



(K-12) Social/Emotional Resource List

There are many high-quality programs to choose from which include a grade range to infuse the work into your current practices whether that is online or in person. Planning for social/emotional instruction does not have to be difficult and each school generally approaches it differently and in response to their school culture. Please see the resources below to support the planning, implementation and practice of social/emotional instruction.

Useful Resources Elementary

[Competent Kids, Caring Communities](#)

This website provides access to a social emotional classroom curriculum for children Kindergarten to grade 5.

[Connecting with Others](#)

This book outlines curriculum for kindergarten through grade 2 which focuses on teaching students to learn to be sensitive to differences and resolving conflicts.

[I Can Problem Solve](#)

This is a program that teaches primary children the importance of perspective taking, alternative solution taking and consequential thinking.

[The Incredible Years](#)

The goal of this program is to prevent and treat young children's behavior problems and promote their social, emotional, and academic competence.

[MindUp](#)

MindUP is a comprehensive, classroom-tested, evidence-based curriculum framed around 15 easily implemented lessons that foster social and emotional awareness, enhance psychological well-being, and promote academic success.

[Open Circle](#)

This program proactively develops children's skills for recognizing and managing emotions, empathy, positive relationships and problem solving.



[PATHS](#)

This website provides programs that cultivate a safer and more positive learning environment, where both students and teachers can thrive.

[Second Step](#)

This is a K-5 framework that promotes social, emotional and academic success.

[Social/Emotional Learning in a Virtual Classroom](#)

This website shares an example of a social emotional learning activity calendar.

[Skillstreaming in Early Years](#)

This is a four part intervention program that focuses on modeling, role-playing, performance feedback and generalization.

[Tribes Learning Communities](#)

Tribes Learning Communities is a research-based process that creates a culture that maximizes learning and human development.

Junior/Senior High

Elementary

[Lion's Quest, Skills for Adolescence](#)

PreK to 12 social emotional learning program that focuses on positive behavior, connection to school, character education, anti-bullying, drug, alcohol, & tobacco awareness and service-learning.

[Second Step: Student Success Through Prevention for Middle Schools](#)

Second Step SEL program to promote the social-emotional development, safety, and well-being of children from Early Learning through Grade 8.

[Skillstreaming the Adolescent](#)

This is a four part intervention program that focuses on modeling, role-playing, performance feedback and generalization.