

# Community Agreements

**1. We will log onto ZOOM on time.**

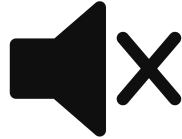


**2. We will sit up when meeting, in a quiet environment with limited distractions.**



**3. We will remain on mute to avoid background noise,**

**unless you are the person  
speaking or called upon to  
speak.**



**4. We are going to give it 110%**

**100**

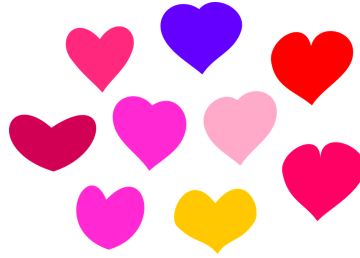
**5. We are going to try our best  
to be open to learning from  
EVERYONE!**



**6. We will all say our name when we unmute ourselves in order for everyone to know who is speaking. We will also use professional names on zoom. At no point should your name on zoom be anything other than the names we go by.**



**7. We will practice patience, kindness, empathy and understanding while participating in Discussions.**



**8. We have to remember this is a diverse program. This means we all may have different backgrounds, different needs, different ways of communicating. And all of it is more than ok.**



**9. We must practice having an open mind about ourselves and others.**

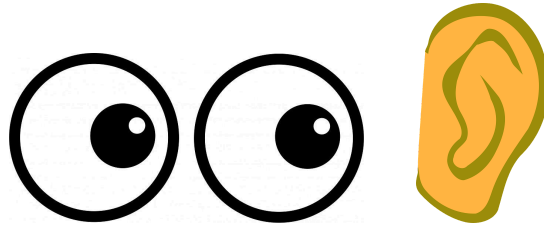


**10. We will NOT use our cell phones during classes. We will turn our phones on silent or vibrate. Thank you for your understanding.**



**11. We will listen closely to everyone and we will show this by looking at the screen**

**as best we can and turning on  
our active listening ears.**



**12. We will use positive  
language about self and all  
others even when we are  
feeling angry, sad, or  
frustrated.**



**13. We will learn, grow, and  
have so much fun together!**

