## Pre-Testing Instructions For Concussion Vital Signs Concussion Assessment

Prior to logging into the Concussion Vital Signs online concussion assessment, please ensure the following:

- Inform all family members you should not be interrupted while you're completing your concussion test. The test takes approximately 25 minutes to complete.
- Do not attempt the test if you're fatigued or not feeling well.
- Be sure you're in a guiet location, free from noises (TV, phone, music, etc.)
- If you're taking the test on a laptop, **DO NOT use the mouse track pad to enter any of your responses.** The test application will not recognize any response from your mouse track pad, resulting in an invalid test score.
- Do your best on the concussion assessment ... do not rush through the test.
- PLEASE READ THE TEST INSTRUCTIONS CAREFULLY before starting. If you have any
  questions, contact Coach Galliher at: <a href="mailto:galliherv@fccps.org">galliherv@fccps.org</a>

## **SPECIAL NOTE:**

• If you are color-blind, or need to take the concussion test in Spanish, please contact Coach Galliher before starting your test.