.me](#) - Want an idea of which colleges tend to offer merit-based financial aid? Students are able to create an account on raise.me and learn much more about that.
- [Four-Year Colleges With Structured/Proactive LD Support Programs](#) - For students who have had the support of an IEP, 504, or other structured programs or specific accommodations in high school, it can be a challenge to find out what colleges offer additional supports for students with disabilities. Not sure where to start? Check out this list!
- [Counseling Department Website / Post Secondary Planning](#)