

## Cosmic Selection Process

In January of this year I met a lovely soul named Petra, while on a juice cleanse at Pachamama in Costa Rica.

She was studying applied kinesiology, which is an emerging science (or call it alternative healing technique or pseudoscience or whatever you like) related to kinesiology, the scientific study of body movement. Her particular method is called Soul Communication.

Applied kinesiology is becoming more mainstream because of its practical use and consistent results in testing people for allergies and food intolerances. Where we used to poke people with different allergens and see which pokes got a reaction, through muscle-testing, we can just ask the body the question, and the muscles will give the answer. You can learn much more about this through an incredible book called [Power vs Force](#) by David Hawkins.

If you've ever seen a map of consciousness like this (with colors synchronizing with those of the chakras), it also comes from David Hawkins and was arrived at through the process of muscle testing.

## Map of Consciousness

Developed By David R. Hawkins

	Name of Level	Energetic Log	Predominant Emotional State	View of Life	God-view	Process
Spiritual Paradigm	Enlightenment	700-1000	Ineffable	Is	Self	Pure Consciousness
	Peace	600	Bliss	Perfect	All-Being	Illumination
	Joy	540	Serenity	Complete	One	Transfiguration
	Love	500	Reverence	Benign	Loving	Revelation
Reason & Integrity	Reason	400	Understanding	Meaningful	Wise	Abstraction
	Acceptance	350	Forgiveness	Harmonious	Merciful	Transcendence
	Willingness	310	Optimism	Hopeful	Inspiring	Intention
	Neutrality	250	Trust	Satisfactory	Enabling	Release
	Courage	200	Affirmation	Feasible	Permitting	Empowerment
Survival Paradigm	Pride	175	Scorn	Demanding	Indifferent	Inflation
	Anger	150	Hate	Antagonistic	Vengeful	Aggression
	Desire	125	Craving	Disappointing	Denying	Enslavement
	Fear	100	Anxiety	Frightening	Punitive	Withdrawal
	Grief	75	Regret	Tragic	Disdainful	Despondency
	Apathy	50	Despair	Hopeless	Condemning	Abdication
	Guilt	30	Blame	Evil	Vindictive	Destruction
	Shame	20	Humiliation	Miserable	Despising	Elimination

SO! Petra leverages body/muscle testing but takes it to the next level as a channel, by using her body into a pendulum. By following a series of protocols, she confirms that she is grounded, that no lower vibrational frequencies are present, and that doing the testing is for the higher good. When you work with her, or a healer like this, they connect to your energy/frequency so that the answers are coming from you (but we are all connected/one consciousness anyhow so connecting to our own intuitions also connects us to the collective consciousness).

For 9/9, we asked many questions using this method:

- Which artists/performers/facilitators resonated most highly with the Frequencies of Everywhere?
- Which combination of artists would produce the most joyful outcome?
- How many people should be in the Opening, and what should the limit in number be for the entire evening?
- And finally... which applicants should go to the Opening, and which should go to the Co-creation lab/tea room. I sent Petra the list, and she used the body pendulum technique for the selection.

I know it was frustrating to some that they weren't in the Opening. Hope you will trust the process here, that those who got that selection needed to hear something there that maybe you've already heard, needed to meet someone that they met there. Somehow, it was the perfect combination of people, and the space being held by those next door in the Co-creation lab was an important part of that. I learned a lot through this experiment that I believe can make future events flow much better, make everyone feel completely included, and make the events more transformational.

This may all sound ridiculous. That's ok. For me, in the words of Duddha, [Everything is made out of Magic](#). The more I lean into that, the more I dive into frequency, vibration and movement, the more exciting and dynamic and juicy life becomes.

Happy to talk more about this, and so is Petra. If you'd like to connect with her to explore how this Soul Connection process might be helpful in your/our life and healing, you can reach her here:

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I'm also happy to share more of my experience if you'd like to reach out directly.

Eric