

# Healthy Chocolate Avocado Fudge

## Healthy Num Num | Michelle

- prep time: 20 min
  - freeze time: 25 min
  - total time: 45 min
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## Ingredients:

- 1 avocado
- 1/2 cup melted coconut oil
- 3/4 cup cocoa powder
- 1/2 cup peanut butter (can sub any nut butter)
- 1/3 cup honey (can sub for maple syrup)
- 1 teaspoon vanilla
- pinch of salt

## Instructions:

1. First melt the coconut oil and then add it into a blender along with the rest of the ingredients.
2. Blend everything together until smooth and pour into a container. The smaller the container - the thicker the fudge pieces. Add any toppings you'd like.
3. Place in the freezer for 1-2 hours until set. Then cut into pieces!
4. Enjoy!