– "28 Days To A Client" –

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. V/X	3 -	Send out outreach from analyzed copy
2. V /X	2	30 pushups, 30 sit ups, 3 minute plank
3. <mark>/</mark> /X	2	Outreach to 3-5 prospects with analyzed copy
4. V / X	3 ·	Start discussing the idea of expanding clients possible buyers
5. <mark>//</mark> /	1	Watch Morning Power up Call
6. <mark>/</mark> /X	2 ·	Dumbbell Workout
7. 🔽/🗙	1	Ask Client To Spread the word about me if they like my work
8. <mark>V</mark> /X	1 -	Make changes on Clients Avatar based on Feedback
9. <mark>V</mark> /X	2 -	
10. / / ×	2 -	
11. 🔽/🗙	2	
12. 🔽/🗙	2 •	
13. 🔽/💢	2 -	
14.	3 ·	
15. / / ×	3 ·	
16. / / X	3 ·	
17. / /X	3 ·	
18.	3 ·	
19. 🔽/🗙	3 ·	
20. / /X	3 ·	

Day Number: 8

<u> Date: 22nd March 2023</u>

Start Of The Day - Time: 5:30

	igstyle 3 Things That I Am Excited To Have In The Future? $igstyle$
1.	
2.	
3.	



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 5 am: Task \$	30 pushups, 30 sit ups, 3 minute plank Prepare for Ski Trip
🔔 Intention 🔔	Do my morning workout, and prepare for my skiing trip
/ Reflection /	Done
\$ 6 am: Task \$	Go to bus and watch morning power up call
🔔 Intention 🔔	While on the way to the bus, watch the power up call
/ Reflection /	Done
\$ 7 am: Task \$	In the ski trip
φ / aiii. iask φ	III the ski the
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 8 am: Task \$	In the ski trip

🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 9 am: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 10 am: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 11 am: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 12 am: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip

/ Reflection /	Done
\$ 1 pm: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 2 pm: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 3 pm: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done
\$ 4 pm: Task \$	In the ski trip
🔔 Intention 🔔	In the ski trip
/ Reflection /	Done

\$ 5 pm: Task \$ In the ski trip Reflection		
Reflection / Done \$ 6 pm: Task \$ In the ski trip A Intention A Intension / Done \$ 7 pm: Task \$ Eat dinner A Intention A Intention A Intension A In	\$ 5 pm: Task \$	In the ski trip
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In the ski trip Reflection	/ Reflection /	Done
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\$ 7 pm: Task \$ Eat dinner A Intention A / Reflection / Done \$ 8 pm: Task \$ Send out outreach from analyzed copy Outreach to 3-5 prospects with analyzed copy Dumbbell Workout A Intention A Send out my outreaches and then workout after		
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\$ 8 pm: Task \$ Send out outreach from analyzed copy Outreach to 3-5 prospects with analyzed copy Dumbbell Workout Send out my outreaches and then workout after	🔔 Intention 🔔	
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Outreach to 3-5 prospects with analyzed copy Dumbbell Workout A Intention A Send out my outreaches and then workout after	\$ 8 nm: Task \$	Send out outreach from analyzed copy
	Ψ ο μ τασπ ψ	Outreach to 3-5 prospects with analyzed copy
/ Reflection / I was drained today after the ski trip, meaning my tasks were left undone.	🔔 Intention 🔔	Send out my outreaches and then workout after
	/ Reflection /	I was drained today after the ski trip, meaning my tasks were left undone.

\$ 9 pm: Task \$	Make changes on Clients Avatar based on Feedback
🔔 Intention 🔔	Make changes based on the feedback on the avatar.
/ Reflection /	Done
\$ 10 pm: Task	Post day 8 and day 9 plan
\$	Ask Client To Spread the word about me if they like my work 30 pushups, 30 sit ups, 3 minute plank
🔔 Intention 🔔	Post the days, and plan, ask for clients to tell people about me, and finish off with the workout.
/ Reflection /	Done
\$ 11 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
	<u> </u>
\$ 12 pm: Task \$	
🔔 Intention 🔔	



⊗What Did I Learn Today?
Today I learnt that people in the modern world are overly reactive to stupid stuff online whether it is a photo, a video or whatever. The modern world is the easiest time to blackmail ANYONE.
www.What Do I Plan To Do Differently Tomorrow?
Tomorrow I plan to complete all the tasks that I have listed.
™What Do I Plan To Do The Same Tomorrow? NEW
Tomorrow I plan to keep doing my workout
Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
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Brain Dump: