## **Kentucky Psychological Association**

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# **KPA's Strategic Priorities**

Membership	Advocacy	Leadership Development
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# **Kentucky Psychological Association Board Meeting**

Date:	March 8, 2024	Time:	1:00PM	
Location: Louisville, KY & Zoom Videoconference				

#### **Minutes - DRAFT**

### **Attendance Board Members:**

AJ Steele (President)	Present	Patti Weiter (Past President)	Absent	Kari Jones (President-Elect)	Present
Sarah Nolan, M.A. (Secretary)	Present	Pam Cartor (Treasurer)	Present		

### **Attendance Central Office Staff:**

Eric Russ, Ph.D. (Executive Director)	Sarah Burress (Director of Operations)	Present	Laurie Grimes, Ph.D. (Director of Professional Affairs)	Present
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## **KPA Board Members/Representatives In Attendance:**

KPA Western-Central Representative: Michael Farina, PhD

KPA Child & Adolescent Representative: Catherine Huffman, PsyD KPA Health Psychology Representative: Lisa Steelsmith, PsyD

KPA Graduate Student Representative: Fei Bi Chan, BA

KPA At Large Representative: Demi Lincoln, PsyD

APA Council Representative: Felicia Smith, PhD

KPA Masters Representative: Matthew Davis, Ed.S.

KPA Ohio Region Representative: Collin Davidson, PhD

KPA Academic Representative: Rick Grieve, PhD

KPA Clinical Interest Representative: Ashley Belcher, PsyD

 $\label{eq:kpaper} \mbox{KPA Diversity Representative: Clint Nowicke, PsyD}$ 

KPA Legislative Committee Chair: Cay Shawler, MS

KPA Convention Committee Chair: Amy Greenamyer, PhD

KPA Bluegrass Representative: Federico Aldarondo, PhD

KPA Early Career Psychologist Representative: Megan Summers, MA., MEd.

KPA Board At Large Representative: Brenda Arellano, MS

**Brittany Davis-KPF** 

#### **Not Present:**

KPA Appalachian Representative: Leigh Ann Ford, PhD KPA Rural Practice Representative: Abby Dowdy, PsyD

KPA Education and Training Section Representative: Gina DeArth-Pendley, Ph.D.

TOPIC	DESCRIPTION	CONCLUSION
President's Remarks Welcome & Introductions	President calls the meeting to order at 1:04PM, President welcomed all to the board meeting and called for attendees to introduce themselves and roles with the KPA Board.	No motion needed.
Approval of previous meeting minutes	Meeting minutes for December 2023 were shared within the meeting agenda and were reviewed.	Motion made by Federico Aldarondo to approve minutes, passed unanimously by the Board.
Last Quarter Financial Report	Pam reviewed second quarter credit card statements as part of the financial report. All expenses were accounted for, and there were no discrepancies.	Pam Cartor motioned to approve the financial reports as written, motion approved unanimously.

	Overview: Pam Cartor reports we are building more grant income streams, and membership is doing okay despite numbers being down; membership packages are assisting with this. We had a successful convention, we brought in more income than planned and expenses were lower than anticipated. Income from CE events appear behind but new offerings should help with this.	
Executive Director Report	Eric Russ  Membership: 2024 KEBP numbers are accurate-numbers for Licensed Psychologists in the state are down. Membership for KPA is down, especially last quarter-drop from early career and doctoral members. Many 2022 applicants did not renew when prompted in 2023. We are going to do a physical mailing to more recent former members inviting them to re-join/renew-we did see an increase in membership the last mailing attempt that was done. Federico Aldarondo-we are continuing to reach out to graced/lapsed members. He encouraged KPA Board members to encourage their networks to continue or renew involvement with KPA.  Megan Summers, Felicia Smith, and Kari Jones offered potential solutions to reduce costs, such as increased education about membership packages or potentially adding more CE discounts, or offering reduced rates for KPA events.  Continuing Education: Rescheduling Youth and Family Conference worked well, 62 attended and all had a good experience. PsyPACT CE will be available for Home Study. We are feeling good about projected CE registration numbers. We have received our 5-year-accreditation approval for APA. We are working on the CE Review and Application process to make it easier for individuals to review and submit.  Communications: Next meeting will have more details, newsletter submissions are available and April 5th is the deadline for second quarter submissions.  KPF: We continue to explore grant opportunities and sub-committees for writing grant proposals. KPF will have a separate one-day retreat to continue work on this outside of the KPA/KPF retreat. We would like to see that KPA Board members have donated some amount to KPF, so 100 percent of the Board has donated and may look into a Board match as well.	No motion needed.

	Psychology Student Conference-our registration is still low for this event, we need more students to register for the conference and present posters or 10m "Ed Talks." We need individuals to come to our networking event to talk about careers in Psychology to students who attend. Rick Grieve has disseminated information to departments and department leads. Fei Ben Chan has also emailed KPAGS. We also need individuals to register as poster judges.	
Report	nation are concerned about PHI Breach and service reimbursements, as there was an abrupt cease of income. We can potentially explore small business loans to help bridge the gap until it is resolved. Medicare reimbursements experienced a glitch for 2024 services as well. Please let me know if you are experiencing reimbursement problems. DPAs were disgruntled with EPPP Part 2 adoption and discussions were held. EPPP Part 2 will be mandatory in 2026 by ASPPB. A.J. Steele noticed more hesitancy from other states about national Masters accreditation, specially Masters educational preparation and amount of professional competency. Time was also spent on advocacy efforts and learning more from APA about their membership and structure.  Legislative session is over half-way through, over 1200 bills filed between	
	the House and Senate. We are tracking several bills, approximately 155-160, all of them fall within at least three of our Legislative priorities. Psychology Bill for Masters licensees regarding changing and reducing supervised years of experience joined HB 56 has passed and it is now assigned to a Senate committee who will prepare it for the Senate vote. SB 239-I testified in opposition to it, Medical Conscience bill, they tabled it, so a delay is a positive. HB5-Safer KY bill-watching it closely and HB367-SNAP benefits-20,000 children would lose coverage, so we are expressing opposition, Anti-Drag bill-signed letter of opposition, as PRIDE parades and fairness campaigns could be negatively impacted. We are monitoring proposed changes regarding adolescent mental health care. SB 2 is in committee but bill has focused more on school resource officers versus school resiliency and suicide prevention training.	

	March 27, 2024 last day bills will be considered. April 15th last day of session.  Eric Russ-CARR bill is in committee which is great, and KPA has been highly involved since the beginning. We are collaborating with the Whitney Strong coalition to continue support and progress. For the masters bill, we know with other senate bills on the docket, the potential challenge in getting the	
Advocacy Report	bill to a vote before the deadline.  Cay Shawler-we had a great turnout for Psychology Day at the Capitol, 55 attendees who met with 40 legislators. Cay expressed thanks for those who utilized their time to advocate for important bills and issues within the commonwealth. We expressed concern for the DEI bills and legislators benefited from having more information about our ethical standards. Expect to see more Action Alerts, please do not underestimate the power of your expertise and impact by notifying legislators. We were able to present an award to Representative Yates.	No motion needed.
APA Council Report	Felicia Smith reports that the council is the legislative body for APA and it has over 170 members who review boards and funds. APA Council meets twice per year but has a hybrid structure throughout the year and I am here to provide a summary. Our council upholds APA's commitment to psychological science and research.	No motion needed.
	Policies: Passed resolution-youth cannot be placed in isolation with few exceptions while incarcerated. Secure firearm storage-identifies roles that psychologists and healthcare providers have towards advocating for safe gun storage and promotes increased funding to state/local levels to provide safe storage. Evidence-based care for gender diverse care for gender diverse individuals of all ages. We passed a policy supporting parents who have disabilities and their parenting rights. We did pass a dues adjustments \$25 reduction in APA dues during ramp years 4-6, increase \$27 for the base rate-at year 8 there will be a \$27 increase.	
ACTION ITEM: Invest Reserve Funds in a CD-Eric Russ	KPA has reserve funds in a money market account making approximately 2 percent interest. Sarah Burress met with Republic Bank and in the meeting, the Bank has recommended a move of funds to a CD to earn a higher interest rate. We currently have \$157,000 in that account, we would like to put that in a 12 month CD and still have plenty in reserves for emergency operating expenses.	Federico Aldamonda made a motion to approve this decision, Collin Davidson seconded, motion passed unanimously.
DISCUSSION ITEM: Advocacy Future	Eric Russ-as we recognize masters licensees nationally, what will define and differentiate doctoral level providers, one is prescriptive authority. Some	No motion needed.

Priority-Prescriptive Authority	states have already started shifting to this. It will likely be a multi-year effort for Kentucky to approve something like this. We will likely expect pushback	
	from medical providers.	
	Clint Nowicke reviewed what other states and programs are doing to	
	provide medical competency to providers. Programs require a medical	
	residency. A.J. Steele proposed creating a committee designated to this.	
	Practice scope will have initial limitations in terms of what medications are	
	approved to be prescribed and what age groups. Catherine Huffman	
	expressed concern about added liability upon including medications to	
	one's practice but it will also be a positive because of an increase in access, especially rural areas.	
DISCUSSION ITEM:	Amy Greenamyer-we are working on finalizing speakers and presenters-it is	No motion needed.
Convention	not too late to become a presenter if you are interested. Our Thursday social	
	will be circus/carnival themed-we are looking for Board members to donate	
	at least one book to serve as a prize for the games. Eric Russ- we have sent	
	out save the dates and we are offering the Payment Plan (12 have utilized it	
	thus far). We do need proposals from local psychologists. Eric Russ informed	
DICCHCCION IMEN	that the link for submissions is available.	NY 1 1
DISCUSSION ITEM:	Eric Russ-Board approved use of COVID funds to support a new website. We	No motion needed.
KPA Website and AMS Transition	have worked with developers on web design, features, and plug-ins. We have secured a CE management platform which will hopefully be more useful. It	
AMS Transition	is possible with this platform to share resources across all platform users in	
	other states, and we can share in the revenue as well. CE application and	
	review forms will go through this new platform as well, it is expected to be	
	done by the end of the year.	
DISCUSSION ITEM:	Eric Russ-our licensing board is not functioning well, several board	No motion needed.
KBEP Update &	positions transitioned. Jeffery Hicks is the new Chair, and this was not the	
Recruitment	top choice. We have updated numbers on licensees in the state. We have 100	
	licensees who have registered for PSYPACT. Contract between the licensure	
	board and Department of Professional Licensing is up for renewal (they	
	provide the administrative support). Myself and A.J. Steele collaborated to	
	edit the contract as written and proposed they not sign the original until they review our suggestions.	
	dieg review our suggestions.	
	Another issue-there are two vacant seats on the board, one doctoral and one	
	masters, we need strong persons to be leaders on the board and	
	communicate effectively. Be thinking about people you know. Kari Jones	

DISCUSSION ITEM: Annual Leadership Retreat Registration	mentioned that Lisa Bond put in her application for Masters. Ashley Belcher offered to reach out to a psychologist that could be impactful. Laurie Grimes validated that other psychology boards are also having functional issues as well. Eric Russ encouraged the Board to inform new licensees to apply as early as possible and to make contact regularly with the board and document efforts.  KPA/KPF Retreat scheduled for June 7-8, 2024 in Frankfort, KY at the Capitol Plaza Hotel. If you have any financial barriers, please let KPA know. It is \$175 for the hotel and lunch, \$60 if you do not need overnight accommodations. Eric Russ encouraged individuals to think of potential new KPA Board members for those whose positions will end this year.	No motion needed.
DISCUSSION ITEM: Budget Requests	Sarah Burress-myself and Eric Russ will be starting to meet to discuss the next budget term. There is a link to make a budget request, especially if you would like KPA to sponsor a table or an event. Unused funds from previous year do not rollover.	No motion needed.
DISCUSSION ITEM: KPA Board Member Quarterly Report	Diversity Representative: Clint Nowicke: APA put out a memorandum that declared support for gender affirming care. I would like to write something similar, Eric Russ expressed support for its use for newsletter/socials. Felicia Smith encouraged its use for local media outlets.  KPAGS-Fei Bi Chan: We have been having monthly meetings and I have sent emails sharing helpful information. We did a needs assessment, and we will explore something special we could do for graduate students. A.J. Steele acknowledged work we at KPA are doing to get input from students and involve them. Dr. Davidson created a policy practicum but could no longer participate, so I will be adding that. This could serve as a practicum opportunity for graduate students.  Eric Russ expressed appreciation for those who serve on committees.  Brenda Arellano provided updates for continuing education planning and development, such as changes to the Youth Family Conference, making webinars free to students since they do not need CE credit. As At-Large Representative, if anyone needs assistance, please let me know.  Collin Davidson expressed concern about member engagement through Community and asked for ideas. A.J. Steele encouraged continuing communication efforts, Eric Russ said members may respond well passively	No motion needed.

even if not shared publicly. People do tend to respond well to short-item surveys to get data. Sarah Nolan shared how to communicate about hot-topics or special issues that may help gain interest and engagement. Federico Aldarondo recommended use of Community and the Listserv. Fei Bi Chan recommended inserting Community links in email. Megan Summers proposed doing a KPA member spotlight for different groups on social media.

Other Representative reports made available on the meeting agenda.

Adjournment: Motion was made to adjourn by Federico Aldarondo. Meeting adjourned at 4:04PM. Next Regular Board Meeting at the Retreat In Person/Virtual June 7-8, 2024 in Frankfort, KY.