



Flu or Cold?

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The common cold and flu are caused by different viruses but can have some similar symptoms, making them tough to tell apart. In general, the flu is worse and symptoms are more intense.

COLDS: Usual symptoms include stuffy or runny nose, sore throat and sneezing. Coughs are hacking and productive. It's unusual to have fever, chills, headaches and body aches, and if they do occur, they are mild.

FLU: Fever is usually present, along with chills, headache and moderate-to-severe body aches and tiredness. Symptoms can come on rapidly, within three to six hours. Coughs are dry and unproductive, and sore throats are less common.

Sources: U.S. Centers for Disease Control and Prevention; Roche, maker of Tamiflu.

Adapted from: http://www.huffingtonpost.ca/2013/01/10/flu-and-cold_n_2449411.html

Read and circle the correct option:

- 1) What's the main idea of this text?
 - a. To show the difference between Flu and Cold
 - b. To show that Flu is better than Cold
 - c. To show that Cold is worse than Flu.

Read and choose TRUE or FALSE. If it's false, correct the sentence:

2) The cold is worse and symptoms are more intense.

- a. True
 - b. False
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3) Usual symptoms of a cold include stuffy or runny nose, and sneezing.

- a. True
 - b. False
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4) When you have a cold, it's usual to have fever, chills, headaches and body aches.

- a. True
 - b. False
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5) When you have Flu, you have moderate-to-severe body aches and tiredness.

- a. True
 - b. False
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6) When you have Flu, coughs are dry and productive.

- a. True
 - b. False
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